

the

VOLUME 5 NUMBER 1

GROUNDHOG

A Publication of the Mentone Area Preservation Association

MAY 1987

New Hopes, New Dreams, New Plans



THE MENTONE SPRINGS HOTEL

by BRUCE BONFLEUR

It has watched over Mentone for more than a hundred years. Through boom times and depressed times it maintained itself and the people and town that have cared about it. It has provided work for many, and recreation for many more. Quite simply (in its own dramatic way) it remains perhaps the best, most-enduring example on symbol of what Mentone is.

"It" is the Mentone Springs Hotel. And now, due to the determination and perseverance of owners, Ray and Sandra Padgett, the grand old structure is regaining its strength and is embarking on a new, exciting and very special "next chapter" in its varied and interesting history.

Working with Bruce Bon Fleur, the hotel's Marketing Director, the Padgetts have established

a thoughtful, progressive plan of development. As restoration proceeds the results will become increasingly apparent.

On Memorial Day the MENTONE AREA MUSEUM AND ARCHIVES will be open to the public for tours. The official dedication ceremony will follow later this summer.

The purpose of the museum will be to highlight those special things that have made Mentone historically a unique attraction for over a century. Exhibits featuring local history (people, places, events); area artists and craftsmen, Mentone's musical heritage, the hotel itself, and much more will be of interest to both visitors and residents.

Initially, five of the first-floor room will be shown on the public tour. Original furniture and fixtures have

(CONTINUED ON PAGE 8)



Mayor Hammond Pledges Street Repair

"Every road is to be repaired inside the town limits and pot holes filled," Mayor Hammond said at the May 4, 1987, Town Council meeting, "and it doesn't matter under whose jurisdiction they fall." The Town Council was fully in agreement, so work should begin soon.

In April, water rates were raised by Fort Payne, but the council agreed it best not to raise Mentone's water rates at this time.

It seems more streets were laid out in the original plan for Mentone than were ever used. Lawyer David Wear petitioned the council to waive Mentone's right to a designated but never-used street that sits under the Mary Cowden home. This was passed unanimously, and the heirs can now settle the estate.

The council agreed to crack down on offenders who use the Highway 117 for a racetrack. County law enforcement has been asked to assist, as well as the Highway Patrol; Mentone should see some changes soon.

Cable T. V. is still on hold. Boyce Dooley has not returned the mayor's calls. There seems to be a hold-up in the system, and Mr. Dooley will contact Mayor Hammond as soon as he has things worked out.

Some activities in the old Mentone Springs Hotel have been tentatively approved, with stipulations that all safety standards be met, and city ordinances adhered to.

M.A.P.A. MEETING
JUNE 9TH 7:00 PM
THE PARLOR TUESDAY
ST. JOSEPH'S-
ON-THE-MOUNTAIN

In Memoriam: Alice Jane Davenport White

By Bernise Crow

Mentone has lost another fine citizen in the passing of Alice Jane Davenport White. Her mother, Ethel Davenport, was the sister of Ruby O'Rear (who died almost two years ago), and Jessie Whitehead who still lives in Mentone. Her great-grandmother was Alice Mason, who gave Mentone its name.

Janie, as we called her, loved the mountains. She made several trips to the Smokies. She was very knowledgeable on the subject of wildflowers and gave us a wonderful program on them at a Rhododendron Garden Club meeting last year. Anytime I needed a plant identified, I went to Janie and she would tell me exactly what it was. I shall miss her very much.

She was stepmother to two fine sons: Walter (Sonny) and Mason, who live near Washington, D. C.

Thanks, Valley Head

By Kathy Boyd

This year Valley Head School was very successful with our Campbell Soup Label Drive. You made it possible for our school to purchase a new cassette tape recorder/player with the labels you helped us collect.

Begin now to save labels for next year for even bigger and better school supplies.

If you do not have children in school and would like to help, then you may drop your labels at the Triangle in Valley Head.

We collect Campbell's Soup labels of all kinds. In addition, we can use labels from the following food items: Prego, Mrs. Paul's, Swanson's, V-8 and Tomato juice, Franco American, Van Camp's products, Vlasic pickles and Recipe Dog Food.

Please ask a friend to get involved; it's for our children.

Mentone Hosts Rhododendron Festival

THE LATEST MENTONE RHODODENDRON FESTIVAL LOOKS TO BE SHAPING UP AS THE BEST EVER. "THE RESPONSE HAS BEEN OVERWHELMING," SAID SHURLEE FROEHLER, CHAIRPERSON OF THE FESTIVAL COMMITTEE. "WE ARE LOOKING FORWARD TO A GREAT TIME."

SHURLEE WISHED TO THANK THOSE WHO HELPED WITH THE BANNER: ROBERT LEE, BRUCE HUGHES, DON AND LYN CASTLEBERRY, & HOMER CROW AND SON BARRY.

"I COULD NOT HAVE DONE IT WITHOUT MY DEDICATED COMMITTEE," SHURLEE SAID. "MAGGIE CORDELL, HARELL JENKINS, BILL AND BOBBIE RIEDESEL, CARMIE PETTRIE AND BERNISE CROW." "AND TO RITA DAVIS AND MAXINE BATY WHO AT THE LAST MINUTE GOT THE CLOGGERS TOGETHER FOR ME, A SPECIAL THANK YOU."

THE CRAFTS PEOPLE SIGNED UP IN ADVANCE ARE: PHYLISS MURPHY - ARTIST, WAYNE PRATER - WOODEN FURNITURE, GARY AND HELEN LOMBARD - JEWELRY AND STONE CUTTING, PETE CHANDLER - CERAMICS AND CROCHET, STANLEY SANDERS - BIRD FEEDERS & HOUSES, LOUISE CRUNK - PEANUT

BRITTLE, SHIRLEY JACKSON - DOLLS & WOOD PRODUCTS, PATRICIA MITCHELL - FABRIC TOYS & ANIMALS, CLIFFORD ROMNEY & CHARLES FRYE - HONEY & COTTON CANDY, RONNIE WOODS - ALL KINDS OF FOOD, BEVERLY STUART - CROSS STITCH ITEMS, SHANNON WARREN - COUNTRY DOLLS, ROBERT LEE - BLACKSMITH, KENNETH OWENS - HAIR BOWS & LACE, MENTONE CHURCH OF GOD OF PROPHECY - CAKES & HOMEMADE ITEMS, PATRICIA BARNETT - STAINED GLASS, KAY WALTS - FANCY EMBROIDERY, MARSHA BALLENGER - COCA COLA T SHIRTS, TOMMY SPRAYBERRY - CUSTOM T SHIRTS. THE RHODODENDRON ARE ESPECIALLY BEAUTIFUL THIS YEAR, SO THE BOAT RIDES SHOULD BE AS POPULAR AS LAST YEAR. "THE WORK HAS BEEN REWARDING - SEEING EVERYTHING COME TOGETHER AT THE LAST MINUTE," SHURLEE TOLD THE GROUNDHOG M.A.P.A. SHOULD BE CONGRATULATED FOR BRINGING THIS FESTIVAL TO MENTONE."

Barbara Cole Speaks To M.A.P.A.

Barbara Cole, Coordinator of the Fort Payne Graduation Assistance Program (G.A.P.), spoke to the members of M.A.P.A. at the May meeting which was held in St. Joseph's Episcopal Church, Tuesday, May 5.

She explained in detail about how the program is designed to keep students from dropping out of high school. Students who appear to be at risk are given special tutoring on a one-to-one basis during the time they normally spend in study hall. In addition, personal support is provided to help the student deal with special problems which affect academic performance and social adjustment.

This program has little funds, and it is hoped that individuals and organizations will donate to this worthwhile cause. Alabama has next to the highest drop-out rate in the United States, and people must realize that intervention on a personal level is one of the best ways to prevent a child from becoming a dismal statistic.

Bill Riedesel of Mentone works with this program. Barbara Cole recognized him as being an outstanding member of the team.

Benefit Held for Hope Coots



A benefit was held Saturday, May 9, for two-year-old Selena Hope Coots. She is the daughter of Danny Coots and the late Sheila Coots of Mentone. Coordinators of the benefit were Herman and Francis Johnson. Several hundred attended the event.

Anyone wishing to give may send their contributions to Danny Coots.

The family is grateful for the response to their needs.

The Triangle at Valley Head has diesel fuel, and Kathy Boyd, owner, is now a Notary Public.

Our Town with Linda Brown

Mentone is looking good! The trees are the greenest of green, the rhododendrons and azaleas are beautiful and every house has a well mowed lawn. I think the town is the cleanest its been in a long time. Several eye-sores have been removed and I'm sure we'll see more cleaning take place before Spring is over. It seems to be contagious!

I hear that Mentone has another "first." The first pet shop, as far as I know, has been established in the Hitching Post by Sandy Crowe. It is called World Ocean Paradise. Go by and see for yourself.

Mentonians have an opportunity to do something for their neighbors and at the same time do something for themselves. The local American Legion post met recently with the Moon Lake PTA to discuss the possibility of establishing a "neighborhood crime prevention watch" program. Cecil Reed, chief deputy of the DeKalb County Sheriff Department, was the guest speaker and explained how such a program could help the community. The state of Alabama will supply a sign that designates your family as a member. You may contact any member of the American Legion for more information. Commander, Howard Carson 635-6741. Let's all be good neighbors and help each other.

The Rhododendron Garden Club met recently for lunch at the Mentone Inn. The purpose of this meeting was to install new officers. Betty Johnson is the new president. Many of the rhododendron that are blooming along the roadsides are the result of a beautification program sponsored by the club.

Mickey Strickland would like to start an herb garden. She would appreciate it if you could share some plants and/or seeds with her.

I have become aware of a situation at the Mount Manor Nursing Home that needs a solution. An elderly gentleman lives there who needs some companionship. He is of sound mind and is in fair health otherwise. He is able to walk with a cane. What he needs is for another man to visit, talk and play checkers with him. Saturdays would be best but any day would be alright. If you could spare a few hours a month to visit this man, would you call me and I'll make the arrangements.

Please help me with this column. So many of you have told me how much you enjoy it, but I need more information from you. Call or write: Linda Brown, 634-4755, Route 1, Box 271, Mentone, AL 35984.

MENTONE CRAFTS FESTIVAL

The Mentone Crafts Festival, which will be held July 11th and 12th at the Mentone Park on the brow, is now accepting application from craftsmen.

The Festival Committee is looking for exhibitors in each of these classifications: Painting, drawing and graphics; Sculpture, pottery and ceramics; Handwork-weaving, stitchery, leather, woodwork, metal work, jewelry, basket-making, and candle making. In addition to these classifications, the committee is interested in people to demonstrate skills and crafts from years ago, when these skills were necessary for survival.

If interested contact:

Festival Committee

P. O. Box 103

Mentone, Alabama 35984

205/634-4166 or 205/634-4755

From the Editor....

by Mickey Strickland

There are several problems that need to be addressed concerning the traffic problems in Mentone:

(1) Parking should be in designated parking lots only, not along 117. This creates an unnecessary hazard. Please observe no parking signs.

(2) There is still a speeding problem. There are a lot of pedestrians in a small village like ours, and they should be taken into consideration.

(3) The screeching of tires and racing around in the heart of Mentone must stop. There have been many complaints about this problem.

Everyone in Mentone is affected by situations that are dangerous. It is hoped that all members of the community can work together to keep an accident from happening.

I do not believe that most of the people who park along 117 are aware that they are contributing to a hazardous situation; it is just a matter of convenience. Let's all do our part to make Mentone safer.

A TIP OF THE

HAT TO.....



— Grace Howard for her hard work in getting the new Mentone Brochures printed and paid for.

— The Sign Man for providing the beautiful signs for **THE GROUNDHOG** office.

— Zora Strayhorn, for being such a classy lady.

— Cindy Strickland for going above and beyond the usual in helping with **THE GROUNDHOG** printing.

— Sharron Barron for being so generous with her computer.

— Pat Vezetis, owner of Western Sizzlin' for supporting community efforts in a big way.

— Sandra Padgett for lighting up **THE GROUNDHOG** office with a light table.

— Willard Scott for living up to his reputation.

— Nancy Noland, who is going to ride 1,000 miles on a bike in 11 days to raise money for the June Jam.

— All the people and companies who help Nancy.

— Bill Riedesel for devoting time and energy to kids through the G.A.P. Program.

— Kathy Boyd for working so hard to get labels to trade for school equipment.

— Anyone who will donate an hour or two per week to maintenance of the bluebird houses at DeSoto Park.

WELCOME

There is a new shop in Mentone, known as the Craftsman's Village, and it is in the Hitching Post. You enter through the rear of the building, and it is well worth the short walk around to the back.

Candy Shaffer has all sorts of items for sale including: gourmet coffees and teas, potpourri, candles, framed doilies, children's wooden toys, baskets of all kinds, Christmas ornaments, cards, quilts and all sorts of crafts.

Most of Candy's merchandise is handcrafted right here in DeKalb County. **The Groundhog** welcomes Candy to the community, and hopes she is here to stay.

Mentone welcomes Mr. and Mrs. C. C. White from Florida. They have purchased a home on the brow near the Howards. Mrs. White is a gifted potter and artist who hopes to do paintings of local features. A hearty mountain hello to the Whites.

M.A.P.A. Meeting

Shurlee Froehler is doing a great job with the Rhododendron Festival and reports that the cloggers are lined up, the boats are going to be available, and the quilt raffle is going nicely. The beauty pageant was cancelled, however, because of conflicts with school activities.

Grace Howard reported the good news that the new Mentone brochures have been ordered and should be in our hands soon. She read a letter thanking all who gave to the project.

The June Jam Food Concession is progressing as expected. Harrell Jenkins is in charge of food procurement, and he is doing a super job. M.A.P.A. could still use some volunteers to help down at the Jam site. Please contact Harrell at 634-4451, if you wish to be a part of a worthwhile effort. The money made on M.A.P.A. projects is used to make the community a better place for all.

DeSoto State Park is asking for volunteers to help maintain bluebird homes at the park. The bluebirds sent a personal letter.

M.A.P.A. agreed to fund two scholarships to Camp Comer. This amounts to \$280.00, and it is hoped boys from Mentone might benefit. It was agreed to see if there was a need in the Girl Scout troop, and it was suggested Linda Biddle be contacted.

Debbie Stallings, a representative of the Lookout Mountain Parkway Association, presented a plan for a map of the parkway that would advertise different places of interest along the way. This would help pay for the printing and distribution. M.A.P.A. agreed to table it until another year, as they have already funded a brochure.

Homer Crow and the Nominating Committee are still hard at work, and should have something to report at the June meeting.

Adapted from the minutes of Bill Riedesel, Secretary

The Groundhog

205-634-4198

Published monthly by the Mentone Area Preservation Association. First conceived on Groundhog Day, 1982, and organized April 6, 1982, for the purpose of preserving and protecting the heritage, natural environment, and other unique qualities of life in the Mentone Area. Chartered as a non-profit organization by the State of Alabama.

THE GROUNDHOG STAFF

MIKEY STRICKLAND, EDITOR
JEAN POWELL, ASSOCIATE EDITOR
CONTRIBUTING EDITORS:
CHARLES WHITE MCGEEKE
LINDA BROWN
GREGORY PURVIS
DESMOND DISNEY
LEW KEITH
RANDY STILL
NOVA DEAN KILLGORE
BERNISE CROW
HELEN TURNER
BILLY JONES
SHAR BAUCE
ZORA STRAYHORN
MAPA OFFICERS
DONNA BUCKLEY, ACTING DIRECTOR
BILL RIEDESEL, SECRETARY
HARRELL JENKINS, TREASURER

To MENTONE AREA PRESERVATION ASSOCIATION, BOX 50 in support of the objectives of MAPA, desiring to join with others in preserving and protecting the heritage, natural environment and other unique qualities of life in the Mentone area, I enclose \$10 for voting membership for one through June 1988

NAME: _____

ADDRESS: _____

The Mentone Brochures Are Here!

I would like to thank Linda Brown and the Mentone Crafts Festival for giving me the challenge and the financial backing to try to accomplish this. Also thanks to the Mentone Area Preservation Association for equal financial backing.

Thanks to the Chattanooga Printing and Engraving Company for a price break that made our effort possible. My biggest "thank you" goes to Harrell Jenkins for sharing his knowledge of the printing business. Without him, I would have been "out" on first base.

Most of all, I would like to thank each of the merchants and camps whose large or small donations paid the other third of the cost. These are the Town of Mentone, Nippersink Lodge, Mentone Superette, The Gourdie Shop and Mentone Realty, Cragmere Manna, The Log Cabin Deli, Camp Skyline, Camp DeSoto, Camp Laney, Camp Alpine, Camp Saddle Rock, Mentone Springs Hotel, Mentone Inn, Crow's Nest, Aries Gems, Ferguson's Grocery, Cloudmont Ski and Golf Resort and Lookout Mountain Properties, and Family Home Developers.

Thanks to John Cooper and Terry Hutcheson for their time in helping us try to solve a sales tax problem. We realize several small business people could not help at this time, but we appreciate their best wishes for our success.

Thanks Mentone
Grace Howard, Chairman
Fund-Raising For Mentone Brochure

MOUNTAIN WATCH

BY CHARLES WHITE MCGEEKE

During the past few weeks mountain watching has been a most pleasant experience. First there was the transformation of an old store into the modern offices of the law firm of Cooper and Hutcheson. Several times Jean and I had breakfast at Tigers Inn in Valley Head, then went next door to watch the progressive stages from tearing away the rotten wood, on through to the carpeting and finishing.

At about the same time rapid progress was being made on repairing damages to the stone wall that runs down the mountain alongside Highway 117. We stopped and chatted with the workers. Watching stonemasons at work has long been one of my favorite hobbies.

Even more exciting is the rapid work in completion of the log cabin at the south end of Jones Plaza. This is that complex, a basic design of artist Charles Wesley Edwards, composed of log cabins, ancient ones, moved by Jack Jones to the area which extends east from the Log Cabin Deli.

This newest addition is a dog-trot variation — two cabins with a breezeway between — and an upstairs apartment which will be available for rental. The Joneses also plan a gazebo in the center of the parking lot, which can be used for concerts and other events. It is the beginning of providing a "heart" to downtown Mentone.

Restoration of the wall on Highway 117 is being done by State Highway workers at the instigation of MAPA and with stone purchased by the Mentone Area Preservation Association.

What's next on the MAPA restoration agenda? Most certainly it will be the sidewalk running from the Hitching Post to the Post Office. Not only will it further a "heart" atmosphere for Mentone, it will provide a safe means of walking through downtown, plus making better egress to our businesses. This is a process of mountainwatching I truly, truly am eager to observe.

This time next year we'll be watching the Mentone political scene. It's easy to remember because our election falls the same year as the presidential contest. Our mayor and entire council will be coming up for reelection. So far, unlike in the presidential campaign, there have been no withdrawals or announcements. We'll be watching.

At this writing the principal item of conversation is the proper time to plant a vegetable garden. Some folks are secretive. My Grandma Scott, back in Summit, Miss., was an excellent gardener. She held to Good Friday as the best time. One good friend holds to the position of the moon — the Old Almanac insistence on the astronomical signs. He insists that they are surprisingly accurate.

One garden editor visited an elderly aunt who always has a good garden and ferreted out the secret. The soil has to "feel right," she insisted. Most people nowadays are principally hoping there won't be a repetition of last summer's miserable dry spell.

Jean is the gardener in our family and a good one she is. She is a May First advocate. This conclusion is based on a garden record book in which she records the first and last freezes, and when the various plants blossom and bear fruit (or vegetable). All in all, the "last freeze" theory is most prevalent, although some gardeners are just plain gamblers. They like to try and outsmart the last freeze.

There's always something to watch in Mentone. We never tire of seeing our landmarks, our natural settings, the changing of the seasons, the constant building process, which seems ever to merge into the beauty of the landscape. In just a few weeks we will be watching the annual Rhododendron Festival, followed by the Crafts Festival which draws exhibitors from throughout the southeast.

The camps and inns, so much a part of the summer scene, are about to open. There will be more tourists visiting the Mentone Springs Hotel and the other spots at Old Hotel Square. Our summer people are already returning from Florida and South Alabama. The excitement of summer has its own tempo and flavor. Then comes the time around October when we have the place to ourselves again — we old-timers and year-rounders.

So much for mountainwatching. What about mountainlistening? Years ago I wrote a poem about "The Mentone Wind," in which I described the wind at Mentone as more vigorous and exciting than the wind anywhere, and yet more gentle and cooling, more musical than anywhere on earth. Certain academic members of my family to this day chide me about how corny that poem was.

Undeterred, I continue. I've always been especially impressed by the sound of the voices of Mentone women. More than anywhere on earth, one can scarcely tell the age from the voice timbre. I'm constantly amazed at how young the more mature ladies sound.... There's nothing quite like the sounds of the camp children singing during their Sunday afternoon picnics at Brow Park.... The threatening sound of the big trucks coming up the mountain.... The sound of skill saws when building begins in spring, and of chainsaws when it's time for the woodcutting in the fall.... The often annoying sound of dogs that wander unattended.... The happy greetings when it's time to pick up the mail at the Post Office — and at Mentone Superette.

Benny Goss Collections

Benny Goss, Postmaster, now has for sale lovely and informative stamp collections. Contact Benny at the Mentone Post Office for selection and prices.

Aid for Bluebirds

The bluebirds of DeSoto State Park have requested help in the development and maintenance of their homes and property there. Anyone interested in this worthwhile project should contact DeSoto State Park.

Letter From the North Lookout Mountain Fire Protection District

Dear Mentone Residents,

Saturday, May 16, the volunteer fire department will hold its annual bake and rummage sale from 9-4 o'clock. Over the years we have been able to raise enough money to meet the financial needs of our department and we hope that this year will be no exception. If you have any good rummage, particularly children's clothes, please bring it by the fire hall this week between 4 and 5 o'clock, in the afternoon. The bake sale has been a good money maker for us and we hope to increase the number of cakes, pies, brownies and breads that we have to sell. Mentone is full of good bakers so if you would like to bake something or if you would like to place a special order, call Elinor Tate at 634-4105. You will also be able to buy a \$1 chance on a \$100 bill so stop by and get your name in the hat. The drawing will be held at 4:00 at the fire hall.

The board has recently met to discuss the possibility of purchasing a new holding tank truck for the department. The old truck that we now have was purchased through matching funds from the State. This truck requires quite a bit of maintenance to keep it running and because of its size and weight it is slow to get to a fire. Fire Chief Hershel Pruitt feels that we can purchase a ton and a half truck with a lighter holding tank for approximately \$4,000. The volunteers feel that they would be able to respond to a fire quicker with a truck of this type. We are now in the process of trying to locate a truck like this and equipping it. This project will be the main thrust of our fund raising for the coming year.

The volunteer fire department depends on the bake and rummage sale to raise the necessary money for the department's yearly operation. This event alone will not enable us to meet our financial responsibilities. Each year many of you have generously given contributions to the department. We want to thank you for your help in the past and we hope that the work of the volunteer firemen and this department will continue to rank high on your list of worthwhile causes.

We still need more volunteer firemen. If you are interested in working with this group of men, please contact Hershel Pruitt.

We appreciate your continued support of the fire department and we hope to see you this Saturday at the fire hall.

Sincerely,
Marty Griffin
Chairwoman



Anchors Away, Ann



Ann with Wade and Andy Phillips who were presented as candidates for baptism on Easter Sunday, April 4.

The Rev. Ann Q. Lohr, pastor of the Mentone Methodist Church and the Valley Head Methodist Church, is soon to leave this area to become a chaplain in the United States Navy. Our loss is definitely their gain, for Ann is a gifted minister. She has been a member of the community for three years. She came here fresh from the Resident Chaplain's position at Carraway Methodist Medical Center in Birmingham, Ala.

Letter From Ann:

I never intended to be a pastor. I never thought I would be a Chaplain in the Navy either. You don't just get up one morning and say, "I think I'll be a Navy Chaplain."

My going into the Navy was God's idea. It came out of my prayer life, work with a spiritual directory over the last three years, and my participation in the Upper Room Prayer Ministry Spiritual Academy over the last two years.

All I had in mind was to grow closer to God and to keep growing as a Christian disciple.

The average age in the Navy is 18 or 19 and that is the time when young people really need a pastor for family ministry and crisis ministry. It is very important because of long separation at sea. I will miss everyone, for I think of this area as my home. I thank everyone who took me to home and hearth over the last three years and hope the friendships I have made during this time will last forever.

Little River Catch



Who says there are no big ones in Little River? Roy Strickland Jr. thinks otherwise, especially after catching this "hawg" near his home. Roy Jr. believes in catch and release, so this beauty was swimming away a few moments after this picture was taken in April.



Steel
Makes the
World

Construction Steel
Industrial
Supplies

WE HAVE A FULL
LINE OF DAYTON
AND RELATED
BRANDS

Mar-Mil Steel
& Supply Co.

Rt. 11, South
Ft. Payne, AL 35967
845-1841

THE LOG CABIN

Restaurant
& Deli

Hot dinners,
Specialty sandwiches,
Homemade desserts,
and take out orders.

MON. - THUR. 11-7 FRI. - SUN. 11-9

Historic Hotel Square
DELICIOUS OLD-TIME FOOD - GOOD COMPANY
CABIN HOSPITALITY
Mentone, AL 205-634-4360

Chef's Meeting At Cragmere

Randy Still, owner of Cragmere Manna, hosted the Chattanooga Professional Chefs and Cooks Association on April 27. Several local residents attended, including Gail Crider, Bob Brooks, Bernice Crow, Lynn Castleberry, Mickey Strickland, Dana Goggans and Karen and Mark Herndon.

Tony Goggans provided the entertainment and he and Randy brought down the house with their unique rendition of "Elvira." A fascinating demonstration on how to make an orange sauce for roast duckling and a presentation by Lila Crow were special features of the evening. Ms. Crow is a representative of the Gibbs Wild Rice Co. in Minnesota. The company is on a Chippewa Indian Reservation and offers wild rice that has been gathered in canoes in the traditional way, plus a rice cultivated and harvested in paddies.

Roy Strickland, Jr., a chef at Cragmere, was recognized for his achievements and has been invited to become the first junior member of the Professional Chefs and Cooks Association.

FORT PAYNE KENNEL CLUB FORMED

Business Meetings are held the first Monday of the Month, with classes held on all other Mondays at the Rainsville V.F.W. at 7:30 p.m. More information can be obtained by calling 845-5537 in Fort Payne or 582-8089 in Guntersville.



Willard Scott

30 ROCKEFELLER PLAZA, NEW YORK, N.Y. 10020

TODAY

Dear Mickey,

Thank you for your letter and the paper. It was very thoughtful of you.

I will be looking forward to future issues of "The Groundhog." All best wishes.

Willard

The Red Barn

This and that, glassware,
Junk, Collectibles, Antiques and more.

Hwy. 117 Mentone, AL Ph. 634-4163

Summer Hours: 5:30AM till
10:00PM IN VALLEY HEAD



VALUES That Stand Up

BEAR this point in mind the next time you
NEED TO PURCHASE SUPPLIES:

THE TRIANGLE GAS & GROCERY
STORE

HAS QUALITY AT A LOW PRICE
DIESEL FUEL AND GASOLINE,
GROCERIES, GIFTS

12 ply. Coke - \$3.67

all R. C. Products 39¢

— ALSO HUNTING & FISHING LICENSE —

CRAFTS CORNER

by Helen Turner

Well, it is almost that time again. The young folks will soon be out of school and you are going to hear, "But Mama, I don't have anything to do!" There are so many activities for young people to do that are very inexpensive, and the materials are usually things you already have around the house.

One of my favorites (which is fun for older folks as well) is doing rubbings. All you need for this activity is a piece of paper (the wants ads in the back of a newspaper, along with crayons make a very interesting print), crayons or charcoal and a textured surface.

To begin: Peel the paper from your crayon. Old broken ones are fine for this. Place the paper over the textured surface. Surfaces of tree trunks, bricks, rocks, boards and old gravestones make beautiful rubbings. Rub the crayon over the surface of the paper and watch the design come through. This is a fantastic discovery activity. The rubbings can be framed or just fastened to the wall like posters.

Paper mache is fun to make and will keep youngsters busy for hours. It is a bit messy, so if you have a picnic table outside, this would be a safer place to work.

For this activity, you will need flour and water for the paste, newspapers and poster paints. Mix equal parts water and flour. (2 cups water and 2 cups flour) and stir until smooth. Mix only what you need for each project or refrigerate the leftovers because this mixture will spoil.

Cover your work area with newspapers. Tear other papers into strips 2 inches wide and 8 inches long. Tear a lot of these strips.

You can form heads, masks, animals or anything your imagination will allow. To make a mask, blow up a strong balloon and tie it to a heavy object. Dip each strip of paper into the paste and stick it onto the balloon, overlapping each one until there is a thick layer all over the balloon. If you want a nose, or want any raised surface on your mask, make balls of newspaper, stick them on and cover with the strips.

Set your mask to dry for at least one day. When the mask is dry, let the air out of the balloon. Paint the mask with poster paints. Cut it in half and make holes for the eyes if you wish to use it.

Baker's clay, which we discussed more thoroughly in an earlier column, is a favorite of all youngsters. It can be formed into any shape desired and can be air dried or baked in the oven.

We will do a series of activities for young folks this summer and if you have anything special in mind, write c/o THE GROUNDHOG, P. O. Box 51, Mentone, Ala. 35984.

From a 1941 Summerville News

Rhododendron Festival Be Held May 23-29

The Lookout Mountain Rhododendron Festival will be held May 23-29 in DeKalb County, Alabama.

Visitors to this festival will see some of the most beautiful works of nature in this part of the country; the gorgeous rhododendron in profusion, Mentone and DeSota State Parks.

An interesting program is being planned for the seven-day period. On Friday, May 23, a motorcade will be formed in Fort Payne for a trip to Lookout Mountain. The king and queen of the festival will lead the motorcade, with the princesses from the towns participating following. All visitors are invited to join in this trip.

On May 23 and 24, the Tutwiler home in Valley Head, a beautiful colonial home with antiques and Civil War relics, will be on display. The ladies in the receiving line will be dressed in ante-bellum costume.

Saturday night, May 24, the festivities will be climaxed with the Rhododendron Ball, which will be held at Mentone.

Hotel accommodations will be available in Fort Payne, DeSota Park cabins, and Mentone during the entire week.

Mr. and Mrs. H. L. Hood, Mrs. J. C. Stewart, and J. B. Atkins, of Fort Payne, officials of the festival, were in Summerville yesterday in connection with the celebration. Their trip has taken them to Centre, Ala., Cave Springs, Rome, Summerville, and Menlo.

Beautiful Trip For Zora Continued:



As was stated in my last column during my visit with Bob and Lois Standish, our reminiscences continued.

I grieved when I learned about the details in the death of their son Bobby. (Bob is tenth generation Miles Standish and Lois is descended from the Peregrine White family). Lois has to take rest periods or her "little lie downs" as she calls them because of recent surgery. But that gave Bob and me time to recall our early childhood in San Bernardino, Calif. He filled me in on his WW II Air Force experiences in the China-Burma-India theater, having walked over parts of the Himalaya Mountains as well as flying over them. He entered the service as a private and rose to the rank of major.

Bob is retired from the National Park Service. Our government loaned him to the IUCN (International Union for Conservation of Nature and Natural Resources) as director of information and publication editor. For seven years Bob and Lois lived in Switzerland. Bob returned to Washington, D. C., and continued to work for the Parks Service before retiring. The PARKS magazine is his brain child.

It was fun to be wined and dined about the Capitol. Bob, Lois, and I dined at The Cosmos Club. One room is covered with pictures of Nobel and Pulitzer prize winners. Another day Lois, Bob, and I visited the National Cathedral and viewed a stained glass window which was inlaid with a piece of moon rock.

On one occasion Bob and I toured the Kennedy Center for the Performing Arts and lunched at the Roof Terrace Restaurant. The Vietnam War Memorial is overwhelmingly sad.

On returning to Chattanooga, Bob and Ann Otmer met me. Arriving home, Evelyn Bain was awaiting my return with a cozy fire in the fireplace and flowers were in all the vases.

My cup runneth over — I will have to hold up a bigger cup!

But that is not all the story. A couple of nights later I had a call from the AT&T conference operator for overseas asking me if I lost my telephone credit card. I had not. Someone in the McLean, Alexandria and Arlington, Va., area was using my credit card number at coin boxes to call Somalia, East Africa. The next morning I cancelled my credit card and wrote a letter of thanks to AT&T. The only explanation is that someone could have heard me when I called Dover the day I arrived. Unbelievable.

Zora Shay Strayhorn

HICKEY'S BUILDING SUPPLY WAGON - LOAD OF VALUES

SIDING-ROOFING-PLYWOOD-VANITIES-KITCHEN CABINETS-TREATED LUMBER

845-5210



PANELING-ALL KINDS DOORS-STORM DOORS

Open Mon. - Friday 7 AM - 5 PM
Sat. 7 AM - 12 Noon
Same Location For 12 Years
DeKalb Co., Ala. - Fort Payne

THE GOOD OLD BARGAIN DAYS ARE BACK

ENJOY YOURSELVES IN MENTONE

camp laney
for boys

RT. 1, MENTONE, AL. 35984

AND HELP KEEP DEKALB CO. BEAUTIFUL

COMPLIMENTS CAMP LANEY



A Picture of Contentment

FIRST QUALITY FILM AND
PROFESSIONAL PROCESSING
FROM

QUALITY PHOTO
IN

845-5110

FORT PAYNE, AL

One-Hour

Photo Finishing

©1981 Gulf Air W

The Herb Garden

Plantain



SMALL LEAF PLANTAIN
Plantain is an old English remedy at one time widely used internally.



Greater Plantain

There are two types of plantain, *Plantago lanceolata* and *Plantago major*. The leaves are broader on *major*, but they are of equal value medicinally. The fresh leaves are a mild astringent and good for cuts, scratches, insect bites and stings. Just crush the leaves and apply directly to the wound or sting.

Plantain will normalize all stomach secretions. A tea made from the leaves is useful in clearing up mucus from the head. It is also useful in treating chronic lung problems in children. The fresh juice has been used in treating mild stomach ulcers.

The seeds are related to psyllium seeds and can be used in the same way. Plantain is rich in Vitamins C, K and T. It is rich in calcium, potassium and sulfur. There is also a high content of trace minerals.

A delicious green drink can be made by putting 6 to 8 plantain leaves in a blender with pineapple or other fruit or vegetable juice and blending until well mixed.

This naturalized herb is found growing in many parts of this area, often in yards. The Herb Shoppe has plantain in capsule form, alone, and in combination with other herbs.

Medicinal Herbs
Foot Reflexology

Natural Vitamins
Homeopathics

The Herb Shoppe

Billy R. Jones, M.H. ND.
518 North Gault Avenue
Fort Payne, Alabama 35967

PHONE (205) 845 - HERB

(205) 845 - 4372

PH. (404)
857-6550

Hello,
Have you
heard about
Pledger Building Supply?
They're located at the Old Junior High
Auditorium in Summerville Georgia
Hwy. 27 South

Check out their complete building line...paints, stains,
floor coverings, windows and doors, plumbing and
electrical supplies
plywood, treated lumber and landscape timbers.
Call everyone you know!

But BROWN'S CLEANERS took them out.

—AN OLD COMPANY WITH NEW IDEAS—

Cullmonite Visits Valley Head

By Jean Powell



Eloise Brown, Sister Allen, Rev. Lohr

Sister Maurus Allen, a Benedictine Sister of Cullman, Ala., made her first visit to Valley Head for poetry reading by local women. Sister Allen commented on the beauty of Valley Head as a garden spot of the world: "I am honored to have been invited by Rev. Lohr to experience the art of this area. I spend time seeking out expressions of music, poetry, quilting and crafts in Northern Alabama."

Sister Allen is a native of Montgomery. She is Subprior of the Benedictine Community in Cullman, Director of Spirituality of the Conference Center, and Professor of Biblical Studies. She is an extensive traveler, having studied and done Biblical Archeology in Israel and spent a year in India studying the Hindu Scriptures. Sister Allen has traveled most of the European continent.

Sister Allen said her visit to Valley Head will be remembered as one of the great delights of her travels.

COUNTRY JOURNAL

By Bernise Crow

There are so many ideas for curing ailments in the country manner, that I wish I had a book of them. One good source is the Foxfire Books.

My Grandmother Taylor knew many ways to doctor her family. In the years she was growing up, doctors and drugstores were not nearby, and she learned from her mother ways of treating illnesses with what she had close at hand.

I can remember her going to the woods and looking for "medicine plant," which is pepsissawa. Her knowledge of herbs would be invaluable today — just wish I had learned them or made a listing of them.

She and my grandfather made pokeberry wine every summer for rheumatism. I don't know whether that cured them or not, but it sure did make them feel better! They would also build a fire with rich, pure kindlin' and catch the resin in a tin cup. They mixed this with turpentine to make a salve for sores and boils. Kerosene was a staple in the household — used for burning in lamps for light and to pour on cuts for purifying and healing.

My son, Barry, said he remembered his great-grandmother Magnusson putting milkweed on warts on his hands. He said it worked, and the warts disappeared. A Few of Grandmother's Remedies:

Ginseng and Yellowroot may be chewed to aid or cure stomach trouble. My stepfather, Fred Castleberry, dug Ginseng and kept a piece in his pocket to chew on.

Asafetida and whiskey mixed in water or milk was good for colic.

For blood builders, put yellowroot in quart jar of whiskey. Let roots soak it up. Use cherry bark to flavor it. I suppose one chewed the roots.

Poke salad greens (sallet) was a must as a spring tonic — suppose to "worm" the kids.

Sassafras tea was good for blood builder and some people thought it was a must in spring.

For arthritis use mixture of honey, vinegar and moonshine (or use powdered rhubarb with moonshine).

Red pepper and moonshine was a cold remedy.

To keep cramps out of your feet, turn shoes upside down before going to bed!

For earache, take hot ashes from fireplace, put in cloth and place on the ear.



The Gourdie's.
"Imperfectly Adorable"



FAMILY HOME DEVELOPERS

RT. 1, BOX 242-A - MENTONE, AL 35984
PHONE: (205) 634-4198
COMPLETE HOME BUILDING & REMODELING
BUILD ANY TYPE - LOG HOMES A SPECIALTY
— OUR PLANS OR YOUR OWN SPECIAL DESIGN —
BUILD TO ANY STAGE OF DEVELOPMENT
ROY L. STRICKLAND DWIGHT (GOMER) POWELL



TERRI'S TIME SAVER IS WORTH THE RIDE.

TERRI'S TIME SAVER

AT FISHER CROSSROADS NEAR DESOTO STATE PARK
HAS A FULL LINE OF GROCERIES & CAMPING SUPPLIES

—PLUS—

DELI SANDWICHES AND OLD-FASHIONED DIP ICE CREAM
HOT DOGS, HAMBURGERS,

SOFT DRINKS HUNTING & FISHING LICENSE

WE NOW HAVE TEXACO GASOLINE

KEROSENE, ICE, GIFTS, FILM

OPEN 7:AM TO 10:PM

Bell's Grocery Torn Down

The site of Bell's Grocery in Valley Head is being demolished to make way for an expansion of the Citizen's Bank.

THE MENTONE SPRINGS



- HOTEL/MUSEUM -

Tours 10 am-6 pm, beginning Monday, May 25th. Restored rooms, special exhibits. Admission charged.

- THE RUSTY FOX -

Opening Saturday, June 6th. Unique atmosphere & refreshments.

- ANTIQUES AUCTION -

Beginning Saturday, June 6th, 6:00 p.m. CDS. Outside, behind hotel. 1st and 3rd Saturdays.

- "DICKER DAYS" -

Flea Market every 2nd Saturday on hotel grounds. All-day sales. \$5-\$10. Starts June 13th.

- Special Events -

July Flower/Garden Show, Antique Dolls and Toys Show, Gem and Minerals, and much more. Watch for announcements.

- ALABAMA STATE ROOM -

Newly decorated room, available for weddings, receptions, meetings, etc.

COUNTRY COOKIN'

WITH NOVA DEAN KILGORE

CHERRIES A LA MODE

3 tablespoons lemon juice
2 tablespoons brown sugar
1/8 teaspoon salt
1 (21-ounce) can cherry pie filling
Commercial pound cake
1 quart chocolate ice cream

Combine lemon juice, sugar, salt and pie filling in a one-quart saucepan; heat 5 minutes. Spoon sauce over pound cake slices, add scoop of ice cream, and top with additional cherry sauce. Serve immediately.

SPICED PEACH SAUCE

1 (28-ounce) can sliced peaches
1/4 cup sugar
1/4 teaspoon salt
2 tablespoons cornstarch
1/4 cup water
1 tablespoon butter or margarine
1/4 teaspoon ground nutmeg

Drain juice from peaches into a 1 1/2 quart saucepan; heat juice to boiling. Combine sugar, salt and cornstarch; stir in water. Add to juice, stirring constantly until liquid thickens. Remove from heat; add butter, nutmeg and peach slices. Use as a topping for plain cake or ice cream.

ASPARAGUS CASSEROLE

1 can asparagus spears (drain and reserve liquid)
1 can cream of mushroom soup
4 hard boiled eggs
3/4 pound Cheddar cheese
12 saltine crackers
3/4 cup milk

Cut cheese in small cubes. Chop eggs. Crumble 4 crackers in bottom of buttered casserole dish; add layer of cheese, eggs, asparagus and soup. Alternate layers until all is used. Pour milk and 2 teaspoons asparagus juice over all. Sprinkle with rest of crackers. Bake at 350 degrees for 25 minutes.

STIR-FRIED ZUCCHINI

3 tablespoons vegetable oil
1 pound small zucchini, unpeeled and cut in strips
1 medium onion
2 tablespoons sesame seeds
1 tablespoon soy sauce
1/2 teaspoon salt

Heat oil in large skillet. Add zucchini and onion; cook 5 to 10 minutes over medium heat, stirring frequently, until crisp-tender. Quickly stir in sesame seeds, soy sauce, and salt.

saddle rock camp for girls

634-4608

ATOP LOOKOUT MT. — MENTONE, ALABAMA

Rocky Hill Jersey Farm

1 mile South of DeSoto State Park
on DeSoto Parkway

24
FLAVORS
OF
ICE
CREAM



MILK

CHOCOLATE
MILK

FARM FRESH TO YOU

The Finest Dairy Products

REAL BUTTER

Available!

BUTTERMILK

WHY ROOM?
SHOP AT
HOME



"SQUIRREL" AWAY SOME
BARGAINS AT

HELENA'S CHEVRON

COMPLETE LINE OF GROCERIES IN

A MUCH BIGGER NEIGHBOR

NOW

GROCERY STORE IN PART OF

STORE FORMERLY OCCUPIED BY

HAZEL'S RESTAURANT

WE'VE ADDED

A DELI W/ COFFEE &

SANDWICHES AND SOFT DRINKS

WITH ICE -AND- CHEAPER

GASOLINE

we gotta be

NUTS

to offer prices

like these!

HELENA'S

CHEVRON

Mentone, ALA



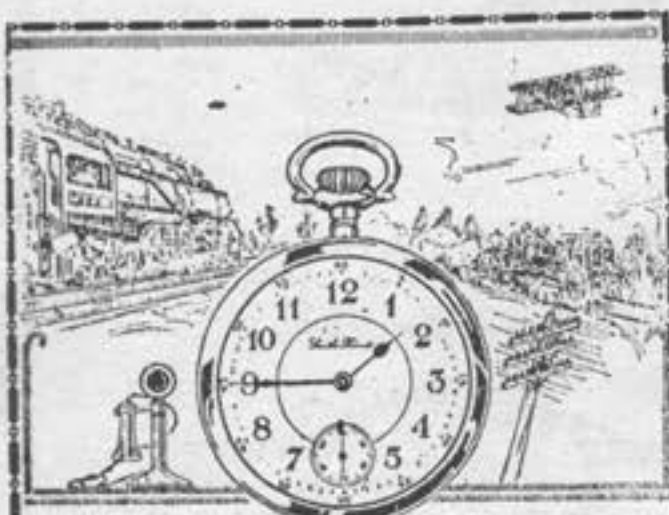
Day 404-862-2121

Night 404-857-3914

Serving Landowners more than
25 Years

We pay top price for Standing
Timber and Pulpwood

We Buy Logs Delivered to Mill
Call Before You Sell



By Car, by Plane, by Train -
it's time to see

Jack Jones

For lots atop Lookout Mtn!

Brow Lake, River and DeSoto

Parkway Lots -- \$8,000.00

10% down -- 10yr. pay 10% Int.

Payments only \$95.16 Mo!

SEE

Jack Jones & Associates

Mentone office across from

Hitching Post

Phone -634-3841



MABEL CROW (KIRK), INSET

A WALTZ AT MENTONE SPRINGS

THE YEAR WAS 1920, AND MABEL CROW WAS A YOUNG GIRL OF THIRTEEN. SHE HAD JUST GOTTEN HER FIRST JOB AS A MEMBER OF THE HOUSEKEEPING STAFF AT THE MENTONE SPRINGS HOTEL, AND LIFE WAS PROVING TO BE VERY EXCITING.

"I TOOK FRESH LINENS TO THE ROOMS AS THE GUEST NEEDED THEM," MABEL SAID, "AND I DUSTED THE FURNITURE IN THE LOBBY DAILY." THE PAY WAS ONE DOLLAR PER DAY, AND THE HOUSEKEEPING STAFF LIVED AT THE HOTEL.

THE HOTEL WAS PROSPERING IN THOSE DAYS, AND ACCOMMODATED ABOUT 200 GUESTS. GAS LIGHTS WERE USED TO ILLUMINATE THE BUILDING, AND THE MEALS WERE PREPARED BY A COOK NAMED ROSA WHO "MADE THE MOST DELICIOUS PIES AND YEAST BREADS."

THAT SUMMER, YOUNG MABEL WAS INTRODUCED TO THE BEAUTY OF CLASSICAL MUSIC. SHE WOULD HIDE BEHIND THE DINING ROOM DOORS AND LISTEN TO THE ORCHESTRA PRACTICE FOR THE EVENING PROGRAM. THE FURNITURE WOULD BE PLACED ALONG THE WALLS, AND GUESTS WOULD DANCE BENATH THE GAS LIGHT ON POLISHED WOODEN FLOORS.

ON ONE PARTICULAR EVENING, AS MABEL LISTENED IN HER USUAL PLACE, THE YOUNG DOORMAN SPIED HER THERE AND SPOKE, "WOULD YOU LIKE TO DANCE A WALTZ WITH ME?" "BUT I CANNOT DANCE," MABEL REPLIED. "OH YES YOU CAN" TOMMY ZIEGLER SAID AS HE REACHED HIS HAND TO HER. "COME."

MRS. PHILLIPS, THE VIOLINIST, BEGAN TO PLAY THE LILTING STRAINS OF THE BLUE DANUBE AND THE BROWN-EYED BOY OF FIFTEEN, FAR FROM HOME, WHIRLED THE YOUNG MOUNTAIN GIRL ABOUT THE FLOOR. SHE WORE BUT A SIMPLE DRESS AND COUNTRY SHOES, BUT FOR A MOMENT CAPTURED IN TIME, SHE WAS CINDERELLA.

YEARS LATER WHEN MABEL'S OWN YOUNG DAUGHTER, AMELIA, WALTZED IN THE SPOT LIGHT WITH HER PARTNER, MABEL REMEMBERED HER OWN DANCE WITH THE HANDSOME JEWISH BOY AT THE GRAND OLD HOTEL. "HER GOWN WAS GOLD, AND THERE WERE GOLDEN SLIPPERS ON HER FEET," MABEL REFLECTED, "AND SHE WAS AS LOVELY AS I FELT ON THAT DAY IN MY 13TH SUMMER."



THESE GIRLS ASSISTED MRS. MILLER, HOUSEKEEPER AT THE HOTEL DURING THE SUMMER, 1920. FRONT, MABEL CROW (KIRK), MRS. APPELEGATE. BACK, RUTH SMITH, MARY HARDRICK, MRS. MILLER, EMMA HARDRICK.

Emma J. Smith Descendants

The Groundhog has prints of Emma Smith for sale at cost. Please call after 6 p.m. if you wish to purchase them. Call 634-4198.



HE'S
ARRIVED...

Name David Keith

Date Thursday, April 16

Time 12:39 A.M.

Weight 6 pounds 7 ounces

Length 22 inches

Parents Glenn + Linda Miller

Brothers: Curtis + Kenneth



"BUT RHETT, DÄHLIN",
I DO GIVE A DARN ABOUT DINING
IN THE RHETT BUTLER ROOM!

AT

Mentone,
Alabama

CRAGSMERE
MANNA

634-4677

Reservations
Accepted

Restaurant

Friday - Saturday 5-9 Sunday Buffet 12-3

donna's
FT. PAYNE, AL.

Circus of values

GRADUATION CARDS & GIFTS -
- ALL OCCASION CARDS &
PERSONALIZED STATIONERY - BABY BOOKS
INVITATIONS - GIFTS - ALL KINDS OF TOYS
AND STUFFED ANIMALS - ERASERS - PENS
PAINTS - NOTE BOOKS - TUBE PAINT - BOOKS
BIBLES - PAPER FOR GIFTS - COMICAL AND
INSPIRATIONAL MUGS - POSTERS AND
MUCH MORE!

AT donna's 220 GAULT AVE. N

Sylvania Rd. and 1-59 (Airport Road)

GOT A TIRE PROBLEM?

SEE US FOR ALL YOUR
TIRE AND SERVICE NEEDS!

Goodyear,

Continental, Michelin, Condovan,
Trisun and Falken Tires

**FORT PAYNE WHOLESALE
TIRE CO., INC.**

205-845-2209

MENTONE SPRINGS HOTEL (CONTINUED)

been restored and replaced, with additional pieces added to give the appearance an atmosphere that existed at the hotel during its heyday.

According to Bon Fleur, "Even those who have recently visited the hotel will be surprised at the changes." He added, "The hotel and environs (grounds) are strictly 'off-limits' from now until opening day."

An admission charge of \$1.50 will be charged for adults, and 75c for children touring the historic structure. Mentone residents will receive a complimentary season pass after their initial visit.

Two weeks later, on Saturday, June 6, "THE RUSTY FOX," a unique gathering and refreshment spot will be opened in the hotel's rock-lined basement.

Named for the hotel's past as a gathering place for fox hunters, the establishment will offer "legendary refreshment and friendly conversation" (both of which Mentone is famous for) And, maybe a checker game challenge or two," Bon Fleur said.

The actual menu is a secret, but former owner/developer of Cragmere Manna Bon Fleur added, "There won't be anything else quite like it in this area!"

Beginning the same day (June 6th) at 6:00 p.m., the first MENTONE ANTIQUE ACTION will begin in a newly-designed area at the back of the hotel. Travis Money, a well-known area auctioneer will kick off a quality sale of antiques, primitives and collectible items to the highest bidders.

Area residents who have items they would like to sell at the auction should contact Bon Fleur at the hotel.

Also beginning in June will be a revival of "Dicker Days" — a flea-market/trade day-type event on the hotel grounds. Dicker Days will fall on the second Saturday of each month through October.

Many special events are planned for the summer season at the hotel. Included are a Flower Show and Garden Expo; a gem and mineral show; quilt show; Teddy Bear/Antique Toy Convention; and various themed musical programs.

The Padgett's intend to once again make the Mentone Springs Hotel the vibrant, active center of area social activity and cultural experience that it once was.

They want it to be a place — a symbol — that Mentone will be proud to point to and say "It's ours!"

We Be People

By Martha Stanley

Two centuries ago, in May 1787, representatives of the American states convened in Philadelphia to revise the Articles of Confederation, hoping to bring unity and order to their new nation. The Federal Convention met in Independence Hall on May 14. Because the delegations from only two states were at first present, the members adjourned from day to day until a quorum of seven states was obtained on May 25. Many of the leading Americans of that day were selected by their states to serve their country at this meeting.

Chief among the delegates was George Washington of Virginia. He served as President of the Convention. Mr. Washington talked very little, maybe one reason being because he had new false teeth. They were carved from ivory and didn't fit at all. He was then 55 years old, still with the robust body of his war years with a healthy, weathered complexion. England and Europe were surprised when at the end of the Revolution, he had taken off his uniform and gone back to farming. They had expected that he would use his fame and success to make himself King of America.

Benjamin Franklin, an interesting delegate, had represented the United States in France during the war. He had been crippled for a long time, but now, he was past 80, and his legs wouldn't hold him up at all. Philadelphia was his home. Every morning his daughter and strong men helped him from his home into a softly padded box mounted on two poles. Then they picked it up on their shoulders and gave him a smooth ride to Convention Hall. In spite of pain that often caused him to groan aloud, he still laughed and told jokes. Too feeble to take part in debates, he wrote his speeches and had them read.

Making the Constitution was a hard job during that hot summer of 1787 in Philadelphia. Sentries were placed at the doors of Convention Hall to keep all but members away so that the delegates would not be disturbed. Dirt was spread on the pavement of the street in front to prevent noise.

Perhaps the best estimate of the new government was given by Mr. Franklin. When the sessions were over, a woman asked him: "Well, Doctor, what have we got, a republic or a monarchy?" "A republic," he replied, "If you can keep it." He meant that we could not take our democracy for granted even though the new Constitution left our government in the hands of the people.

The Phillip Hamman Chapter NSDAR encourages you to take the time to celebrate the drafting and ratification of this faded parchment, and the formation of our federal government.



Foodwise

How Things Have Changed

By Shan Bruce

Progress has a way of running headlong in a forward direction without taking the time to look back. This can go on for a long while, then ultimately, the past must be consulted so that the total picture may be obtained. Without a background, most portraits are not complete. So it is with the retail grocery business.

In the late 1940's the retail store started to take on a new look: vibrant colors began to appear on walls and ceilings, enameled shelving came into use, tile floors added to the total look and made cleaning easier. Cash registers started to itemize receipts, and self-service became the norm.

New display vehicles, called gondolas, offered specials in a new way, and wire baskets brought attention to specialty items. Research into just what was needed to get the attention of the buyer took on a new fervor. Studies in customer attention and focus became as necessary to store design as where to put the check-out lanes.

The open-display freezer cases were a breakthrough in marketing until the oil squeeze, then it was back to the drawing board, and something else was developed, a combination open display, multi-tiered freezer with glass doors. This was a case of necessity being the mother of invention, for utility bills often exceeded rent payments.

The shopping cart became the vehicle of expression in the modern supermarket. The customer just helped himself and chose the desired product from an endless variety positioned on shelves down long aisles. The last holdouts, the meat and produce departments, finally gave in, and with open display cases, this last bastion of personal service fell by the wayside.

A lot of Mom and Pop operations were closed because they could not compete with the volume and variety and price offered by the big guys. And competition between the giants took on frantic overtones. Now, the trend is back to individualization of the markets. New decor, lighting and departments such as floral shops and bakery/deli sections have been added. Ware house groceries have sprung up in a lot of places, offering no frills or service. There are even pharmacies and banks in some stores, making them truly one-stop shopping places.

There has been plenty of progress: now there seems to be a trend toward reflection and glancing over the shoulder of the industry. What have we lost that we should not have lost? How can we give the modern things that customers are used to and yet provide the feeling and personal attention that has been sacrificed to the high-tech delivery of today?

We can't always have a Mom and Pop operation, but we can have the friendly caring and service of yesterday. It is my hope that when people come to Bruce's Foodland, or to any other market, they feel as if they are among people who care about them. Each market department head should be ready to assist in any way to help personalize the service of the store. We cannot go back, but we can carry the best of the past into the future with us.



Nightingale



Artworks

Handcrafted Pottery

Open weekends

Located on the square in Mentone

MENTONE, ALABAMA: A HISTORY

ONLY \$5.00 PLUS \$1.00

POSTAGE AND HANDLING

MAKE CHECKS PAYABLE TO:

Jera Mayhew

Route One, Mentone, AL 35984

CLOUDMONT GOLF OPEN

SPRINGTIME IS TIME TO PLAY
BRING A FRIEND - - - -
- - - - CLUBS TO RENT



MENTONE'S OWN GOLF COURSE IF
YOU DRIVE OVER THE 1ST OR 4TH
GREEN, YOU CAN SEE PLENTY OF
RHODODENDRONS!

LIVEN
UP
THE
9TH
HOLE

WE HAVE WALKING
CARTS OR RIDING -
9 HOLES - 18 TEES



SEE YOU AT THE 1ST TEE!

GARY & CINDY JONES

Phone: 404-862-2711

Now Under New Management



Est. 1935 by Sonny & Lib Woods

CLOUDLAND TRADE CENTER

(Formerly Taylor's Trade Center)

Fresh Barbeque Made From The
Original Son-Lib Recipe

Owned & Operated by Charles & Phil Green
Beverages Plumbing Supplies

Pic-Nic Supplies Exxon Gasoline

Groceries Electrical Supplies

Snacks Gifts Free Bag of Ice With Case of
Beverages

Atop Lookout Mountain on I 17

Between Cloudland and Mentone

THE JOURNEY OF REDDOG

By Gregory Purvis

The young man known as Reddog stood naked on the stones overlooking the Silver Falls, shivering in the cold. The elders had assembled themselves around him, clad in their long brown robes. The old man with whom Reddog had first spoken stepped forward out of the shadows of the pines bordering the silver falls.

"You will gain our help, brave Reddog — but first you must prove yourself worthy of that help. You must conquer your greatest fear." The old man stepped back into the shadows.

There was not much else to be said. Reddog felt a lump of cold fear rise slowly in his throat, choking out the sound of the crickets and the swaying of the pines in the crisp breeze. He knew his worst fear.

A whisper of words came from the shadows: "You must jump the ridge into the void of Silver Falls. You must do it now."

The ridge loomed close, and Reddog found himself standing on the rim, looking down into the swirling blackness below. He glanced back, and the elders were gone. His mind raced with thoughts. The elders could have been some evil illusion, or perhaps he had fallen asleep and dreamed it now. Why should he confront his worst fear, the unknown, and jump to a certain death for a bunch of old men who were no longer there? But Reddog felt their invisible eyes on him, and he thought that his head would explode with conflicting thoughts and desires — he was scared. Thoughts of his village, his people, his love, vanished. There was only the black swirl of what could be water down below.

And Reddog jumped.

His body fell through the air, slicing a path into blackness. Air, cold and minty, stung his lungs, seared them with fire and ice. Reddog hit the water, felt its iciness clutch at his body, and all went black.

Much time had passed, and Reddog awoke on the back of a pack horse bumping clumsily through the forest. It was mid-day, and the sunlight hurt his eyes. He looked up, his head throbbing with pain. Three gray-robed elders walked beside the horse; the tread of their moccasins echoed slightly on the firm ground.

"We near your village, young Reddog. You have been very brave," said one of the old men. "You are truly worthy of our help."

In the late afternoon hours, Reddog was able to walk a bit. The small party came to a level valley, and in the distance they could see the village and the long cords of black smoke coming from it. The fierce and war-like Bear Clan had already arrived. Reddog's mission had been in vain.

"My home!" he screamed and jumped on the unwary horse, ready to spur it into movement. An old and gnarled hand gripped the reins tightly. "Take this with you, Reddog." The man handed Reddog a long length of oak wood cut into a staff. Reddog blinked, gripped the staff, and the three elders vanished. He had no time to wonder where they had gone to; he choked up on the staff and kicked the stubborn horse into a fast gallop.

The horse moved, sweating thick lather even in the bitter cold afternoon. Trees and stones flew by the spirited animal, and Reddog cried out a bitter yell. The flames rose over the wooden log-houses, over the yard, over the racks of drying deer meat. The horse flew faster, down the hill, toward Reddog's own log-house. His people were no where in sight, and on the other side of the village rode the fierce warriors of the Bear Clan, decked in bear teeth necklaces and red war paint, thick and vile.

In their long brazen arms they held torches, setting them down on thatch roof and green house-logs. Reddog was too late. The fires caught, and then Reddog saw his people: running from their houses, screaming in fear. His eyes caught the gentle skin of his lover, and tears filled his eyes. She glanced back, and he saw hope in return. Reddog swallowed his bitter fear and charged into the flaming log-house. The staff the elders had given him struck the firm, unyielding walls of the log house, and a blizzard of snow and ice sprayed all over the wooden side, thrown from the enchanted staff. Ice covered it and spread like fire, putting out flame on grass, wood and torch. The ice sheared through the cold air and found the fierce Bear warriors, freezing them in cold mists. The snow rained down, and all was quiet and blanketed in its purity. Peace and love filled Reddog's heart. A cheer, mighty and drawn out, erupted from his people. They were saved. Reddog's eyes clouded with tears, and he looked back toward where the elders had been only minutes before. In their place stood three new and strong pine trees. Reddog was a hero.

THIS ENDS THE SAGA OF REDDOG.

CHANGING SEASONS

SPRING

Sweet May

Girdled by leaves that swing and sing,
Tenderly in the heart of Spring
Sweet May, you are a gentle thing.

Clothed in garments of myriad hues,
Woven flowers perfumes diffuse,
Bejeweled wens of diamond dew.

Now crowned by azure satin sky,
Lambkin clouds drift lazily by,
When baby breezes softly sigh.

Clusters of Robins in your hand,
Contented chirpings understand
Heaven's bright beauty they have scanned.

You smooth Winter's lined brow away,
You soothe Spring storms to kindly spray,
To prove a gentle thing, Sweet May.

Eloise Brown
Valley Head, Ala.

by Jean Powell

I AM NOT
Talking through my Hat



IN CLAIMING THE SUPERIORITY OF

R MENTONE

REALTOR • REALTY

Sharon Barron

Box 123, Mentone, AL 35984

(205) 634-4767/4776

Member FDIC

HOW OFTEN
do you visit your
bank?

Several times a year? Once a month?
To make a deposit or draw a counter
check?

If you do not visit your bank very often
you are denying yourself a valuable privi-
lege. Our friendly counsel will be of
great assistance to you in your business
and personal affairs.

**THE CITIZENS BANK
OF VALLEY HEAD**

Large Enough to Serve You
Small Enough to Know You

**Nervous
Prostration**



The Ills of Women Act upon the
Nerves like a Firebrand.

THE BEST CURE IS SERIOUS SHOPPING AT
THE WHITE ELEPHANT GALLERIES

IN MENTONE, AL.

SIGNS OF ALL KINDS -
ANY SIZE!

The **SIGN
MAN**

BEAUTIFUL LETTERING AND ARTWORK

404-862-2458

CAMP Skyline

P.O. BOX 387 MENTONE, ALABAMA

Susan and Larry Hooks, Directors
Phone: (205) 634-3201



CAMP SKYLINE RANCH

"WHERE EVERYBODY IS SOMEBODY SPECIAL"

RUBY'S VARIETY
AT VALLEY HEAD
IS
Universally
Accepted
AS
The
Best
STORE AROUND
AND RECENTLY
MOVED TO CHEVRON
STATION

- *FULL SERVICE CHEVRON GAS*
- *COMPLETE LINE OF GROCERIES*
- *GIFTS*
- *CIGARETTES (LOWER COST)*
- *CLEAN RESTROOMS*
- *ICE COLD WATER*




Stocked lake



VISIT OUR LAKE
WINDMILL ESTATES
FOR YOUR MOUNTAIN
HOME, BROW LOT OR
LAKE LOT. 1-4 plus
Acres
MYERS & ASSOC.
205-447-6064
447-6145
447-8585
PIEDMONT, AL 36272
201 S. CENTER AVE.



GO AHEAD AND SHARE!
THERE'S ENOUGH CANDY TO GO
AROUND AT
MENTONE SUPERETTE
MENTONE, AL
PH 634-3111

GO SOBER AND SAFE

VIVIAN NAPIER
CERTIFIED ADDICTIONS COUNSELOR

THE REGIONAL ALCOHOLISM COUNCIL FOR DEKALB COUNTY WOULD LIKE TO WISH EVERYONE A HAPPY AND SAFE HOLIDAY. CONTINUING WITH OUR TRADITION AS A PUBLIC SERVICE AGENCY, WE ARE PRESENTING SOME STATISTICS WHICH WE HOPE YOU WILL KEEP IN MIND DURING THE COMING MEMORIAL DAY WEEKEND.

LET'S ALL WORK TOGETHER TO MAKE DEKALB COUNTY A SAFER PLACE TO LIVE, WORK, AND PLAY, AND REMEMBER, "IF YOU DRINK THAT'S YOUR BUSINESS. IF YOU DRINK AND DRIVE THAT'S EVERYBODY'S BUSINESS."

- (1) THE DRINKING DRIVER IS THE LARGEST SINGLE PROBLEM FACING EVERYONE INVOLVED WITH TRAFFIC SAFETY. SEVENTY-FIVE PERCENT OF OUR ADULT DRIVERS USE INTOXICANTS TO SOME DEGREE.
 - (2) ALCOHOL IS INVOLVED IN SIXTY PERCENT OF ALL FATAL CRASHES IN ALABAMA.
 - (3) FORTY-FOUR PERCENT OF ALL INNOCENT DRIVER FATALITIES ARE KILLED BY DRINKING DRIVERS.
 - (4) EXCESSIVE SPEED IS INVOLVED IN THIRTY-NINE PERCENT OF ALL FATAL ACCIDENTS.
 - (5) FAULTY DRIVER ATTITUDES SUCH AS DRINKING, SPEEDING, INATTENTION, AND FAILURE TO YIELD ARE RESPONSIBLE FOR NINETY-TWO PERCENT OF FATAL ACCIDENTS. IN OTHER WORDS, ONLY EIGHT PERCENT WERE REALLY TRYING TO DRIVE WELL.
- THE PROBLEM OF DUI SHOULD AFFECT EVERYONE OF US. THERE IS INCREASING INTERESTS IN THIS SUBJECT ON THE PART OF THE POLICE, COURTS, AND CITIZENS IN GENERAL. THE MEMBERS OF THE REGIONAL ALCOHOLISM

COUNCIL ARE INTERESTED AND SINCERELY BELIEVE THAT BY WORKING TOGETHER, WE CAN DO SOMETHING TO REDUCE THE NUMBER OF DUI'S AND THEIR UNFORTUNATE EFFECTS. AGAIN, HAVE A HAPPY HOLIDAY BUT, "IF YOU MUST DRINK DON'T DRIVE AND IF YOU MUST DRIVE, DON'T DRINK."

Ambulance Service

The Valley Feed and Grocery has moved next door to The Rock Castle Cafe to make way for an ambulance service which is to refurbish the old building.

for REAL ESTATE in
SUNNY SOUTH

ROMINE-STANLEY
REAL ESTATE

Herbert E. Stanley
Broker - Res. 845-1068

Mary Anne Barfield
Assoc. Broker -
Res. 845-0539

2141 Gault Ave. N.
Ft. Payne, AL 35967



24 hour
TOWING SERVICE

Whatley's Store and Service
CLOSED WEDNESDAYS

COKE
SAM AND TOOTS WHATLEY 12 PKG. 3.09 AL HWY. 117 EAST
DAY OR NIGHT RT. 1 BOX 111
205/634-4168 **FISHING SUPPLIES** MENTONE, AL 35984

Video Games and Fireworks

BOULDIN REALTY
ACROSS FROM HITCHING POST IN MENTONE

HAS FOR SALE

180 ACRES - JOINS LITTLE RIVER
PRIVATE 2 ACRE LAKE 12 MILES
FROM MENTONE - 20% DOWN -
BALANCE 10 YRS. AT 10% - ONLY
75,000.

634-4650



WHAT DOES IT COST?

THIS IS the first question you ask of your dealer
When you enter your hardware store
**YOU WILL LIKE THE
ANSWER YOU GET AT**
Valley Head Hardware in
Valley Head, Alabama
See Mr. and Mrs. James C. Young
FOR FARM, BUSINESS AND HOME
HARDWARE NEEDS
**WE HAVE CONCRETE BLOCKS, SAND AND
ROAD TILE SECTIONS TOO**
Don't Forget Feed for Your Livestock!

A MESSAGE FROM THE DEKALB COUNCIL ON ALCOHOLISM AND DRUG ABUSE

MEDICAL CONSEQUENCES FROM ALCOHOLISM

THERE IS ONE DRUG THAT KILLS MORE PEOPLE, WRECKS MORE LIVES, BREAKS UP MORE FAMILIES, WASTES MORE MONEY, AND CAUSES MORE DISEASES THAN ALL THE OTHER DRUGS PUT TOGETHER. IN SPITE OF THESE KNOWN FACTS, THIS DRUG IS PUSHED VIGOROUSLY BY MILLIONS OF ADDICTS AS WELL AS THE NEWS AND ENTERTAINMENT MEDIA. THAT DRUG IS ALCOHOL!

WHAT HAPPENS WHEN WE TAKE ALCOHOLIC BEVERAGES INTO OUR BODIES? FIRST, UNLIKE FOODS, ALCOHOL REQUIRES NO DIGESTION BEFORE IT CAN BE ABSORBED. ABSORPTION TAKES PLACE TO A SMALL EXTENT DIRECTLY THROUGH THE STOMACH, BUT MOSTLY IN THE SMALL INTESTINE. EATING SOME FOOD BEFORE DRINKING WILL SLOW DOWN THE ABSORPTION OF THE ALCOHOL, BUT WILL NOT PREVENT IT FROM HAVING FULL EFFECT. ONCE ABSORBED INTO THE BLOODSTREAM, THE ALCOHOL GOES TO ALL PARTS OF THE BODY, SUCH AS THE BRAIN, HEART AND LIVER. THE LIVER CAN OXIDIZE ABOUT ONE OUNCE OF ALCOHOL PER HOUR. ONE CAN OF BEER, ONE 4 OUNCE GLASS OF WINE, OR ONE SHOT OF LIQUOR CONTAINS ABOUT ONE OUNCE OF ALCOHOL. APPROXIMATELY TEN PERCENT OF THE ALCOHOL IS ELIMINATED THROUGH THE LUNGS, SWEAT AND URINE. THE OTHER NINETY PERCENT IS BROKEN DOWN FOR OXIDATION (CHANGED INTO WATER, CARBON DIOXIDE, AND ENERGY). UNTIL THE LIVER HAS TIME TO OXIDIZE ALL OF THE ALCOHOL, THE ALCOHOL KEEPS PASSING THROUGH ALL PARTS OF THE BODY, INCLUDING THE BRAIN. NOTHING CAN SPEED UP THIS PROCESS.

A WIDE VARIETY OF SERIOUS PHYSICAL DISEASES ARE ASSOCIATED WITH ALCOHOL ABUSE AND ALCOHOLISM. WE WILL BEGIN BY LOOKING AT THE EFFECT OF ALCOHOL ON THE STOMACH. ALCOHOL IS AN EXTREMELY IRRITATING SUBSTANCE TO THE STOMACH. IT CAUSES FAR TOO MUCH STOMACH ACID AND ENZYMES TO BE SECRETED, AND THIS LEADS TO A VERY HIGH INCIDENCE OF STOMACH AND DUODENAL ULCERS IN HEAVY DRINKERS. ULCERS IN THE STOMACH ARE PARTICULARLY DANGEROUS BECAUSE OF THREE COMPLICATIONS WHICH THEY CAN PRODUCE: ULCERS CAN BLEED AND CAUSE SEVERE ANEMIA AND EVEN DEATH

FROM HEMORRHAGING AS THE ULCER ERODES INTO A BLOOD VESSEL. ULCERS CAN PERFORATE, MEANING THAT THEY ERODE COMPLETELY THROUGH THE WALL OF THE STOMACH. IF AN ULCER PERFORATES, THE PATIENT USUALLY HAS SEVERE PAIN AND MAY GO INTO SHOCK AS THE CONTENTS FROM THE STOMACH LEAK OUT INTO THE ABDOMINAL CAVITY AND CAUSE SEVERE INFLAMMATION. OBSTRUCTION IS THE THIRD FEARED COMPLICATION. AS ULCERS REPEATEDLY HEAL AND BREAK DOWN, THEY FORM RIDGES OF SCAR TISSUE WHICH CAN BLOCK THE PASSAGE OF FOOD THROUGH THE STOMACH. THE FIRST FORM OF TREATMENT FOR ANY ULCER PATIENT IS ABSTINENCE FROM ALL ALCOHOLIC BEVERAGES.

The Lookout

"Atop Lookout Mountain"
CLOUDLAND, GEORGIA
(404) 862-2515



FAMILY HOME DEVELOPERS

RT. 1, BOX 242-A - MENTONE, AL 35984
PHONE: (205) 634-4198
COMPLETE HOME BUILDING & REMODELING
BUILD ANY TYPE - LOG HOMES A SPECIALTY
- OUR PLANS OR YOUR OWN SPECIAL DESIGN -
BUILD TO ANY STAGE OF DEVELOPMENT
ROY L. STRICKLAND DWIGHT (GOMER) POWELL



STRAWBERRIES!

WE'VE GOT EM' AT
Bruce's Foodland

Shan Bruce - Owner
2000 Gault Ave., N.
Ft. Payne, AL 35967



GET THOSE HARD-TO-FIND
AND MOST UNUSUAL ITEMS
AT THE CROW'S NEST IN
The Hitching Post
in Mentone

ANTIQUES - JEWELRY - BOOKS - CRAFTS -
ETC.

Discover DeSoto State Park

DeSoto State Park offers it's visitors colorful nature hiking and Rhododendron trails. DeSoto's Restaurant features a variety of delicious foods from steaks to seafood to country fried chicken, all at reasonable prices. Come browse through our gift shop filled with beautiful crafts and souvenirs. For information on our motel, cabins and chalets, call 205-845-5380



OLD PIONEER CHRISTMAS SHOP
HELEN TURNER
P.O. BOX 345 PH. 634-4185
MENTONE, ALABAMA 35984

NIPPERSINK LODGE

ON LOOKOUT MOUNTAIN
MENTONE, ALABAMA

ADVANCE RESERVATIONS REQUIRED

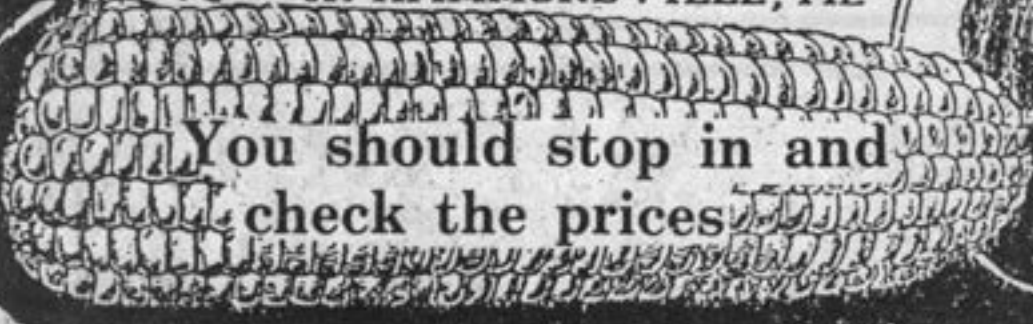


VALLEY FEED & GROCERY

HAS A COMPLETE LINE
OF
**GROCERIES, SEED,
FERTILIZER & FEED**
AND
**SPRING
PLANTS**



WE ARE MOVING NEXT
DOOR TO THE ROCK CASTLE CAFE
IN HAMMONDVILLE, AL



You should stop in and
check the prices



THE GROUNDHOG
c/o M.A.P.A.
P.O. Box 50
Mentone, AL 35984

CAR-RT SORT
Postal Customer
Mentone, AL 35984

Bulk Rate
U.S. Postage
PAID
Permit No. 1
Mentone, AL 35984