

the GROUNDHOG

A Publication of the Mentone Area Preservation Association **VOLUME 5 NUMBER 5**

EULA "GRANNY" CASH

"KEEPING THE FAITH"

"I've enjoyed my life to the fullest," Eula Cash said as she talked of the sum total of her years, "and I have always been happy. I guess I just haven't had any more sense than to be. Oh, I've had sorrow, but I know everything that happens is God's will, and I thank him every day."

That firm faith and inner resolve are the foundation for a genuinely optimistic outlook on life, and her warm smile and cheerful attitude enrich all who meet her. To Eula, the cup is always half full, never half empty.

Born Eula Eugenia Rose in Cloudland on Dec. 8, 1911 to Odella Mae Tucker and Jess Uriah Rose, Eula was one of nine children. There were three boys: Clyde and Lee, both now deceased, and Edgar. There were also five girls: Myrtle, Georgie, Irene, Jessie and Ruby in addition to Eula.

The family lived in Cloudland until Eula was 11, then moved to Mentone where she remained until the present time; except for a year in Kentucky when Eula was 13. "My papa went away to Kentucky to work in the mines and Mama stayed home with us kids. He came home every three or four months, usually on the train to Valley Head where someone would pick him up and bring him home. Johnny Crow ran a taxicab service and he would often give papa a ride to the house. We kids would be waiting for him. Papa was a loving man, and he would swing us into the air, then put us on his knee and sing to us such old ballads as "Barbara Allen." He always sent money home, and mama made a garden, canned, sewed and took care of us. Mama was wonderful, and we all loved her dearly."

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OCTOBER COLORFEST, OCT. 17, 18 - PAGE 5

FOOD, FUN, RIVER RIDES, GROUNDHOG RUN

the

1987

GROUNDHOG

VOLUME 5 NUMBER 5

CRAFTS FESTIVAL WINNER



Katherine Setzer, of Huntsville, winner of the \$100 bill given away by American Legion Post 215 of Mentone. Howard Carson, Commander, presented the money to her at the Mentone Crafts Festival. She is the great-granddaughter of Police Chief and Mrs. Colquitt Jones.

FIRE AT ST. JOSEPH'S

Thanks to a couple visiting our town, the St. Joseph's Episcopal Church was saved from possible total destruction. Captain Joe Hawkins and his wife, Lynne, were guests at the Mentone Inn. According to the alert couple, the moon was going in and out of the clouds as they relaxed in the Inn's hot tub. They began to smell smoke and Lynne saw flames behind the stained glass window. Smoke was billowing from the rafters also, and an alarmed Lynne pounded on the back door of the Inn, could get no one to the door so she ran to the front and found Amelia Brooks, owner of the Inn who called Hobson Kerby, a Mentone fireman.

Chaplain Ted Predoehl from the Wichita Kansan who was staying at the Inn, grabbed a water hose and sprayed the building until Hobson brought the fire truck.

The structure of the building was not damaged seriously, although the damage to one room was extensive. The beautiful stained glass window was burned, but hopefully not irreparable. It has been sent to Birmingham.

Even though the church was burning, Joe and Lynne went through the whole building in case someone might be living there, such as the minister. They opened doors and called out in every room before leaving the structure.

Joe and Lynne are from Montgomery and have a son, Joe III, who attended Camp Laney. When Lynne saw how lovely the mountain was, she made plans to return. They also have a daughter, Alissa. Both children were in Florida visiting Grandma.

Joe is an instructor at Air University, Maxwell Air Force Base. He was a crew member aboard a B-52 from 1980 to 1985 in Minnot, South Dakota. Lynne is a Senior at Auburn University and is a Liberal Arts Major.

This heroic and quick-thinking couple deserve a special thank you from the citizens of Mentone, for without their efforts, plus the efforts of the others, Chaplain Ted Predoehl and Hobson Kerby and crew, one of the towns most beautiful and historic structures would have been lost forever.

DELI HAS NEW OWNER

THE LOG CABIN DELI HAS CHANGED HANDS

AND THE NEW OWNERS ARE JUST AS

DEDICATED TO THE PREPARATION OF

DELICIOUS FOOD AND GREAT SERVICE AS THE PREVIOUS OWNERS WERE.

COLLETTE FORESTER, RECENTLY OF SOUTH DAKOTA, IS A CHARMING HOSTESS WHO HAS KEPT THE TRADITION OF WARM CABIN HOSPITALITY THAT IS THE ESSENCE OF ONE OF MENTONE'S FINEST RESTAURANTS.

M.A.P.A. MEETING

Tuesday, Sept. 1, 7 p.m.

at the Mentone Springs Hotel

Speaker: Susan Heape, psychologist
"Stress Management"

Everyone Welcome — Refreshments Served

In Memorium:

BENITA GIFFORD WRIGHT

BENITA GIFFORD WRIGHT, A GRADUATE OF VALLEY HEAD HIGH SCHOOL, WAS KILLED IN AN AUTOMOBILE ACCIDENT ON JULY 28, 1987 NEAR FORT PAYNE, AL. SHE IS SURVIVED BY HER SON JASON WAYNE WRIGHT, PARENTS TOMMY AND BARBARA GIFFORD AND BROTHERS SCOTT AND STEVE.

BENITA WAS AN EXCELLENT STUDENT AND WAS A CHEERLEADER FOR SEVERAL YEARS. SHE WAS WELL LIKED BY ALL WHO KNEW HER, AND HAD A SWEET SMILE AND SOFT WORD FOR ALL. SHE IS GREATLY MISSED.

CHARLES HATFIELD

CHARLES "CHARLIE" HATFIELD WAS KILLED IN AN AUTOMOBILE ACCIDENT IN JULY, 1987. HE WAS A 1969 GRADUATE OF VALLEY HEAD HIGH SCHOOL WHERE HE MADE MANY FRIENDS WITH HIS HAPPY, OUTGOING MANNER. CHARLIE WILL BE REMEMBERED AND HE WILL BE MISSED.

NORMAN TALKS

Darrell Norman, writer for The Fort Payne Times-Journal, talked about his experience in Russia in 1976-77 at the Aug. 4 MAPA meeting. Norman worked at the American Embassy as a Russian translator. He studied Russian at Syracuse University and served in an intelligence sector in the military.

After stating, "The First Amendment is very important to me, especially in this year of the 200th anniversary of our Constitution," Norman told those present that in Russia the government is the single employer and is the only source of information. The irony is that the largest newspaper, Pravda, means "truth," while Izvestia (News Agency) does not always give forth with the news.

As an example of the shortage of news in Russia, Norman said that when General Secretary Khrushchev died, The New York Times printed some 10,000 words in his obituary, while Pravda published only two lines, stating that his death had occurred.

Russian newspapers print no reports of local catastrophes, but citizens can infer them from news of similar catastrophes reported from elsewhere. Although Boris Pasternak's Doctor Zhivago has never been published in his native Russia, Americans there managed to show the film to crowds of from 30 to 40 people each night for a week. Norman hosted one such showing in his apartment. Needless to say, the loved this film about their revolution.

Although officially atheistic, Communist Russia still allows religion to exist and some churches are active. Cities and towns still carry Biblical names, and the literal translation of the Russian thank-you is "God save you."

Norman concluded his informative remarks with an expression of hope that Gorbachev's policy of "glasnost," or openness succeed, bringing more information to Russian people, especially about events in their own country.

LANGSTON HONORED

David Farrior, Director of Student Personnel at Walker Tech, has released the list of honor students for spring quarter. Those students with a GPA of 3.80 or higher are named to the Director's List. With a GPA of 3.50 to 3.79, students are named to the Merit List.

Director's List — DeKalb County.

Business Education: Kimberly Langston.

Merit List — Cherokee County.

Industrial Electrical Maintenance: James VanPelt.

VALLEY HEAD CLASS OF 1937



Valley Head High Class of 1937 met at the school cafeteria May 16. Class members were Lora Brown Hulgan, Sybil Mallicoat Kirkland, Athis Curtis Shelly, Marjorie Libby Gray, Myra Hall Weigel, Metta Hall McCormack, Jewel Emerson Church, Bea Swader Malone, Estie Hartline Palmer, Juanita Cochran Johnston, J. A. "Sparkey" Swader, Violet Jones Veigl, Russell Wilkes, Arthur Ellis, Donald Smith, Emma McCurdy Boydston, O. C. Roberts. Teachers were Dr.

Jewell McCracken, Eloise Keener Russell, Brownie Clay Tuttle. Others: Rev. and Mrs. Dennis Mays, who gave an inspirational message, Ina Long, Ruth Smith, Gwen Shugart, Mary Libby Crow. Spouses: Martha Dobbins Smith, Alvin Church, Russell Wilkes, Dor Smelly, J. A. McCormack, George Veigl, Marvir Malone, Winfred Palmer. Flower decorations and excellent meal was supplied by Floyd's Flower and Catering Service. All members and teachers shared some experiences of the past 50 years.

From the Editor....

by Mickey Strickland

It seems like only yesterday that we were waiting hopefully for the last frost to come and go, so seeds could go into the ground. Now, the harvest from that planting is almost over, and Autumn winds are starting to rustle the tops of the hardwoods and brush the pine branches that hover between my window and the moon.

There is something different about the coming of Autumn. Spring sends messages for weeks before she actually comes a-calling — they peep from under leaves and even snow with purple blossoms quivering and shaking but ready for the sun; they fly overhead and call out to one another as they wing their way North. Nature stretches and yawns for awhile before Spring, sometimes snoring off again before getting down to the business of resurrection.

Winter blusters up the river and into the woods and sends all warm bodies scurrying for cover. Dark clouds swirl in the eddies of wind that chill the day and frost the night. Winter wastes no time. He makes home fires dear, and good books a salvation.

Summer flops to earth in sultry arrogance. The lushness of the colors are almost too much. Things are growing and watching and waiting, and the living is hot. Summer wears a dress of green with a pale overskirt of dust. Dry-flies sing her to sleep, and tree frogs join in the chorus as front porches echo the creaking of the rocker and swing.

But Autumn, she's something else again. Her presence is felt long before her actual coming. Nothing is really seen, or touched or tasted, but an almost tangible feeling akin to leaf-lings the earth. There comes over us a melancholy, bittersweet longing for times long dead but not really buried, and when we are totally within the power of recall and thoughts just beyond the corner of the mind, Autumn begins to weave a spell of woodsmoke, scarlet sumac, windfall apples, big orange pumpkins, honey in the comb, and the sound of leaves whispering in the woods.

Then, it seems as if the whole mountain dresses up for a final goodbye before putting the memory away from the ravages of the winter that is already making crystal patterns on window panes. Autumn is our reward for making it through the rest of the year. Autumn is our preparation for what is to come.

M.A.P.A. Meeting

The Aug. 4 MAPA meeting was held in the Mentone Springs Hotel. Bob Dunaway, director of the Comer Scout Reservation, thanked the group for sending eight local boys to camp this summer (See story elsewhere). Jack Jones offered MAPA the use of his garage for storage on property adjacent to the Post Office.

Ray Froehner urged members to get behind the red striding plan proposed by Mary Anne Barfield and to sign petitions in its favor.

Tentative plans were made for the October Colorfest the third weekend in October. Bruce Bon Fior was named chairman. Homer Crow will be in charge of boat rides on Little River. Working with Bruce will be Ray Froehner, Bernice and Homer Crow, Harrell Jenkins, Sammy Cash and Jean McGehee.

Darrell Norman, a writer for The Fort Payne Times-Journal, gave an interesting talk on his journalistic experiences in Russia in 1976-77 (See story elsewhere). Refreshments were served by Maggie Cordell, and members enjoyed a video cassette of the Great American Antiques Auto Race by Angelo Rosano. Meeting was adjourned at 8:30.

Condensed from the minutes of
Jean McGehee, secretary

LETTER OF THANKS

Letter to the Community:
Our Dear Friends,

We can never express to you the love and joy that we have felt from our neighbors and friends during this time of sorrow. Our tragedy is easier to bear because of your caring and constant thoughtfulness. Miles and busy schedules may separate us in our day-to-day lives but in times of trial, hands reach out and we have felt your love.

Our Brenda is gone from us but our lives are so richly blessed with good friends.

May God's love reach out and touch each of your lives. Thank you so very much.

Tommy, Barbara, Steve Scott
The Griford's

To MENTONE AREA PRESERVATION ASSOCIATION, BOX 50 in support of the objectives of MAPA, desiring to join with others in preserving and protecting the heritage, natural environment and other unique qualities of life in the Mentone area, I enclose \$1.00 for voting membership for one through June 1988

NAME: _____

ADDRESS: _____

The Groundhog

705-834-4198

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Our Town with Linda Brown

The school bells are ringing once again and our young people are back in the classroom learning reading, writing, arithmetic and computers. The new technology is upon us and today's youngsters are so fortunate to be getting started on the ground floor. I urge everyone to be very careful on the highways. Watch for youngsters waiting for buses and walking to and from school. We have had too many accidents in our area recently.

All the camps are closed now and Mentone is once again quiet and serene. The blue and white buses filled with screaming boys or girls are not on the way to the park skating rink or the theater. The post office is not full of packages and letters to be picked up every day. The horses are back on the pastures and the boys and girls have gone back to the hard concrete of city streets. These boys and girls enjoy for two or four weeks what we have all the time. Shouldn't we be more grateful and strive a little harder to preserve the beauty and peacefulness of Mentone?

The Mentone Crafts Festival committee has completed the paper work on another festival. These local organizations participated in some way: North Lookout Mountain Fire Department, United Methodist Women, American Legion Post 215, Valley Cloggers, Mentone Church of God, De-Su-Toe Squares, MAPA, Valley Proriers, DeSoto Rescue Squad, Rhododendron Garden Club and the parents of Mentone and Valley Head Dixie Youth baseball. This is the reason we continue with the festival. We want to give local clubs and churches a way to raise funds and also to create a feeling of good-will by all working together for a better community. We admit that it is a lot of hard work, but if we can get a few more people to help, the load will be lighter. We continue to grow each year and need all the help we can get. Thanks again to everyone who helped this year. Please contact me as soon as possible if you or your group would care to participate in any way next year. Can you believe that this was the 11th Mentone Crafts Festival?

We are all so thankful that the fire damage to St. Joseph's Episcopal Church was not more extensive. I understand that they are now in the process of cleaning up and accessing the damage — another example of the kind of cooperation that occurs in Mentone when a neighbor is in need.

The Lookout

"Atop Lookout Mountain"
CLOUDLAND, GEORGIA
(404) 862-2515

MOUNTAIN WATCH

by HAROLD WHITE MCKEY

Frustrated at failure to have two novels accepted for publication, I hope against hope to still make the grade. These are the days when fitness and food are the subjects most likely to hit the best seller lists. Fitness is not exactly my thing, but I am an amateur gourmet. So I've been thinking about a cookbook (which I'll probably never be written) — I share it with you.

The title is *Cooking by Categories*. The idea germinated one day when either Jean or I said, "It's been a long time since we had lasagna. There ought to be a system to prevent us from forgetting such a good dish." We kept talking about it until we did work up a schedule. We have followed it for a few months but not fanatically. We allow for variations based on day-to-day circumstance.

However, the schedule does solve the perennial problem of "What's for dinner?" Jean can simply look on the refrigerator door (although by now she knows the schedule by heart) and improvise from there.

The system is based on categories for the principal (for us, dinner in the early evening) meal. In addition to nutrition, we cater to our tastes. As you read on, remember that the category is for the main dish. It is, of course, amplified by the usual side dishes. Also, any left-overs can become side dishes later in the week. We've seen, too, you will notice, to the vegetarian. Jean has many recipes in each category. I'll get away on cars.

Monday: Rice. The author Upton Sinclair was a nut on rice. He lived into his nineties, eating only that. But think of the varieties, oriental (with fresh peppers, onions, and soy sauce), it's hard to beat, creole, cheese, curried, etc.

Tuesday: Meat or Fish. This category is limitless. The experts insist that fish is among the healthiest of all foods. This is the only category that appears twice in the week.

Wednesday: Beans. Don't laugh. Beans virtually top the list for protein. What tastes better than pinto beans and cornbread? Lima beans with a thick sauce? Good old Southern speckled butterbeans? This summer we've enjoyed purple-hull pink-eyed peas with All-Brin muffins. Green beans and little new potatoes?

Thursday: Vegetables. You don't have to be a vegetarian fanatic to enjoy a completely vegetable meal. Just remember, the more red meat you eat, the higher incidence of heart attacks you'll incur. Vegetable meals are cheaper and healthier. The entrees can be in the form of casseroles, steamed, stir-fried, however — but at least four different ones make a fabulous dinner.

Friday: Fish. In compiling the schedule, we thought fish should be remembered because of the Catholic custom. If you have trouble getting fresh fish, you'll be amazed at what can be done with frozen or canned. I don't eat chicken, but Jean has many times served the water-packed white tuna and had guests think I was chicken. Here again, the recipes are endless.

Saturday: Pasta. One thinks first of the Italian dishes: lasagna, manicotti, spaghetti. We've also come to know the other pastas, beginning with lettuce, and going through the spinach varieties. If we were real gourmets, we'd make our own pastas, but we're on the vast assortment available in the super markets. One of our favorite summer kinds of pasta is spaghetti with a pesto sauce. Pesto is made with fresh basil, olive oil, Parmesan cheese, and pine nuts (or sunflower seeds or walnuts), all blended together before it's stirred into the pasta.

Sunday: Fun Day. We often eat out on Sundays. If we eat out on another day and decide to stay home Sunday, we improvise — looking into the freezer or the pantry. When we eat out, we go to a restaurant that catches our whimsey, not just for nutritional purposes. Sometimes we have a fabulous late breakfast and two light snacks.

We used to go by a 14 day rotation for breakfasts, but we tired of some of the menus and now have breakfasts honed down to a seven day variation. Mondays are for hot cakes. Jean uses her mother's buttermilk recipe, mixing the flour and milk before her morning walk, and adding the other ingredients just before she cooks them.

Tuesdays we have an egg in some form with maybe girls and bacon. Wednesdays we have oatmeal and cheese toast. Thursdays are for waffles. Fridays we have scrambled eggs (in almost dark heated margarine) and potato cakes, made with simply grated potatoes, like hash browns. Saturdays we have biscuits or scones. Sundays currently I'm making souffles which I make the previous evening and put into the refrigerator ready for popping in the oven while we leisurely read the paper. Sunday mornings, this, of course, when we don't drive into Chattanooga for church. These I make with one egg each, dried bread crumbs, cheese and take (artificial frozen) cream and seasonings.

Of course, sometimes we have breakfasts out and eat what we choose to order. Lunches we generally have lunch, nuts, salads, shakes of some variety, or granola. Sometimes we have sandwiches in pita bread. We try to keep our lunches light.

Schedules are made to be broken, and we frequently break both our dinner and our breakfast schedule. But having a plan suits our life style and doesn't stifle our spontaneity since we're each open to suggestions for change.

Happy adventures in "Cooking by Categories!" (Doubtless you have noticed that in cooking up this column, I had a lot of help from my wife.)

Dunaway Thanks MAPA

Bob Dunaway, director of the Comer Scout Reservation, spoke at the Aug. 4 MAPA meeting and thanked members for their sending eight local boys to camp this summer. The boys came from DeKalb County and included youths from Valley Head and the Fisher community.

About 10,000 boys use the camp each year. Over \$150,000 annually is spent in the county by Comer Reservation.

COUNTRY JOURNAL

By Bernise Crow

"Let me live in a house
By the side of the road
And be a friend to man.
There are men who are good
There are men who are bad
As good and as bad as I.
(Someone tell me who wrote this).

This has always been a favorite poem of mine, and now that my sister and I own and operate the Crow's Nest Antiques at the Hitching Post, I have the chance to be a friend to everyone passing through our town.

They are for the most part very delightful people. Very early in the day the travelers stop, mostly for information on the area. I have given the history of Mentone to so many people, it's almost like turning on a recording when I start my recitation. The most common question is "Where is the best place to eat?" Everyone wants to eat first and primarily. During the week, I send them to the Log Cabin Deli and to Sutton's Place. On weekends, I suggest Cragmere Manna and The Lookout. We need a restaurant in Mentone serving country plate lunches and a good breakfast. Tiger's Inn in Valley Head serves breakfast and I send people there.

People are people wherever one finds them, and there is little difference between the socially elite, so-called beautiful people and the common everyday person. Each of them needs food, shelter and a place to rest.

"People-watching" becomes a habit when one owns a business. Most of my customers are tourists and are vitally interested in knowing everything about the area. Some ask intelligent questions, others ask questions for the lack of anything better to do. One day I almost laughed out loud when a man asked me "How do you get upstairs?" We were standing two feet from the stairs.

Of course, in the antique business one runs a museum most of the time. I hear: "Oh, we had one of those and threw it away." They ask how much something costs, and say they were just checking ours because they had one just like it.

Jean and I have made some very good and lasting friendships since being in the business here. Some of them are: Louise Mac Millon, Charles and Faye Rose, Sam Barrett, the Lawlesses, James and Becky Maddox, Louise Hodges, Allen and Ruth Horton, Art and Betty Harris, Charles and Jean McGehee, Bruce Bon Fleur, Randy and Annie Still, Sharon Barron and others, each one of them special.

When we first opened shop in 1979 the Log Cabin Deli was known as the Yellow Deli. We met some fine young people whom we shall never forget, who worked there. We loved talking to them.

We have tried to give small gifts to all brides, and have had the pleasure of seeing each one very surprised and happy to receive them.

We have many people returning to Mentone who have not been here in years. They are very pleased that restoration is being done on the old Mentone Springs Hotel, and that the Hitching Post is still standing and has several shops on its premises. Some of them remember the good old days when the best time they ever had in their lives was square dancing upstairs at the Hitching Post. I have picked up some beautiful comments and am storing them for a booklet on the building. We intend to try to get it on the National Register of Historical Places.

Sam Barrett, former Mayor of Mentone, used to walk up every afternoon about 4 p.m. and say, "Well, I come to help you count your money." Actually he came to help us take things inside from the porches. We miss Sam very much since he is in the Nursing Home in Fort Payne.

We loved Alice Wolfe, now deceased, who was a lover of Mentone and one of the wittiest people we have ever known. She said, "Mentone couldn't afford a town idiot, so we all took turns." One day she came driving by while I was in the rocker on the front porch. She rolled down her window and asked, "Bernise, whose turn is it now?"

Mrs. Mattie Bruce, a Mentone legend, used to walk down and visit with us every day for two years or more. She was very special. She could recall the days when she was a little girl living in South Carolina and entertained the customers with stories about seeing ox-drawn wagons come down off the Smoky Mountains to get supplies. She said the people would bring their milk cow with them because their children needed the milk and that was the only way to get it. She said the people would camp under the big trees on her farm. I am so glad she shared those memories with us. She also said she had her Father's Bible that he carried with him during the Civil War — very pleasant memories. She lived to be 97 and attributed her longevity to being very thankful to God, and telling him every night when she retired.

Alice Jane White was a frequent summertime visitor and we loved having her tell people visiting Mentone about the early history of the town. One summer we speculated about a type of plant we have growing near our side entrance. Almost everyone who came in wanted to know what it was. She finally found in a book that it was Burdock.

The thrill of meeting new people as well as renewing old acquaintances is a part of the fun of operating a business. You should look through our register some day when you have time. We have had people from many countries of the world, and most of our states. When *Southern Living Magazine* did an article on Mentone about four years ago, it brought us many lovely visitors. There is always a cool breeze coming straight up the mountain to our front porch and everyone is welcome to sit and visit in the rocking chairs.

ANNUAL VISITOR



Vincent Erklavec, a real family man, knew a good family when he met one, even though one of its daughters was far from home. Addline Lawman was raised on Sand Mountain with her five sisters and two brothers. She and Vinnie met in New York when both were working there. They were married for 17 years before her death, and they had a son, Frank.

Vinnie's two sisters-in-law, Pearl Hill and Azzelie Lawman, moved to Mentone from Chattanooga over two years ago. As proof of his love for his wife's family, Vinnie has made three trips to Mentone to see them and other relatives nearby. Mrs. Hill worked for the railroad in Baltimore before her retirement, and Azzelie, called "Gobbie," worked in Chattanooga, where Vinnie visited them eight times previously. Vinnie, possessor of a typical Brooklyn accent and a delightful personality, works for a brother-in-law. He intends taking his vacations in Mentone for as long as he is able, visiting his wife's family which he appreciates as one of the best.

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MENTONE SUPERETTE

MENTONE, AL

PH. 634-3111

My cousin, Andy Lea, is quite a frequent visitor and he entertains everyone with his humor. We were talking about reminding people of their obligations 20 years from now. Andy said the only thing he would remind people of 20 years from now was a prune!

One more little story from a summer visitor: A 12 year old boy was in with his parents, and we were discussing relatives. I knew some of them. The boy looked straight at me and asked, "Are you kin to me?" When I said no, he retorted, "Well, I'm glad 'cause you're ugly!"

Of course, that made my day. Bless his heart, he at least was a very honest fellow!

JAMBOREE AT CLOUDLAND

The annual Mountain Jamboree, craft show and barbecue, sponsored by the Cloudland Volunteer Fire Department will be held Labor Day, Monday, Sept. 7, atop beautiful Lookout Mountain at the Cloudland Community Park, Cloudland. The Jamboree will be open to the public at 10 o'clock.

Approximately 40 of the finest art and craft exhibitors will be displaying their work. There will be displays for all budgets and tastes. For your enjoyment you will find displays of ceramics, silk flower arrangements, wood-works, cornshuck flower arrangements, wildlife ceramics, quilts, quilted pillows, dolls, handmade baskets, brooms, fans, hat wreaths, oil paintings, pine country furniture, charcoal portrait paintings, saw blade paintings, lace collars for ladies, folk art, baby quilts, rockers, swings, chairs, jewelry, jellies, ice cream and needlecrafts to name a few.

When you get hungry we can feed you barbecued plates that will be served from 11 till 2. The plates will have barbecued pork, baked beans, slaw, bread and tea. You can satisfy your hunger for \$3.50 (in advance) or \$4.00 at the door. Tickets can be purchased from any volunteer fireman or by calling (404) 862-2292.

This sounds like the perfect day already, but wait, there's more. What kind of Jamboree would it be without entertainment? We have got a full day of live entertainment. Beginning at 10:30 we'll have a foot stompin' time watching the Goldman Cloggers. At 11:00 it will be time to put our hands together for the Dade County Square Dancers. Noon brings a special group, from Coosa Valley Middle School, a Tinikling Team. Tinikling is a native dance from the Philippines. Country music will begin at 1:00, featuring the Horizon Band from Chattooga County. Horizon will be performing throughout the afternoon. When Horizon is taking a break, the mountain air will be filled with toe-tapping music from the Kingston Cloggers.

Come help support our fire department and spend the day on scenic Lookout Mountain, above the clouds, at the Cloudland Community Park, Cloudland.

For more information, call (404) 862-2292, Janice Smith.



Nightingale Artworks Handcrafted Pottery



EULA CASH

(CONTINUED FROM COVER)

The long separations took their toll on the marriage, however, and when Eula was just 13, her mother left to live in Chattanooga with her sister, Mary, who ran a boarding house. "We kids stayed with papa, but visited mama often. We would ride the train to the Depot in Chattanooga, then walk the rest of the way to 1809 Broad Street. I think the house is still standing."

Eula's father remarried, a Mrs. Sally Peake, but the union lasted only two years. "She was a sweet, dear person," Eula said, "and she was good to us."

Eula's growing-up years were happy ones for she could always see the best in people and events. One of her fondest memories is of walking with her brothers and sisters along the river road to Moon Lake School. "It was a two-story building then, and Ernest Shigley taught upstairs while his sister, Stella, held classes downstairs. When I first went to school, I cried to go with my brothers to the classroom upstairs and Mr. Shigley let me stay with them for several days until I got used to school."

In those days, children were expected to contribute to the survival of the family, and the Rose siblings were no exception. "We kids worked in the garden and helped grow all of our own vegetables. We helped put up fruit and vegetables and soup, as well as jellies and jams. We also milked the cows and made our own butter, and kept a flock of chickens."

Children were pretty much left to their own devices, and they learned early to make do with the things they had on the farm. "We would go into the woods behind the

house and build playhouses out of rocks and sticks. We played horseshoes, and rode horseback. Life was good to us."

Eula's papa began a logging business, and one of his employees was a handsome young local named Jody Cash. He was 11 years her senior, and she was but 14 when he asked Jess for her hand. They were married in September before Eula turned 15 in December.

Jody and Eula were married at the log home of the Justice of the Peace, John Baty. "Papa bought me an emerald green dress in Fort Payne," Eula remembers, "and we stood up in front of the big fireplace."

The young couple made their first home with the groom's family. His parents were Sam and Maude Williamson Cash. Jody also came from a large family which included Albert, Bascomb, Louise, Bill, Thelma and Grace.

Jody built their first house, the little one where Calvin Crabtree lives now, and he continued to work for Eula's father for several years before he began a career as a carpenter and rock mason for Albert Cash whom Eula remembers as a "kind and loyal friend."

"Back then, you could get your dishes and things by taking orders and selling merchandise from a catalog. They were building Highway 117 at that time, and the black workers were camped in tents at Bankhead Springs. I sold them lots of orders, then got my dishes and cooking utensils for my house."

"Jody cut a rick of wood for Mrs. Alice O'Rear and she gave us a little box stove in trade. We had some of mama's old quilts and bedding, so we were set."

Almost a year later, Jack was born. "When he was a week old, I went to the blackberry patch and picked two eight-pound lard buckets full of berries which I took home and canned." Eula and Jody added to their family until the house was full of the sound of childish voices and tiny feet. "I love my babies," Eula mused, "and thank God

for every one of them. It was hard when my little 12-year-old daughter, Rennie, died and my baby, Julia, only lived two days. Then when Jack drowned, it was terrible. My children mean everything to me, but I know everything has a purpose."

Jack's birth was followed by that of Louise, Betty, Kenneth, George, Donald, Roberta, James Edward and Frances Irene and Julia, both deceased.

Eula worked for the summer camps in the kitchen to supplement the family income, and drove a school bus for over 17 years. In addition, she made a big garden, canned the harvest, milked a cow and raised chickens. The whole family helped, just as Eula's brothers and sisters had when she was growing up. "We kept sweet potatoes in the attic all winter, and dried enough apples to last till the next fall. Mrs. Grace Jones lived on Murray's Fruit Farm and gave us plenty of apples. We would cover big pieces of tin with sheets and the apples would dry in the sun in no time."

The Cashes bought the farm where they raised their children and where Eula resides now from the heirs of Mrs. Alice O'Rear. That was over 30 years ago. "The yard was always full of children," Eula laughed, "I loved having the neighborhood kids come to the house to play with mine. They would play ball, horseshoes, hopscotch, make little playhouses under the trees and we always had a swing in the yard."

Eula Rose Cash is the kind of person who never took adversity and set-backs personally. She kept the faith and kept a happy outlook on life that has sustained her through sun and shadow, and the beauty of her existence is that there are no dark corners where resentment or anger could hide; she knows that true peace is not escape from the storm, but rather tranquility amid it. Through the seasons of her years, whether the cold wind blew or the sun beat down, Eula Cash knew that Springtime is but a smile away.

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Nightingale Essays

Articles from The Turn of the Century
By Mrs. Emma J. Smith

HOW TO CHOOSE A HUSBAND



Choose a steady young man. Temperate in all things. If he is not a Christian, let him at least have good morals, good morals constitute the grand basis of a model life. Choose one who does not drink any intoxicating liquors, uses no profanity and keeps good company. One who makes it his chief aim to mind his own business and let every one else's alone.

Don't try to find a saint for if any ever inhabited this globe they have been utterly annihilated.

Choose a young man who has plenty of temper, but has it under good control. Our greatest men are men of high temper, who understand how to govern it.

Choose one who is kind to all. Watch him as he passes the old lady or gentleman on the highway, see if he doffs his hat and speaks a kind good evening, or passes them rudely with some jeering remarks or disdainful toss of the head. Yes, watch him there.

Cast one eye at him in church, see whether he is interested most in the sermon, or in dangling his watch chain and toying with his cane.

Don't choose one who soon tires of a good sermon and soon makes his exit in time of services.

Choose one who still calls his parents by their respective names and not "the old woman and old man."

Ascertain whether when he dresses himself, he puts his castoff clothing in proper place or leaves it for his mother and sisters to attend to.

Find out whether he keeps his bed and allows his father, mother or sisters to arise and make the warming fires.

See whether his mother wears the faded dress while he spends his money recklessly.

Now dear girls use the best of judgment in your selection, for it is almost like trying a ticket in the Louisiana State Lottery.

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Colorfest To Be Oct. 17, 18

SOON IT WILL BE TIME TO CELEBRATE THE CHANGING OF THE SEASONS IN MENTONE. THE LEAVES SHOULD BE AT THEIR BEST AROUND THE MIDDLE OF OCTOBER.

THE FIFTH ANNUAL OCTOBER COLORFEST WILL TAKE PLACE OCTOBER 17TH AND 18TH. EVERYONE IN TOWN AND

VISITORS, TOO, WILL HAVE MANY OPPORTUNITIES FOR FAMILY FUN.

HOMER CROW IS ARRANGING BOAT RIDES ON LITTLE RIVER. SHURLEEN FROCHLER IS IN CHARGE OF CRAFTS BOOTHS. THE GROUNDHOG RUN WILL BE DIRECTED BY LARRY HOOKS AND MARK PICKLE OF CAMP SKYLINE, ASSISTED BY

POLLY CAMERON OF SADDLE ROCK CAMP.

THERE WILL BE THE USUAL GHOST STORY TELLING ON FRIDAY NIGHT. CLOGGING, HAY RIDES, AND PLENTY OF GOOD FOOD WILL ALL BE PART OF THE WEEKEND FUN. OTHER M.A.P.A. MEMBERS WILL ASSIST CHAIRMAN BRUCE BON FLEUR.



MAGGIE CORDELL'S BEAUTIFUL STAR QUILT WILL BE RAFFLED OFF AT \$1.00 A CHANCE. TICKETS WILL BE AVAILABLE AT BUSINESSES AROUND TOWN. MAGGIE'S DAUGHTER REBA'S SON KEN MCKELVEY LOOKS PROUDLY AT HIS GRANDMOTHER'S HANDIWORK.



MENTONE GROUND HOG CLASSIC RUN



Sponsored by the Mentone Area Preservation Association
Saturday, October 17
9:30 a.m.

4 miles, flat to gently rolling hills on DeSoto Parkway

ONE MILE FUN RUN at 9 a.m. Pre-registered entrants are guaranteed a T-shirt (to be mailed to late registrants). Times called but no records will be kept.

Awards: Specially designed T-shirts to all pre-registered runners with late registrants having theirs mailed. Medallions to top three finishers in each division. Jackets to top man and woman runners.

Splits: Called at half way mark. Water available on course.

Especially scenic course, beginning at historic Old Hotel Square and continuing down DeSoto Parkway at height of autumnal foliage splendor. Circles back at turn-off to DeSoto Falls. The Groundhog Classic caps off the Fall Colorfest.

Mentone is located on Lookout Mountain, halfway between Chattanooga and Gadsden on Highway 117. There are exits on I-59 north and south. Follow 117 through Hammondville, Valley Head, and up the mountain. From the east, Mentone can be reached through LaFayette, Summerville, Georgia; through Menlo to Cloudland to Mentone.

The race is in its 5th year, and all proceeds go to the goals of the Mentone Area Preservation Association, which is dedicated to preserving and protecting the natural heritage, environment, and other unique qualities of Mentone.

Detach and mail or bring to:

The Mentone Groundhog Classic
Box 439
Mentone, AL 35984

Entry fee of \$6 per run must accompany each application. \$7.50 after October 15. Make checks payable to MAPA (Mentone Area Preservation Association).

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ADDRESS _____ CITY _____

STATE _____ ZIP _____ TELEPHONE _____

Age as of Oct. 30, 1987 _____

SIGNATURE _____

(If under 18, signature of parent or guardian is required).

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() 14 & under	() 14 and under
() 15-19	() 15-19
() 20-29	() 20-29
() 30-39	() 30-39
() 40 & over	() 40 & over

() Fun Run
() Groundhog Classic

NO ONE MAY ENTER THIS EVENT WITHOUT SIGNING THIS OFFICIAL WAIVER: In consideration of accepting this entry, I the above-signed, intending to be legally bound, hereby, for myself, my heirs, executors and administrators waive and release any and all claims for losses and damages I may have against MAPA and all other parties and their representatives, successors, and assigns for any and all injuries suffered by me in said event. I attest and verify that I am physically fit. Further, I hereby grant full permission to any and all foregoing to use photos, videotapes, motion pictures, recordings or any other record of this event for any purpose whatsoever.

LYNN CASTLEBERRY

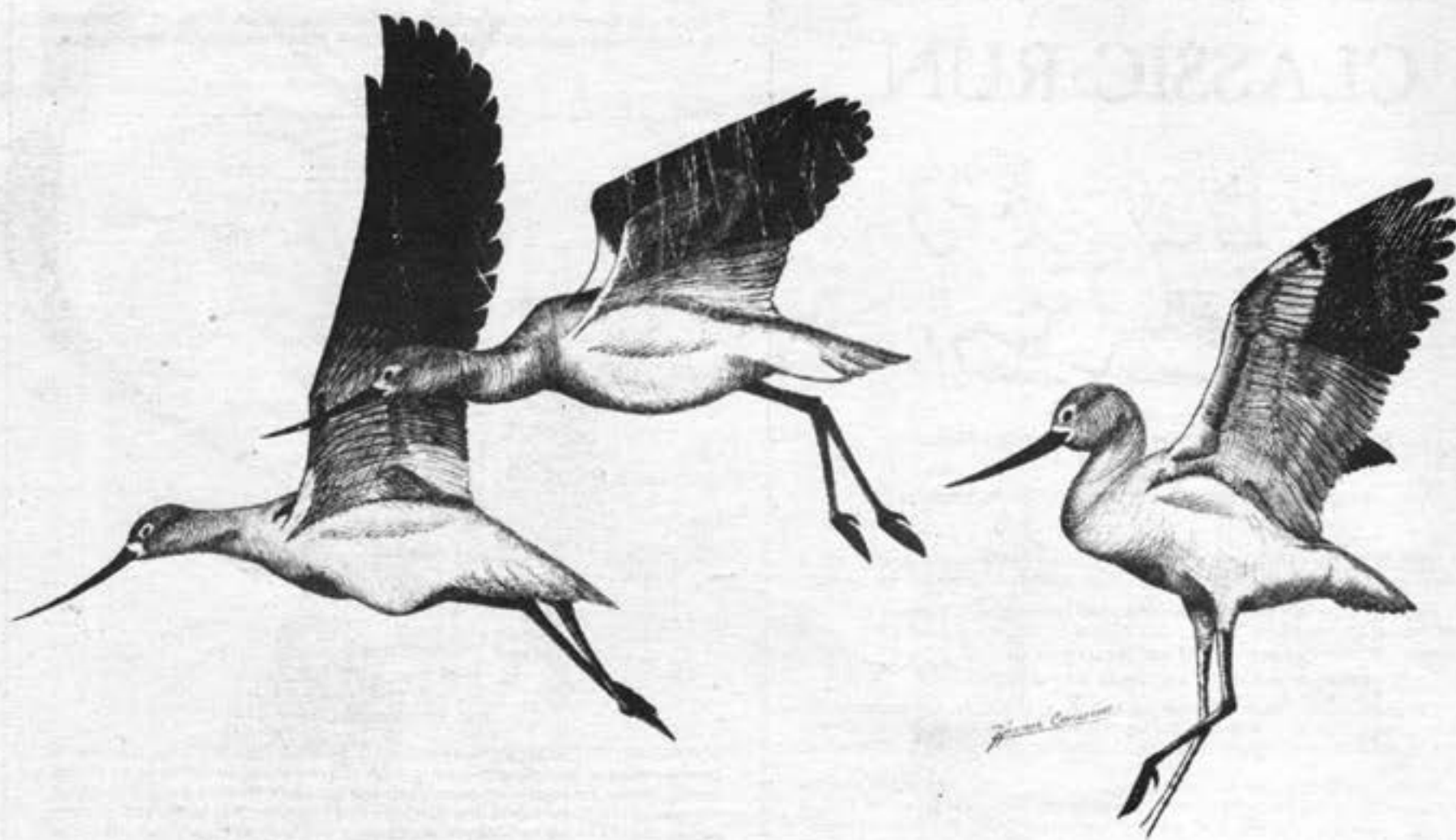
Lynn Castleberry, who hails from Washington, D. C., is a gifted artist whose meticulously detailed drawings are fast gaining recognition in this area.

Lynn loves the outdoors and her animal drawings are done with an air of catching the essence of the subject in life-like images. The birds look as if caught in mid flight — the squirrel ready to bolt, and as Lynn rarely uses color, the beauty of the creature must be captured by talented perception alone.

Lynn and husband Don recently moved here from North Carolina, where Don was in the Navy and Lynn worked for the Civil Service. They are currently building their own home near Mentone, and their ultimate goal is to "live as self-sufficiently as possible."

Lynn does not take life, herself or her art too seriously. "I like to draw pictures, and always have. I've had some training but mostly I just draw what I see and feel."

The art world is going to be seeing a lot more of Lynn Castleberry.



ART IN DETAIL



CRAFTS CORNER

By Helen Turner

Fiction: Ill In A Series

THE QUEST OF THE BUTTERFLY

By Howard Cash Marsh

The Herb Garden



Primrose (*Primula veris*) — Common names — Butter Rose, English Cowslip.

Parts used — Flowers, seed, herb. Primrose is a perennial, downy herb native to England, growing 6 to 9 inches high; leaves are radical, oval, oblong, wrinkled. Flowers in umbels on slender pedicels, rising from the root stock above the leaves; yellow Corolla and Calyx bell-shaped.

Properties — The flowers are said to be useful in ordinary headache. The whole plant has a somewhat soothing and quieting influence.

It is the oil pressed from the seed that is most valued. Primrose oil is a superb source of Gamma Linolenic Acid which is essential to the manufacture of prostaglandins (PGE) in the body. Prostaglandins are messenger substances which regulate vital metabolic processes through the body. Symptoms observed in animals deficient in these acids include hair loss, painful swollen joints, dry scaly skin, infertility, liver problems, heart disease, weight control and pre-menstrual syndrome. According to recent research, the manufacture of prostaglandins also depends on Vitamin C, B-6, Niacin and Zinc.

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In later columns of the Craft Corner, we will print quilt patterns and other designs, and it will be necessary to know how to "scale up" or "scale down" a pattern.

Whenever you want to make a design larger: Take your pencil and ruler and mark your design off in 1/2-inch squares on another sheet of paper; mark off one inch squares.

Study where the lines fall in the squares on the design sheet and copy this onto the sheet with 1-inch squares.

To make the design smaller, just reverse the process: Mark the design off in 1/2-inch squares and your copy sheet in 1/4-inch squares.

Get set to make your own quilt tops.

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2-pound ground beef
3 large onions
4 tablespoons A-1 Steak Sauce
Salt and pepper to taste
1/4 cup water

Combine meat, salt and steak sauce. In broiler pan slice 2 onions into rings. Pat meat into large patties and place on top of onions; slice other onion on top of steaks. Broil in oven until slightly brown; turn patties over, onions and all. Cook until tender. Pour 1/4 cup water in pan; turn oven off, close door and simmer 5 or 10 minutes.

BEEF GOULASH

1 1/2-pound chuck or stew meat
1 package onion soup mix
1 tablespoon oil
1/5 to 1/2 can tomato paste
2 cups water

Cut meat into 1/2-inch cubes. Brown in large pan or Dutch oven in 1 tablespoon oil. Mix tomato paste, onion soup mix and water together. Pour in pan with meat. Cover and simmer for 1 1/2 hours. Serve over large egg noodles or rice.

GREEN TOMATO RELISH

5-quart green tomatoes
1 pint finely-chopped onions
1 pint chopped green or red peppers

Cover with water; add 1 cup salt. Boil 1 hour, then drain. Add equal parts water and vinegar. Add these spices:

1 tablespoon paprika
1 ounce celery seed
1 ounce mustard
1 tablespoon ground cloves
2 cups brown sugar

Cook 1 hour; put in sterilized jars. Seal and store in cool dry place.

GREEN TOMATO PICKLES

Lime water:
7-pound small green tomatoes
3 cups lime
2 gallons water

Syrup:
5-pound sugar
2 quarts vinegar
1 cinnamon stick
1 teaspoon celery seeds
1 teaspoon whole cloves
1 teaspoon whole allspice
1 teaspoon mace
1 teaspoon ginger

1. Soak tomatoes in the lime water for about 24 hours; remove from lime water and soak in clear water 4 hours. Change the water hourly.

2. Soak overnight in syrup.

3. Boil 15 minutes; put in hot jars and seal. Makes 10 to 12 pints.

PEAR HONEY

1-pound ground pears (1 1/2 cups)
1 1/2 cups sugar
1/4 can canned crushed pineapple
1 teaspoon lemon juice

Wash, peel and core fruit. Put pears through a food chopper, using coarse blade. Mix all ingredients and heat mixture, stirring thoroughly until sugar is dissolved. Boil mixture until it is thick and clear. Pack in hot standard canning jars. Adjust jar lids and bands. Process in boiling water bath canner (212 degrees F.) for 10 minutes.

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