



THE GROUNDHOG

Mentone, Valley Head, Hammondville

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Volume 29, No. 10

"Neighborhood News from the Heart of Lookout Mountain"

October 2010

Changing With the Times Fort Payne's DeKalb Theatre

By Mark du Pont

Fort Payne, Alabama, is a town steeped in local color dating back well over two hundred years. Downtown is an easy walk from the south end to the north, starting with the fan club of the country music supergroup Alabama, and ending with the Depot Museum where Hwy 35 turns away from downtown to begin its climb up Lookout Mountain. Along that walk, there are locally owned stores, government offices, restaurants offering good home cooking, and a neat little theatre dressed in yellow and burgundy porcelain panels.

The DeKalb Theatre and the nearby Fort Payne Opera House are the last remaining vestiges of early 20th century entertainment venues along Gault Avenue. Well, almost. If you look south from The DeKalb, you will see a tell-tale roofline on the building where Martin's Jewelry is located. Look next door to Martin's and you will see a restaurant called The Strand with a sign that bears strange resemblance to a theatre marquee. Homage paid to The Strand Theatre, which was The DeKalb's archrival.

One thing I have always enjoyed about the architecture of the Old South is how we mostly made up our own rules as we went along. The DeKalb Theatre bears distinct lines of neoclassical architecture in her façade. But there is no argument that boldly colored porcelain panels come directly from the art deco school of design. Ask locals how The DeKalb came into this design combo and most of them will tell you that she has always looked this way. But, as I have found in other towns, there is almost always a different truth beneath the legend. So, in order to dissect The DeKalb, it is necessary to go back in time since the building actually pre-dates the theatre.

I talked with Collins Kirby at the offices of Landmarks of DeKalb and The Depot Museum. Mr. Kirby has spent many years collecting the history of DeKalb County and shared with me a photograph of downtown Fort Payne taken in 1889. The subject of the photograph is a man sitting on a mule. However, in the background you can clearly see the building that would someday become The DeKalb Theatre. The façade is the same, but it is faced in brick; the same brick which



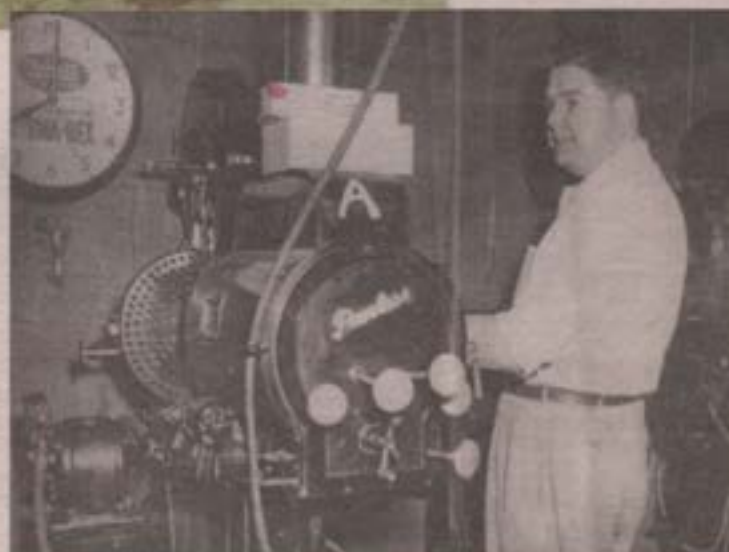
you can see peeking out from behind the porcelain panels today. The building lived the life of a furniture store prior to being remodeled into a movie theatre.

When The DeKalb Theatre first opened in 1935, she retained many of the brick features of the original storefront, but the street level received a makeover to add a ticket booth and frames for movie posters. Her current art deco look was added in 1950 during a remodeling and expansion that raised her roofline a few feet to accommodate an increase in the size of the balcony. Her seating capacity increased from 350 to 500 during this time and there was a "cry room" added on the left side of the balcony.

Most towns have their local celebrities, and Fort Payne is no different. And no, I'm not talking about that country music supergroup nor am I referring to movie

actor Philip Ober.

At least, not for this article. When talking about The DeKalb Theatre, one name keeps coming up time and time again. Bill McIntyre, the theatre's longtime projectionist, was fourteen years old when theatre manager Ruth Barksdale hired him as Relief Projectionist. To begin with, his salary consisted of



■ See DeKalb, 20

THE GROUNDHOG

PO Box 387, Mentone, AL 35984

Published monthly by the Mentone Area Preservation Association, MAPA was first conceived on Groundhog Day, 1982, and organized April 5, 1982, for the purpose of preserving and protecting the heritage, natural environment, and other unique qualities of life in the Mentone area, and is chartered as a non-profit organization by the State of Alabama.

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MAPA dues for the new year are: \$10/individual and \$15/couple. Send your dues to: MAPA, PO Box 50, Mentone, AL 35984

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Letters to the editor are welcome. They should be typewritten and of reasonable length.

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**MENTONE AREA PRESERVATION ASSOCIATION (MAPA)
PO BOX 50, MENTONE, AL 35984**

MENTONE COLORFEST WEEKEND

The annual celebration of Autumn's beauty on our mountain known as "Mentone Colorfest Weekend," sponsored by the Mentone Area Preservation Association (MAPA), is slated for Saturday, October 16th and Sunday, October 17th this year at Mentone's Brow Park.

According to festival organizer, J.P. Nation, this year's musical entertainment will be a gospel group from Wedowee, AL who will offer free entertainment at the park from 9 a.m. till 1:00 p.m. on Saturday.

There'll be vendors of all sorts, arts & crafts and food. The Mentone Volunteer Fire Department will be selling BBQ plates again this year. Moonlake School will be offering breakfast biscuits, coffee, hot chocolate, hot dogs, and the ever-popular pinto beans & cornbread plates.

Portions of this year's event, according to Nation, will be broadcast live on WFPA, Newstalk Radio, 1400 AM.

In addition to the annual Quilt Drawing (which will take place at 4:00 pm on Sunday and you don't have to be present to win), MAPA will be selling pumpkins, just in time for Halloween Jack-o-lanterns.

The MAPA Colorfest times are Saturday and Sunday, 9:00 am till dusk. There is no admission charge. For more information, or if you would like to be a vendor and rent a booth space, contact J.P. Nation at PO Box 50, Mentone AL 35984, or you may call him at 256-634-8245.

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Please call Evelyn Graves at 634-4390, or email Ergraves37@aol.com. The Groundhog is printed on the last day of each month.

We appreciate your cooperation and understanding. Thank you.



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**Welcome To
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Stop by our Log Cabin in front of the Wildflower Cafe, we always look forward to a visit from our neighbors and friends.

••••• **LOTS and LAND** •••••



BEAUTIFUL EAST BROW VIEWS! Cedar-shake-sided cabin w/views of the Shinbone Valley below you, woods & boulders around you! Just 9 miles from downtown Mentone, off the scenic mountain drive of Hwy 48 Cloudland. Very convenient to Atlanta, Rome, Summerville areas. 3BR/2BA, approx 2700 sq ft living area. Garage w/more than enough room for two vehicles, workshop & storage plus large bonus room upstairs to finish as your needs dictate. Beautifully-wooded & boulder-strewn yard (no mowing or lawn maintenance!); concrete drive. The price is awfully nice, too, at only \$209,000 (19628)



MOSSY ROCK AT MENTONE! Work is progressing on this one level, 2BR/2BA cabin w/vaulted ceiling in great room; WB Fpl; custom cabinetry; screened side porch off MABR; HW & tile floors; beamed ceilings & walk-in closets in both BRs. Claw-foot tub & sep shower in MABA. The perfect blend of rustic luxury & energy efficiency. Contract now and help select finishes & colors! \$175,000. (20416)



SUBSTANTIAL & GORGEOUS! That's been the trademark of cabins built in Bankhead South Subdivision. This new one is no exception. 3BR/2BA, 343 sq ft, (w/2nd floor), 10' ceilings, for of a quality-wooded & beamed ceiling; wide-plank pine floors; tile baths. On-demand gas wtr htr. Wooded 1.6 acre lot. \$174,900. (19724)



BEAUTIFUL LOT, UGLY HOUSE. Yep, we know it's got lotsa problems. Might even need to be torn down. But, shoot, the lot alone is worth the price! Where else are you gonna find a lot in the heart of Mentone, a block away from Brow Park, to build a sweet little cottage? Scratch beneath the sad surface & you may find there's still hope for Pap's Old Place. The price is pretty doggone good, too. Only \$32,000. (20469)



CORNER OF PLENTY! 40x100 metal building, erected in 2003 as a tire store, remodeled in 2010, has PLENTY of space, PLENTY of potential & PLENTY of uses! 2 levels of finished, heated & cooled area for retail or residential use. 4-bay shop for add'l retail/commercial use. Level lot w/PLENTY of parking on Hwy 117, frontage on Co Rd 641. Add'l lot avail. \$199,900. Mentone (20354)



PORCHES, FENCED YARD fruit trees & a 1280 sq ft, 3BR/2BA home w/WB Fpl (currently has gas logs); country kitchen; private screened back porch; 2 storage bldgs. It's a mobile home, yes, but it is filled w/homey-ness & charm. This would make an economical alternative to renting! Owner has checked and purchaser may be able to assume current mortgage! \$32,000. (20480)



A LOG CABIN IN THE WOODS, surprisingly spacious, with 3BR/2.5BA, generous laundry room. Plans call for gaslog Fpl, CH/A. Less than 4 miles from village of Mentone, higher up the mountain. Plenty of wildlife, pleasant walking areas, near Ponderosa Camp. Construction is not quite finished, but will be finished and the price is an amazing \$119,900 (19512)



HANDCRAFTED LOG CABIN on 1.52 wooded acres. Appalachian-style logs w/half-dovetail corners. Huge beams inside! A mountain cabin like no other. Wood-burning masonry fireplace, 2BR/2.5BA, open vaulted ceiling LR/DR/KI combination. 3/4 wrap-around porch; circle drive. Not just a cabin, but a work of art as well. \$234,500 (20275)



BOARD N BATTEN COTTAGE on the scenic parkway between DeSoto State Park & Mentone, near Comer Scout Camp & Cloudmont Ski Resort. Updated & remodeled 2BR/2BA one-level home in a picture-perfect setting in the trees. Beautiful native trees & flowering plants in the yard; screened porch; stone wb Fpl; rustic beams; roomy kitchen; all new baths & CH/A. \$140,000 (19531)



SECLUSION ON LITTLE RIVER Cabin on 4.5 mostly-wooded acres. Approx 1600 sq ft already pretty much finished, with approx 800 sq ft add'l area in basement available for future expansion. Cathedral ceilings; HW floors; 2BR/2BA; all appliances. Great frontage on the river, swimming hole, areas to put in canoe or kayak, and unparalleled privacy! There's no place on the market with this much frontage on the river at a better price! Only \$165,000. Mentone (19245)



LITTLE RED COTTAGE IN THE MEADOW offers a place to relax where it's nice and quiet. Great screened porch with hot tub; luxuriously-large, tiled shower in bath; open living space; two good-sized bedrooms; CH/A and an attic fan. Outside, there's a 2-car detached garage/shop that could easily be converted into a guest cottage. Public water. Situated on 2+ acres, mostly meadow, surrounded by woods. Just listed for \$97,000. Mentone (20511)

9 ACRES W/FRONTAGE ON W FORK of Little River at Mentone! 3 lots, sold as one, offer lots of road frontage, plenty of woods, privacy, rock formations, native plants like mountain laurel & yellow root. Approx 230' water frontage; over 1000' road frontage. Picnic pavilion already on the property to use as your campsite getaway till you're ready to build! \$145,000 (20057)

62.32 ACRES WITH GREAT VIEWS of both valleys and Lookout Mtn from ridge top with great building sites on elevated, level ground. Own your own hunting preserve, secluded woodland retreat, or investment. Now priced at \$229,900 (19492)

LEVEL, WOODED 2.03 ACRE LOT on scenic parkway north of downtown Mentone offers a place to build your dream cabin at a higher elevation than most anywhere in NE Alabama! Walking, bicycling or just relaxing at your mountain home...leave civilization behind, but not too far behind! Lightly restricted. Add'l land avail. \$31,900. (19224)

NEAR COMER SCOUT CAMP, SKI RESORT & DeSoto Falls. One-acre lot covered in mostly hardwoods w/small wet-weather stream. Just off the Scenic DeSoto Pkwy! Perfect place for a tiny little woodland cottage or cabin. \$20,000. (20129)

1.66 ACRES, PRIVATE, LIGHTLY RESTRICTED w/power, public water, well & septic tank already in place! You're not just "starting from scratch" on this piece of wooded land, and that's going to be a time & money saver for you. The only lot of its kind in Mentone that we know of. \$23,500 (19182)

MARK YOUR CALENDAR

**MAPA Colorfest
Brow Park, Mentone
October 16-17, 2010**

The Cherry, Wyatt and Billingsley families of Autauga County will hold a family reunion on Sunday October 10 at Independence Community Center, in Independence, AL. Participants should bring food for a shared meal. Eating utensils, paper goods and drinks will be furnished. Bring any family memorabilia, pictures and genealogy that you would like to share.

PUBLIC NOTICE

The **2010** meeting dates for the **Valley Head Water Works Board**, 101 School Street, Valley Head, AL will be as follows:

**OCTOBER 11, 2010
NOVEMBER 8, 2010
DECEMBER 13, 2010**

All meetings will be held beginning at 4:00PM in the Valley Head Water Works office in the board room. Should there be any changes in the date, time, or place, a notice will be posted in the lobby of the Valley Head Water Works Building. A notice of any special or called meeting will also be posted in the lobby of the Valley Head Water Works Building prior to the meeting date and time. The location of the meeting will also be posted.

The **2010** quarterly meeting dates for the **Mentone Planning Commission**, 5972 AL Hwy 117, Mentone, AL will be on the **3rd Thursday** of the following months:

OCTOBER 15

All meetings will be held beginning at 5:00PM in the Mentone Town Hall meeting room. Should there be any changes in the date, time, or place, a notice will be posted on the bulletin board at the Mentone Town Hall. A notice of any special or called meeting will also be posted on the same bulletin board prior to the meeting date and time.

The **2010** meeting dates for the **Mentone Waterworks Board**, 5972 AL Hwy 117, Mentone, AL will be at

4PM, on the 4th Thursday as follows:

**OCTOBER 27
NOVEMBER 22
DECEMBER 22**

All meetings will be held beginning at 4:00PM in the Mentone WaterWorks office in the board room. Should there be any changes in the date, time, or place, a notice will be posted on the bulletin board of the Mentone Town Hall, adjacent to the water office. A notice of any special or called meeting will also be posted on the same bulletin board prior to the meeting date and time.

The **2010** meeting dates for the **Mentone Town Council**, 5972 AL Hwy 117, Mentone, AL will be on the 2nd Monday of each month at 6PM, as follows:

**OCTOBER 11
NOVEMBER 8
DECEMBER 13**

All meetings will be held beginning at 6:00PM in the Mentone Town Hall meeting room. Should there be any changes in the date, time, or place, a notice will be posted on the bulletin board at the Mentone Town Hall. A notice of any special or called meeting will also be posted on the same bulletin board prior to the meeting date and time.

OCTOBER BIRTHDAYS AND ANNIVERSARIES

Birthdays

- 1 - Cody Wigley
- 2 - Gary Jones, Becky Blalock
- 3 - Hope Walker, Ed Disney (in memory)
- 4 - Dianne Kuehl, Mason Hester, Eloise Breazeale, Sue Crane (in memory)
- 5 - Saddler Emory
- 6 - Breanna Blalock, Bob Hume, Dr. Pat Seymour (in memory)
- 7 - Christian Henry
- 8 - Linda Brown, Kathy Jones (in memory)
- 9 - Dallyne Jones, Monique Fielder, Debbie Tullis
- 10 - Daniel Akes, Kathie Crow
- 11 - Wayne Gautreau, Betty Dooly
- 12 - Quincey Griffith, Gertrude Cox (in memory)
- 13 - Amanda Wright
- 14 - Judy Pierce, Russell Wright, Martha Kirby, Tina Langston
- 15 - Charlie Brown, Karen Britt, Lanita Allen
- 17 - Renee Langston
- 18 - Beatrice Crow
- 20 - Harry Hopper
- 21 - Raymond Brown (in memory)
- 22 - Beverly Ashley

- 23 - Joey Dillenbeck, Rhonda Holoway
- 24 - Marjorie Berry
- 26 - John Lauro, Dee Kelley
- 27 - Brooke Copeland
- 28 - Megan Sutton, Ted Howard
- 30 - Roger Dowait, Madelon Houghland, Howard Carson (in memory)
- 31 - Paul Blalock, Charlotte Gentry

Anniversaries

- 9 - Wayne Gautreau and Jane Faile
- 17 - Bobby and Linda Brown
- 24 - Bob and Susan Huma
- 26 - Cindy and Gary Jones



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SUPPORT YOUR CHURCH

The Sunday morning services at **Winston Memorial Presbyterian Church** are held at 9AM each Sunday, except no services on 5th Sunday. Rev. Jerry Davis and Rev. L.A. Smith are alternate speakers for these services.

The Valley Head Baptist Church invites you to attend Sunday School at 10AM; Worship Service at 11AM; Sunday Evening Worship at 6PM; Midweek Service (Wednesday) at 6PM; Women on Mission meet at 1PM the second Tuesday of each month at different homes. Everyone is welcome to come.

Lea's Chapel Baptist Church welcomes you to worship with us. 10AM Sunday Bible Study, 11AM Morning Worship, 6PM Evening Worship. Wednesday 6-8PM Awana (ages 4 to 18); 6:30PM Praise and Prayer time. Located at 4212 County Road 751, Valley Head. 635-1001.

Visitors are always welcome at the **Valley Head United Methodist Church**. Please join us each Sunday morning for a traditional worship service at 9AM.

Wildwood Seventh Day Adventist Church, Mentone Chapter, is currently holding services in the Woodmen of the World Hall in Valley Head. All are invited to attend! Sabbath School and Song service: 9:30-10:45 AM, Worship Service 11:00-12:15. Pastor- Wilbur Atwood; Lay Pastors - James Hartley and Ryan Bunnell.

The Harmony Grove Baptist Church located on County Road 239 invites you to attend Sunday School at 10AM and worship at 11AM. Sunday evening service is at 5PM. Thursday evening service is at 5:30PM.

Our Lady of the Valley Catholic Church on N. Gault Avenue in Fort Payne holds Mass Services at 11AM each Sunday; Scripture and Communion Services at 6PM on Tuesdays.

Prince of Peace Lutheran Church, 1519 Smith Gap Road (County Road 85), Fort Payne. Regular Worship Services are at 10AM Sunday. Bible class or Lent/Advent services every Wednesday at 6:30PM. Steve Schrader, Pastor - 845-4314. Everyone welcome.

Walnut Grove Baptist Church, on Highway 11 North of Fort Payne, welcomes everyone at Sunday School at 10AM, Worship Service

at 11AM, Wednesday night youth meeting at 6PM, and Wednesday night prayer meeting at 6:30PM.

The Fort Payne Christian Center and Pastors Ken and Elaine Hollman invite everyone to join in Worship on Sunday at 10 AM, Wednesday evening at 6PM. God Bless you.

Grace Presbyterian Church (PCA), 5760 Gault Ave., NE, Fort Payne, AL Rev. Billy Dempsey, Pastor, Sunday School 9:45AM; Sunday Worship - 10:55AM.

Menlo Church of Christ invites you to attend the 10- and 11AM services and evening services are at 7-and-9PM. Visitors are always welcome.

Mount Calvary Baptist Church, Cloudland, GA, welcomes everyone to come and take part in our church services. Sunday School at 10AM; Worship Service at 11AM. Sunday evening at 6PM, and Wednesday evening at 7PM.

DeSoto Church of Christ invites you to attend Sunday Bible Study at 10AM, Worship at 11AM. Wednesday Bible study at 6PM.

Howard's Chapel (Church in the Rock) has regular services 10AM each Sunday. You are invited to attend these services or visit the church at other times. Casual dress is always acceptable.

St. Joseph's on-the-Mountain Episcopal Church - a place of prayer, thanksgiving, and celebration. Come by any time to pray and give thanks. Open 24 hours every day. Sunday service is at 10:30AM.

Mentone United Methodist Church, 415 Cutler Avenue, Mentone, Alabama invites you to come and worship with us. Each Sunday, our worship service is at 11:00 a.m. and Sunday School is at 10:00 a.m. Rev. Bill Parker of Glencoe, Alabama is the pastor. He and his wife, Nancy, reside in the parsonage on weekends. The service of Holy Communion is celebrated the first Sunday of each month, the second Sunday is Youth Sunday and Fifth Sunday is a service of music and potluck lunch. Visitors are welcome and members are expected to attend.

Moon Lake Baptist Church invites you to worship with us. Sunday School begins at 9:45AM, with classes for all ages. Morning Worship is at 11AM. The Lords Supper is observed on the first Sunday of September, December, March, and June at the morning worship hour. Discipleship Training is at 5:00PM and Sunday Evening Worship at 6:00PM. On Wednesdays, Team Kids; Youth Bible Study and Adult Bible Study and Prayer Meeting are all at 6:30PM. Rev. Terry Turner is the pastor at Moon Lake.

Alpine Community Church, 115 Hwy 337, Menlo, GA. Pastor and Rev. Tommy Pledger welcome each and everyone to worship service, Sunday morning, 11AM, GA time; Sunday School 10AM GA time; Wed. Night Bible Study, 7PM GA time.

Cove Road Baptist Church, County Road 631, Mentone, Alabama. Brother Marlin Starnes, Interim Pastor, welcomes all to. Sunday School - 9AM (10AM GA time); Church Services 10AM (11AM GA time); and Sunday night services 5PM (6PM GA time).

Summit Church of God invites you to be in service. Sunday morning 10:45 a.m., Sunday night 5:00 p.m., Wed. Bible study 6:30 p.m. Pastor Lance Kincer invites everyone. Summit Church of God will be renting spaces for Worlds Longest Yard Sale in Aug. \$10.00 a day. For info, call 265-634-4418

Mentone Church of God of Prophecy regular service times are Sunday School at 10AM, with worship at 11AM. Evening services begin at 5:30 on Sunday and 6 on Wednesday. Rev. Dean Clair invites everyone to attend.

Mentone Community Church, 90 Summerville Rd., Mentone, AL 35964 Sunday Services: 9 am and 10:30 am

Adult Sunday School: Sundays @ 9:30 am
Teen and Adult Sunday School: Sundays @ 5:30

Tuesday Night Prayer Service: 6:30 pm
Wednesday Nights @ 6:30 pm: Children's Pioneer Clubs & Youth Group

Cloudland Presbyterian Church welcomes everyone to come join us for services, with Pastor Roger Kvam. Bible Study Sunday at 9:00 a.m (e.s.t.) and Worship at 10:00 a.m (e.s.t.)



DEVOTIONAL

By Evelyn Graves

Have you ever given consideration to your place in relation to God and His creation? Do you feel that you are insignificant to God in His greatness? Psalm 8:3-5 reads: *When I consider your heavens, the work of your fingers, the moon and the stars, which you have set in place, what is man that you are mindful of him, the son of man that you care for him? You made him a little lower than the heavenly beings and crowned him with glory and honor.*

God had a special place for man when He created him. He wanted to have fellowship with him. Do you also want to have fellowship with God? He is available any time of the day or night and will hear your prayers. Give Him some time to commune with you also. Your life is brighter and sweeter when you take time for an ongoing relationship with our heavenly father.

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BEAUTIFUL CUSTOM HOME! 3800 sq ft, 4 bedrooms, 3 full baths, and 2 half baths on 2 acres. Features include a custom kitchen, hardwood and tile floors, bonus room and media room. \$249,900 (20456)



RUSTIC CABIN ON LOOKOUT MOUNTAIN. Enjoy nature and relax in your 3bd/2.5ba cabin on beautiful Lookout Mountain. Close to Little River sited on 1.91ac! \$110,000. (20468)



CABIN FULL OF POTENTIAL! Renovated 3BR/2BA comfy charmer with a striking water view. This one level boasts hardwood flooring, Country kitchen, kitchen appliances included. Metal roof, deck, covered front porch. Furnished! \$99,900. (20045)



AFFORDABLE HOME on Lookout Mountain! Vinyl exterior, 2 bedrooms, 1 bathroom, living room and dining room combination and hardwood floors. \$44,900 (20465)



MENTONE! Invest in this one acre lot with rough cut drive in place. Lots of hardwoods, wildlife, and privacy. \$14,500. (20479)



BUILDING LOT on Lookout Mountain. Indian Trails Subdivision. Woods, trees and paved road frontage. Convenient to Desoto State Park. \$17,500 (20466)



VIEWS, STREAM, WOODS, Wildlife! 18.45 acres Lookout Mountain. No Restrictions! Water/electric/septic in place! Call today! \$69,900 (20418)

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SouthernPropertiesAgency.com



IN-TOWN CHARMER - Walk to downtown Mentone from this 2BR/1.5BA cottage featuring wood floors, cathedral ceiling and gazebo all on 1 acre with more available. Call today! \$149,900 (16659)



A LITTLE BIT OF HISTORY is found in this log cabin. 2BR/1BA on main floor, L-shaped living/dining/kitchen combo. Upstairs offers 2 sleeping areas and bath. Cozy front and back porches. \$229,000 (18871)



LOOKING FOR A MOUNTAIN GET-A-WAY? 3BR/1BA, completely remodeled and is move-in ready. New appliances, updated wiring, new CH&A, fresh interior paint and rock fireplace. \$89,900 (17931)



MOVE UP TO RIVERFRONT... Open and Airy 3BR/3.5BA with an oversized state-of-the-art kitchen, stone fireplace, wood and tile floors, lots of windows, large back deck and boat dock. \$495,000 (17781)



IN-TOWN PRIVACY! Sit on the screened porch of this 3BR/2BA cottage and enjoy the peaceful quiet of mother nature. Just a short walking distance to downtown Mentone. \$119,000 (19082)



BREATHTAKING VIEWS from all around this 3BR/2.5BA home that was recently completed at Lake on the Brow. 2-car garage, access to a private 14-acre lake and so much more. \$489,000 (20031)



WEEKEND RETREAT or PERMANENT RESIDENCE - 2BR/2BA cabin located off DeSoto Pkwy. Kitchen/Dining combo, eat-in bar and all appliances. Wrap-around deck and walk-out balcony. \$159,900 (19835)



BREATHTAKING VIEW! You can enjoy the view year round from this one-level brick home on the brow. 3BR/2BA, living/dining combo, sunroom, large deck and much more. \$450,000 (17082)



INCREDIBLE BROW HOME... 3 levels, family room, kitchen w/breakfast bar and all appliances, stacked rock fireplace/bbq grill, patio and decks. Garage apartment. FOR LEASE or SALE. \$699,000 (15736)



NORTH BROW - Unique log structure that was moved from Georgia. 1BR/1BA, open living space and lots of room for entertaining. 8.3 acres +/- \$279,900 (18256)



BRICK HOME w/ lots of native mountain foliage. 3BR/2BA overlooking the West Fork of Little River. Large yard, screened porch, 2 storage sheds and a 2-car garage. \$199,000 (16371)



LIVE & PLAY on the water...200' of frontage on the East Fork of Little River. 3BR/2BA, all appliances, wood burning fireplace, storage building and more. \$347,900 (18278)



CUSTOM BUILT LOG CABIN... situated on 2 lots in Laurel Creek. 2 LARGE BR/2BA, spacious great room with cathedral ceilings, hickory floors, 2-car garage, and fishing dock. \$229,000 (18898)



WINDWOOD FARMS. Established restaurant located on Hwy. 117 in Mentone! Approx. 1350 +/- SF with several dining rooms, kitchen, prep area, & room for expansion on this 1.36+ ac lot. Call for more details. \$175,000 (20377)



LAUREL CREEK... Custom home offering 2BR/2BA, comfortable living/dining area w/cathedral ceilings, rock fireplace, over 600' of screened porches, and access to 3 lakes. \$194,500 (18918)



HEARTWOOD situated on 23.4 acres the main cabin is approx. 1500 SF with an open design floorplan. 2BR/2BA, a sleeping porch, and lots of character. So much more to offer. Unique property! \$395,500 (20352)



SITTING ON TOP OF THE WORLD... UNIQUE "round" cabin offering an open living space. 2BR/1BA, most all furnishings. 9.58 acres and SPECTACULAR views of the valley and mountains beyond. \$295,000 (20120)



THIS IS IT!! Custom 3BR/2.5BA, BONUS room, living w/fireplace, kitchen/dining combo, above-ground pool w/deck, 1 acre, overlooking pond. \$224,500 (20051)



UNIQUE 2 BR/2BA property with decks all around overlooking the West Fork of Little River. Stone fireplace. Balcony/Sleep loft. This is a must see! \$239,000 (19844)



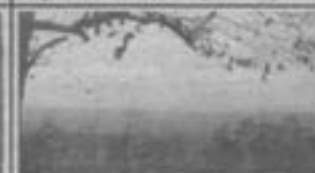
MENTONE... You will be amazed at the Magnificent Views to be enjoyed from this 3BR/2BA Custom Log Cabin. Ceiling Fans throughout. Open Dining/Kitchen with all appliances. Laundry area w/washer and dryer to remain. This home offers so much more, call for details. \$344,500. (18235)



Spectacular ONE-OF-A-KIND residence or vacation home nestled along side Little River. Recently remodeled 4000-SF home that is being sold furnished. 3 large living areas, 4BR/4BA, chef's kitchen and 3-car garage. The list of amenities is long...This is a MUST SEE!! \$1,249,000 (20277)



CUSTOM BUILT, 2 BR/2BA Log Cabin situated on shaded, woodland acres. Two stone fireplaces, luxurious loft, 3 season sleeping porch, detached storage, additional small cabin, sly pond, kitchen with 5 Star six burner gas range. Ambiance/quality/privacy/dramatic flair. \$299,500 (20272)



MENTONE TREASURE! Over 300' of the most private and panoramic brow frontage in downtown Mentone. Restore this 3BR/2BA home to its original splendor. Also included is an in-ground pool and pavilion. \$660,000 (18271)



MENTONE - Over 200' of breathtaking brow view of mountains and valley located within walking distance to Historic Mentone. Partially finished cabin with 2 rock fireplaces and a 2-car carport. \$275,000 (18270)

PRISTINE RIVER LOT with 150' +/- frontage. \$195,000 (17782)

3 +/- ACRES on the E. Fork of Little River. \$150,000 (17568)

LAND and LAKE! 40 +/- ac with a 5 +/- ac lake with Brush Creek running through it. \$225,000 (18869)

2 LOTS on the middle fork of Little River near Lake Lahusage. \$69,900 Each (18627)

HIDDEN LAKE SUBDIVISION bordering in File. Great for a Vacation Home or restricted subdivision near downtown Little River Canyon. Private, gated and restricted. (17327)

BEAUTIFUL BUILDING SITE - MENTONE! 5.62 ACRES Beautiful wooded building site. 3.22 ac. tract offers Lots of Hardwoods, lot with stream located on CoRd 106 Level Building Site, Per and water at CR 648! Priced at \$35,000. (18037)

WATERFRONT LOT IN RESTRICTED LAKE ON THE BROW COMMUNITY! 104 foot of water frontage! Mild Restrictions

Primary Residence. Only \$59,900! Mentone. \$39,900 (19426)

5.62 ACRES Beautiful wooded building site. 3.22 ac. tract offers Lots of Hardwoods, lot with stream located on CoRd 106 Level Building Site, Per and water at CR 648! Priced at \$35,000. (18037)

BUILD YOUR CABIN HERE on this beautiful, wooded level lot located in a mountain water, swimming, canoe to enjoyment. \$345,900. (17268)

GREAT BUILDING LOT situated inside the city limits of Mentone. Property has an existing storage building and split rail fence. \$79,900 (19880)

BROKEN DAM @ LAHUSAGE! Located atop Lookout Mountain on Little River - River tracts offering fantastic year round or... purchase in anticipation of future

BREATHTAKING... Sunsets and views await you from this 6.5 acre, approx. 300 ft brow lot in Mentone. Build your personal home, vacation home or rental cabin and start enjoying this opportunity or... purchase in anticipation of future

Travels close to home

Mayfield Dairy, Athens, Tennessee

By Sarah Jacoway Chastain

It was a long way to go to get an ice cream cone. Those of us who made the trip would tell you that we took the trip to tour the factory where the ice cream is made and the milk packaged but most likely if there had not been that ice cream reward at the end of the tour, we might not have gone.

Tours are free and are given on the hour. We arrived about thirty minutes before our tour time, checked in and got our tickets and spent a few minutes checking out the gift shop. Our

first stop on the tour was in a small theater area where we saw a brief film about the history of Mayfield. Before the film began, we were all issued "lovely" pink hairnets. Yes, even the men. Those with beards also had to wear a mask-like apparatus to cover those.

The film began in absolute darkness while I tried frantically to take notes so I could impress you with all of my knowledge. They began by telling us what makes Mayfield products great. The theories are that they have gifted cows, it's magic or it's a secret family recipe. I suspect that it goes a bit deeper than any of these. It all started with Scotty Mayfield's grandfather and began with a herd of 45 jersey cows. It began to take off after World War II. There are still three members of the Mayfield family involved in the business.

I must admit that I'm not a milk drinker. I'm not proud of it because I know that milk is a good source of calcium and provides a lot of nutrients. I grew in rural DeKalb County where we "grew" our own milk and that was what we drank. It had the taste of whatever the cows were eating which was quite often wild onions or bitter weed. My mom used to try to disguise the taste with nutmeg and vanilla flavoring but it was never quite enough.

I suspect that untreated milk still has that taste and aroma but Mayfield developed a machine called an Arovac that removes those flavors and odors. It's was the machine that enabled the Mayfield brand to really take off.

The one distinctive thing about Mayfield milk that sets them apart from other jugs of milk is the yellow opaque color. We learned that this is more than a way to set them apart from other milk products. The yellow protects from ultraviolet light which makes the milk last longer than the competition. The sell-by date is 18 days after it's packaged and according our guide, it's still good to drink for five to seven days after that.

As we walked through the factory, our guide told us about how the jugs are made and we watched the process. It's an interested procedure. The jugs are not molded into shape but rather blown out like a balloon. They go through air pressure to check for leaks and then they are then weighed to make sure that they have the correct amount of plastic. Those who fail the test are discarded only to become part of the "raw" plastic with a chance to become a Mayfield jug later.

As we watched the cartons being filled, we saw some of the clearish white jugs that seemed to disprove what we'd just been told about yellow jugs for Mayfield milk. Our guide explained that Mayfield also processes milk for Great Value and other generic brands and this milk goes in those jugs. It is a different processing system. This milk also doesn't go through the Arovac process. We were given a lot of statistics about the number of each size jugs and cartons are filled each hour but I won't

bore you with numbers. To sum it up, it's a lot.

We then watched the ice cream making and packaging process. We learned that it is packaged with the consistency of soft-serve and then frozen quickly brick hard. The fast-freeze process prevents the formation of ice crystals. They process from 25,000 to 50,000 gallons per day. The three most popular flavors are classic vanilla, moose tracks and vanilla bean.

Now that we were full of knowledge we ready for the main purpose of our visit, to become full of ice cream. We had given our order when we arrived so that our ice cream was ready when we finished the tour. We sat on the porch and enjoyed the breeze and of course, the ice cream.

After we finished our dessert, we were ready for the meal. We drove across the highway to the Spice of Life Café. This had not been our first choice but the restaurant where we planned to eat burned down the week before. Mayfield employees recommended Spice of Life saying that they ate there several days a week. That was a good enough for us.

A little research about the café was impressive. The owner has an impressive resume as a graduate of a prestigious culinary school and many years of experience as a chef at Marriott. The menu ranges from regional and simple to exotic and intricate. Virtually everything is made from scratch from fresh ingredients many of which are organic. There are lunch specials each day that usually consist of a half sandwich and a side. Many of us chose the hand-made chips as a side. They arrived hot and abundant and would make you never want to eat a chip from a bag again. Desserts each day include ice cream, Mayfield of course. One member of group actually ordered some. Rumor has it that his wife will not buy ice cream at home because he has a little problem with portion control. I can identify with that.

Since we had just enough time in Mayfield's gift shop when we arrived to scout out some interesting things but not enough time to really shop, we went back to Mayfield after finishing our meal. There were also some more ice cream purchases by members of our group. We were ready to come back home comfortably stuffed with ice cream and insight into what is behind the Mayfield brand.

Next month we will go to Barnsley Gardens in Adairsville, GA and dine at The Woodlands Grill there.



Angela J. Wood
Owner and AL/GA Broker

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TOP OF THE LINE DESIGN. Newly constructed Home on the W. Brow of Mentone. 5BR/3.5BA, Formal DR, custom Kitchen, SS appl. b'fast nook and eat-in bar, FP in Living room and also on the porch. Whole house Media and sound system. 2 car garage. A must see, with a sunset View. \$599,000 (19774)



WHIPPOORWILL FARM. 49 acres on the East Fork Little River. 2800 ft on the water with deep pools and rapids. 2BR/2BA. Rock and log home with all the comfort amenities. Rock FP. Pasture land, wood trails- horse barn w/ apt, detached double garage. Screened sleeping cabin overlooking river. Much more! \$685,000 (19355)



SOUTHLAND LOG HOME. on the E. Fork Little River. 5.5 acres. Deck, lighted walkway to lower property. 2BR/2BA, loft. Vaulted ceiling w/exposed beams. Kitchen with granite counters. Stacked stone FP. 2-story with Basement. Sep. garage, large enough for motor home. \$475,000 (19919)



STORYBOOK FARM. 4.5 acres, pasture, pond, and a New Rustic Cottage, situated on the old Homeplace. 2BR/2BA, handcrafted details throughout. A wonderful setting, for horses, or whatever kind of animals you prefer, a must see. \$179,000 (19736)



NATURAL SETTING ON THE WEST FORK LITTLE RIVER. 4BR suites with Baths are part of this lovely home. Open Floor Plan, Dining, Den and sitting room. Kitchen with Complete Appliance package. 400 ft on the water with Rock formations. Located in the only Ski Resort in Alabama. Must see. \$379,000 (20246)



BEST OF BOTH WORLDS. This 58 acres has the combination of all that you could ask for. Brow views, pasture, woods, 3 lakes, 56x42 barn with concrete floor and electric. Darling Log and Rock Cabin with 1 bdrm 1.5 bath, rock and pine floors. CHA. 2 wells RV. hookup. What a setting. \$700,000 (20056)



PARK-LIKE SETTING on the mountain. Mentone. 47 acres with 2 stocked spring-fed lakes, open fields, groved wood areas for hiking and horse back riding. Also Franklin Manufactured Home with 3 bdrm 2 bath open great room Kitchen with island Wood burning FP. All this and much more. \$350,000 (20265)



ENCHANTING COTTAGE in Laurel Creek Lakes. Access to 3 lakes for fishing & canoeing. Cypress sided 2 bedrooms, 2 baths with Stack Log and Stone Fireplace. Screened porch & Grilling deck. 1.4 acres \$147,000. (19676)



WALK TO MENTONE FROM THIS COZY COTTAGE! Enjoy the sunsets from the screened porch. 2BR, 1BA. Completely furnished. Great for weekend getaway or home. REDUCED TO \$129,900 (18891)



LOG CABIN KNOWN AS "KNOWUS ARK" is an artist dream of a property. Unique decor and even a separate artist studio are part of the special qualities that go with the 2BR/2BA, w/FP, covered porches and double decks. Privately located. \$225,000 (20453)



GETAWAY TO THIS MOUNTAIN LAKE HOUSE IN MENTONE. Cedar sided 2BR/2BA two-story with main level Living, kitchen, dining all open for entertaining. Large Fireplace, screened porch. Lower level bedrooms and large covered porch with stairs and multi-decks down to the water. \$309,900 (20215)



OLD SCHOOL LOG CABIN. 2.3 acres with full basement. 3 bedrooms, 1 bath, open living area. Log walls. Kitchen with appliances. Front and Back covered porches. \$86,000 DRASTICALLY REDUCED TO \$55,000 (19354)



WALTONS MILL SITE PROPERTY. Back in the civil war there was a grist mill located on this east fork river site. a unique property with 900 ft on the water 2 building sites easy access to the water large rock overhang and flat rock bottom for easy floating down the river. A true Gem. \$200,000 (20451)



THREE LOTS to choose from or buy any of the combination. 5.1 to 5.6 acres on the East Brow of Lookout mtn. Gated area called Valley View Forest. Very secluded, private, power available, must put in Well. Great buy at \$45,000 each (20298)



EAST BROW PROPERTY IN VALLEY VIEW Forest B section. Gated area. Homesite and drive-way cleared and ready to build. 10x16 building to be used for camping or storage. Beautiful panoramic Views. \$48,000 (20299)



STONEHEDGE. Named for its rock wall & stone veneered home perched on a most desirable 2.3 acres in the Mentone area on the W. Brow. \$329,000 (19170)



MOUNTAIN CHATEAU. Feel like you are among the trees, from this 2 story with basement. Floor to ceiling windows in the great room. 2BR/2BA with whirlpool tub and separate shower in master. Loft overlooking great room and FP. Fully equipped kitchen. Secluded 4.77 acres with 250ft on the Bluff. Reduced to 245,000 (18133)



COMMERCIAL OR RESIDENTIAL. Just outside the city limits of Mentone. 3 Bdrm 2 bath, with living room and Den with Fireplace. Hardwood floors. Mature landscaping. Separate Studio building. Nicely sited on .97 acre \$67,000 (20369)

LOTS AND ACREAGE

33 ACRES of Virgin Wooded property. Huge Poplar and Oak trees, level with over 500 ft of paved Road frontage. County water available. A great tract of land in the mentone area. This kind of property doesn't come around often. \$245,000 (20300)

INDIAN TRAILS. 2 lots for sale. 1) 2.71 acres (lots 12, 13) sold together for building purposes. Brow view city water, power, & paved rd. 2) 1.32 acres brow frontage & creek at boundary. Wooded, city water, paved rd. power. Both priced at \$45,000 ea. (19933)

NICELY WOODED 5 ACRES on DeSoto Parkway with Stream. Can be Residential or Commercial. Land has old homesite and green house. Large Rock formations. Possibilities are Endless! \$120,000 (19419)

40 ACRES located near Mentone. Stillhouse Branch runs through the middle of tract. 2 waterfalls. Large rock formations along the hiking trails. What a wonderful sanctuary this would make for development or private estate. \$190,000 (18760)

ONLY KNOWN COMMERCIAL ZONED B-1 in downtown Mentone. 120x130 lot located just past Mentone Springs Hotel and the Log Cabin Village shops. Build your own business in Mentone. City water, paved rd. One block from central business area \$41,000 (20021)

THREE ACRES ON THE EAST FORK LITTLE RIVER. nicely wooded with 230 ft on the water privately located on private rd. rapids and pools. \$80,000 (20452)

MUCH SOUGHT AFTER West Fork deep water. 1 mile upstream from Desoto Falls.

Build your dock and gazebo and bring your boat or canoe to cruise on the river. Great recreational lot. \$35,000 (19164)

WORMAHOOTABOO FARM Beautiful land with open pasture, 2 ponds, wooded area with trails for horseback or ATV. Barn with tack or equipment storage. Fenced for livestock. City water and paved road frontage. What a setting \$160,000 (20161)

PRISTINE 18 ACRES on the East Fork Little River. over 1200 ft of river frontage, natural pools, fishing, canoeing, rafting. Build that dream home in this natural setting. \$350,000 (19136)



Mountain Herbalist

Allergy & Cold Season are Around the Corner

By L.C. Moon

Fall is a spectacular sight in the southeast. I am always sad to see summer go though I look forward to the nature's artistic display from the moment I see the first sourwood leaf begin to turn bright red. I am always reminded of why I love the eastern United States when I witness the mountains birth the fall season with a patchwork quilt of deep crimson reds, watermelons, deep gold, sienna orange and bright yellows. The mountain still holds certain majesty even though this 2010 fall season is unfortunately unseasonably dry due to no rain during the hottest months of summer.

While the Lookout Mountain canopy is not displaying its usual brilliance and is turning a dingy brown with leaves falling prematurely, there are still some beauties accenting the understory landscape such as may-pops, goldenrods, asters and a few Queen Anne's lace. Though as they say, with the good comes the "bad", ragweed! This hidden predator sends of its pollen into the air making it less pleasing than some of the other late bloomers, to say the least. Its blooms are not showy to the eye and you may not even notice its blooms when it is mixed in amongst a patch of golden rod. It is understandable that many will blame their allergies on the showy golden rod rather than the usual culprit, ragweed.

Being outside in the fall weather is so pleasant most cannot resist regardless of the consequences. I love to kick back in the sunlight, close my eyes and listen to the cool breeze scatter the fallen leaves across the ground. The breeze feels like a soft hug though on the wind may be hints of pollen and fall allergens. Instead of avoiding the outdoors or suffering its fall side effects, I start taking preventative measures to boost my immune system so I can enjoy nature to its fullest. So as the seasons prepare for change, it is a good idea to go ahead and start preventative measures to boost your immune system.

A great way to boost your immune system during this time of beauty is to begin taking a good quality vitamin C. I always take 2000mg of vitamin C when I know I need to boost my immune system though I take approximately 5000mg if I begin to feel ill. Naturally occurring vitamin C is found in nature, such as rose hips and pine needles. Many folk traditions used pine tea to help prevent scurvy as well as common illness such as colds and allergies.

Nettle tea is also an effective remedy to help prevent allergies. I drink a tea of it regularly around allergy season. There are clinical studies showing evidence of its effectiveness in treating allergies though if you use it regularly, nettle speaks for itself! It is a common "weed" with a multitude of benefits however to make it specifically beneficial for allergies I blend it with mint and chickweed. This blend creates the mother of all allergy

herbal remedies and together these herbs are known to help prevent allergens from affecting your sinus and lungs, helps decrease mucous in your body and helps clear the sinus. When I combine the hot tea with local honey, it is an herbal cocktail that soothes my entire insides and clears my head.

Local honey is also helpful to build up your immune system so that the native plant pollens have less of an impact on your allergies. Local bee pollen is also known to be effective for allergies though some may develop a reaction, so it is wise to introduce bee pollen gradually.

When I am out on a hike in the fall I like to pick off the silvery leaves of the mountain mint and eat them, especially if I feel stuffy. Mints help clear congestion and helpful make other herbs more effective, i.e. they potentiate the herbs by helping stimulate the circulation of the herbs in the body. Mints, like nettle, have a multitude of uses though sinus congestion is greatly helped by the mint family. Mountain mint seems to work particularly well because the aroma is very reminiscent of a strong menthol or eucalyptus, both of which are also helpful to help prevent infection in the sinus.

If allergies do afflict me and cause sinusitis before I get a chance to prevent it then I use eucalyptus, thyme or peppermint steams to help clear my sinus. I get a big stainless steel pot then fill it with about six inches of water and let the water simmer. I either use the above essential oils in the water or I finely chop the fresh herb and let it simmer a few minutes before I steam. If I put the essential oil in the water then I immediately lean over the pot with my eyes closed pull a towel over my head, to trap in the steam, then I slowly inhale and exhale, blowing my nose when necessary. The steam helps open up the sinus and get rid of infection.

When allergies and sinusitis lead to congestion in my lungs then I make a cough remedy with wild cherry, horehound, lobelia, mullein and more (depending on what I have available). Though I will discuss cough remedies in more detail during the winter season.

Other herbs and remedies I like to have handy to help boost the immune system against allergies are, just to name a few, cayenne, garlic and onions to heavily season my food as well as dandelion, burdock and yellow root to help support my liver and cleanse my body of toxins and probiotics to help provide my body with proper digestion and good bacteria.

The Wildflower Café Country Store carries high quality vitamin C, Allergy Relief tea, quality essential oils and more to help you stay healthy during this coming allergy season. What we do not have in house you can find at www.MentoneWildflower.com. As always, it is wise for me to tell you to consult your health care provider before making any changes to your healthcare routine.

Words to live by:

"The most eminent physicians are now agreed that very few drugs have any real curative value. The essential thing is right habits of life." — John Harvey Kellogg

TIME FOR CAUTION

John Baty

Regardless of which party one chooses to support and whether one's leanings are toward the liberal or the conservative, I think most agree that we are at a critical juncture in the basic values and fundamental purpose of our nation, our homeland, our anchor.

It is a time of reaction to an economy out of control, an economy we might liken to a driverless car on a crowded interstate. Where we go from here will, we believe, determine the ultimate destiny of the Democracy we have known.

We have, in desperation, as it were, tried the quick fix, the exotic. I think most will agree that at this time cooler heads and more basic values are sorely needed. When we look around us for presidential and congressional material which might stand a better chance of keeping our nation on better and firmer grounds, it is no time for the exotic, the extremist, the minority. We need men of integrity who will take the office as it is and level with us as to our true condition and chances.

Our greatest fear is that in the present reactionary turmoil, old, ultra-conservative values which have been laboriously weeded out of our culture will be re-introduced and ride the coat tail of the stampede to again become law and thus a drag on our chances of survival in this complex and dangerous world.

We offer only one example of a trend which might be exacerbated by a return to the ultra-conservative: Under recent, conservative administrations, the funding of basic science has suffered. America (U.S.) has ridden the advancement of Science to her present level of worldwide respect among nations. Science has directly and indirectly kept us a world power. To elect an administration which would further emasculate our science and technology would be something akin to "killing the hen who laid the golden egg."

There are other areas where a return to prior values would weaken our chances of being able to hold our heads high and salute our flag with dignity.

It is a time to walk softly and regard all proposed "fixes" with skepticism. The above reminds me of an old joke I read somewhere, once upon a time:

"When trouble arises and all usual solutions are tried and discarded, and all work ceases, there is always one man who has the answer. That man is usually crazy.

See ya in November!



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*"I will appreciate the opportunity to bring
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Board of Education."*

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Libs FROM THE LIBRARY

By Linda Brown

The meeting of the members of the Board of Directors of the Moon Lake Community Library was called to order at 3:00 p.m. On September 16, 2010, by President, Jan Wilkinson. Jan welcomed Heather Nicely as first on the agenda. Heather spoke to the members regarding a presentation by John Hall, who is knowledgeable in the history of rivers and other natural elements. Mentone Area Arts Council is sponsoring him to speak to the students of Moon Lake Elementary School on Friday, November 19. Heather asked the members if they would like to have him speak to the public from the library. This was agreeable to all and the time set was 6:30 p.m. I will give more details next month.

The regular reports showed things as normal. Dianne Kuehl reported that the calendars are almost ready to be mailed to the publisher. They should be here by Thanksgiving or before. Sue Schwarz announced that several new books have been added to the shelves of the library and more people are becoming patrons each time the library is open. There are now about 625 card-carrying patrons of the library. Linda Brown announced that a clean-up day will be held on Saturday, November 6, 2010. Starting time is 9:00 a.m. and we will dust and clean books, shelf books, clean tables and counter tops and do many other activities to make the room more presentable.

Jan announced the date of the 2011 Friends of the Library Cookout as being Saturday, June 25. She also announced that the Summer Book Sale will be an Eagle Scout project for a scout in Mentone Troop 106. This young man will plan the sale, move and organize the book- and furni-h some of the workers. The FRIENDS of the Library will continue to work some shifts. The members agreed at the last meeting that this was too hard for them to continue but it is such a good mixer of books and people that we did not want to discontinue it. We are very glad to have the help of the scouts. We will continue to have the Winter Book Sale in the M.E.R.F. Community House in February. The meeting was declared adjourned.

Next meeting: Thursday, October 21, 2010 at 3 p.m. in the library. Everyone is welcome to attend the meetings. Call or write Jan Wilkinson to be on the agenda for a meeting. You may write to us at: Moon Lake Community Library, Post Office Box 481, Mentone, Alabama.

Mentone citizens and DeKalb county friends are invited to a Tailgate Party on Thursday, October 7, 2010. The event which will take place on the grounds of The Wildflower Cafe begins at 5:00 pm. Guests are encouraged to wear the colors of their favorite college football team and to bring their lawn chairs. Food and beverages will be served. Local musicians will provide a variety of music for the enjoyment of the crowd. Join your neighbors and friends as we celebrate fall and mingle with our special guests who are working to improve our community.

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RAMBLIN: WHAT'S WITH TIGER?

by Bill Crane

The big story in the world of golf is what has happened to Tiger Woods. People are asking: "What's wrong with him? Is he over the hill? Is his personal life having a disastrous effect on his golf game?" Up until this year, Tiger has dominated golf like no other golfer. Sure, Bobby Jones and Jack Nicklaus were dominant but they were not head and shoulders above the competition like Tiger. Jack Nicklaus, who won 18 major tournaments, had outstanding competitors like Arnold Palmer and Gary Player, while Bobby Jones as an amateur had several professional golfers to share the headlines. Through 2009, Tiger in winning 14 major tournaments dominated golf so much that he has not fallen from being number one in the world so far in 2010 even though he has not won a tournament this year. Phil Mickelson has had a couple of chances to replace Tiger as number one but each time he imploded. If he could be consistent in staying out of the rough with his tee shots he would replace Tiger, but that hasn't happened until now. Phil is the best sand trap golfer in the world today. It is a pleasure to watch him stroke the ball lying in the sand and see it go in or near the cup!

Tiger's nightlife caught up with him last fall. He had an accident on the way home early one morning, and it was rumored that his night adventures had been going on for some time. Right, or wrong, his personal and golf life hasn't been the same since. His advertising companies and fans deserted him. He is now divorced and he has been an

ordinary golfer, to flatter him, this year. Some of the advertising companies and fans have returned to him. There have been times recently when he appeared to be the Tiger of old, but then he would implode. He has shot over par many rounds this year, and the most unusual thing is he has not qualified to play in the Tournament of Champions in the last of September. Will he ever be the Tiger of old and go on to win 18 to 20 major tournaments? Time will tell, but he has to concentrate solely on golf and not his personal life.

The little story in golf this year has been the rise of the youngsters. Tournament after tournament, the winner has been a golfer in his twenties or early thirties. The top ranked FedEx Cup golfer playing for the 10 million dollar bonus in the Tour Championship Tournament which ends in early October, is Matt Kuchar, a Georgia Tech graduate who is 32. Also playing are many twenty-year old golfers and only a few old-timers. It appears that the worm has turned and we might as well get use to these youngsters for they will be around for a while.

Alabama and Auburn continue to do well in football with wins to date. Alabama beat Old Joe and Penn State recently without Ingram, their best runner!

At present, there is a toss-up who will win the National League East and West Divisions, and the American League East Division in professional baseball. Injuries have slowed the Yankees and Braves so they may not win their division, but will be wild cards if they don't.

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Linda Patterson, owner of the chapel, said the idea for it began with a bell, and now that bell rings as newlyweds exit the door of the chapel.

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DR. SIGMUND FREUD (1856-1939)

by John Whitaker

Sigmund Schlomo Freud was born on May 6, 1856, in the town of Pribor, Austrian Empire. His father was Jakob Freud and his mother Amalie. There were two children by a previous marriage; Sigmund was the oldest of seven children of Jakob and Amalie. The family was Jewish.

In 1859 the family moved to Leipzig, stayed there briefly, and moved on to Vienna, Austria, in 1860.

Sigmund was a bright child and was usually at the head of his classes. In 1865 he entered a prominent high school in Vienna. When he finished his studies at the high school, he entered the University of Vienna and graduated in 1881 with a medical degree. He was 25.

He studied under Jean Martin Charcot in Paris, 1885-1893, then with Josef Breuer in Vienna on the use of hypnosis as a cure for hysteria illnesses, 1894-1925.

He served as a professor of neuropathology at the University of Vienna, 1902-1938.

His works include the following: *The Interpretation of Dreams* (1900); *Three Contributions to the Theory of Sex* (1905); *General Introduction to Psychoanalysis* (1920); *Autobiography* (1927); and *Civilization and Its Discontents* (1930).

Freud is the father of psychoanalysis. He was the first to map the subconscious world of the human mind. Human behavior was wrought by those repressed ideas, emotions, and such, which were buried deep in the human subconscious mind. Another tenant of this approach was that there were three systems of mental processes: (1) conscious, (2) preconscious, and (3) unconscious. Dreams were another tenant; they were the royal road to the unconscious. Freud said there were three main forces in one's life: (1) the id, an instinctive force; (2) the ego, an executive force that contacts the world of reality; and (3) the super-ego, the superior disciplinary force.

Freud gave us his procedure of psychoanalysis: the patient would lie on a couch and talk about his troubles, and the analyst would sit nearby but not face the patient. Somewhere in all the talk the patient would realize a solution to his problem. (Now you know why you feel better after you've

told a friend your problems.)

I've had a few good dreams that were very helpful to me. I remember when I had completed my work as a pastor, transferred my membership to another church, and became a layman. What could I do? Shortly thereafter, I dreamt I was in a room full of all kinds of shoes. I was searching for a pair, which I knew would fit me if I could find them. The dream described my position precisely: a layman looking for an appropriate position in which to work.

Another concept is the "Freudian slip." My son and I had gone fishing with one of my members, a Brother Smith, at the Nickajack Dam, in Tennessee. We were fishing for jack and Brother Smith was reeling them in. Every time he made a catch, he would stand up, reel with all his might, and sing out, "Praise the Lord, Preacher! Somebody's praying for us!" Well, I laughed at him throughout the day as he went through the same ritual all day long: stand up, reel, and call out, "Praise the Lord, Preacher! Somebody's praying for us!" It was an enjoyable time, especially when I began catching the tricky jack. At the next church service, I wanted to share with the congregation the good time we had with Brother Smith. So, I began, "The other day, Brother FISH and I went fishing!" Obviously I had slipped—made a Freudian slip. Brother Smith was a good sport, and he laughed too. To this day, I still wonder why I called him Brother Fish. (Well, you've made a few yourself.!!)

One of my college teachers related that when he was psychoanalyzed, he felt much better and understood himself more thoroughly. And perhaps this is what Dr. Freud gave us: a method to understand why we act the way we do.

To escape Nazism Freud left Vienna and went to London. He was a heavy cigar smoker and often smoked 20 cigars a day. This caused cancers and he endured over 30 surgeries. As death approached in 1939 he persuaded a friend Max Schur to give him overdoses of morphine. This led to his death on September 23, 1939. His body was cremated at the Golders Green Crematorium in England and his remains were placed in the Crematorium's columbarium.

Please note that Dr. Freud omitted a very important concept. He failed to tell us how to have a right relationship with our Creator, Who could do more for us in one minute than we could in our own strength in one lifetime.

CONGRATULATIONS!

Jack and Olive Jones celebrated their 70th wedding anniversary September 1, 2010. Family from far and wide attended the 3 day extravaganza.



The Mentone Educational Resources Foundation (MERF) will soon be announcing a new scholarship program for the students of the Mentone and Valley Head communities.

Please watch the November edition of the Groundhog for more details. You may also request information at merf.mentone@gmail.com.

Evelyn Graves Selected for 2011 National Registers Who's Who

National Register's Who's Who each year recognizes and selects leading executives, professionals and organizations in all disciplines and industries for superior business and professional achievements.

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Moon and Chef Ben's Culinary Corner

Brought to you by the Owner's of the Wildflower Café
By L.C. Moon

Chef Ben and I share the same passion for food. We both love cooking from the garden to the table. The fresher the better! A meal is always best for me when I pick my own fruits or vegetables. When the food is still fresh and alive it is beautiful and nourishing. The flavors are at their peak. Fruits are crisper and juicier and vegetables do not have to be cooked or seasoned as much when they are fresh.

One of Chef Ben's specialties in the fall is Roasted Butternut Squash and Sautéed Kale topped with Crumbled Blue Cheese and Pecans. To prepare the butternut squash he first removes the skin then cuts it in half and removes the seeds. Next dice the squash into cubes, rinse thoroughly and drain. Toss the diced squash in extra virgin olive oil with fresh minced garlic, sea salt and a dash of cayenne. Bake in the oven covered for 45 minutes or until soft enough to poke a fork through. Cook the squash uncovered for 15 minutes, stir and cook for fifteen more minutes or until the pieces are a little brown around the edges.

While the butternut squash is cooking wash the kale, removing the stems and any tough or unhealthy parts. Cut or tear it into large bite size pieces and sauté the kale with fresh garlic in extra virgin olive oil. When it is al dente in the center and wilted around the edges spray it with Bragg Liquid Aminos. Cook the kale until its edges start to crisp. Then chop and dice some of the sautéed kale and blend it with the roasted butternut squash.

Once the butternut squash and kale are blended you are ready for your presentation! Place a portion of the fresh sautéed kale on the plate, then spoon on a portion of the roasted butternut squash, top with crumbled blue cheese and chopped pecans, garnish with diced chives and a sprinkle of cayenne powder.

The textures and flavors of this dish are excellent with poultry, beef or blackened fish. It also makes a great vegetarian and gluten free dish. Chef Ben and I both believe this dish is one that embodies our mission of healthy cooking methods and fresh ingredients! I will share with you the health benefits of the ingredients within this delicious beautiful dish.

Have you ever heard of Bragg Liquid Aminos? Those who try it often keep it on their grocery list because it is great for seasoning vegetables, meats, dips and sauces. It is used as a soy sauce substitute but the taste is much more flavorful than soy sauce. It is made of non-gmo soy protein and purified water and contains 16 naturally occurring amino acids. Amino acids are the building blocks of proteins. The body can produce 10 of the 20 amino acids needed by the body and the other 10 must be provided by food. Proteins make up tissues, muscles, glands, organs, tendons, enzymes, nails and hair. Amino acids are great for treating sleep disorders, degenerative disorders, virus, fatigue, mental health and metabolism to name a few.

Garlic and cayenne, I am sure you are quite familiar with, are both great for your heart and circulation. Cayenne is also high in vitamin C and good for your metabolism. Chives are the perfect garnish and contain iron, vitamin C & A, minerals, potassium, calcium and folic acid. The Romans believed chives were good for curing a sore throat and they are said to have mild antibiotic properties. Blue Cheese also has mild antibiotic properties because the mold that causes the blue swirls is, in fact, related to penicillin. Blue cheese also contains calcium and is said to be easier to digest than other cheeses especially when made from goat's milk. Pecans are rich in protein, heart healthy fats, are proven to help lower cholesterol and contain 19 vitamins and minerals, including vitamin E, a powerful antioxidant, and Vitamin A. Kale is power packed with vitamin A as well as vitamin C, E & K plus highly absorbable calcium, magnesium, potassium, iron, and seven times more rich in beta-carotene than carrots. It also fights fat and has important phyto-chemicals that help boost the body's detoxification enzymes to fight cancer causing toxins. Butternut Squash is high in fiber, beta-carotene and vitamins A & C. Butternut Squash has no fat or cholesterol so olive oil is a wise choice for cooking. Extra virgin olive oil deserves an entire article written about it for all of its health benefits. It is good for your heart, cholesterol, a great antioxidant and an excellent healthy low fat option.

May your fall be blessed and full of fresh foods from the harvest!

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New Things are Going on at The Blue Lantern

By Evelyn Graves



platform for musicians to play their various instruments. The area is ideal for dancing and exercise. It really caught on, and people came from everywhere to listen to the music and dance. Six states and three foreign countries were represented during the three years it was in operation.

In 2003, John and Mary Sue Baty built a rustic building near their home which was designed to provide recreation and entertainment to senior citizens. It is large enough to seat 70 people comfortably with a

For several different reasons, the Batys decided to discontinue this project, and they decided to

convert the Blue Lantern space to a photographic picture gallery, featuring many local scenes and wildlife, generating computer-enlarged photos for framing. They

have a number of beautiful pictures done both in color and black and white. The Blue Lantern building was the perfect place for displaying any kind of art, and there are approximately fifty framed pieces housed there. The Batys make picture frames from old or used frames and finish them attractively.

The Batys have been collecting books from a variety of sources and have them housed in a large room off the back of the dwelling. After much culling and selection, they have approximately 800+ hardbacks and 1000+ paperbacks, an excellent selection of authors from favorite categories plus some 75 biographies.

"The bookstore-library-workshop is open any time you can reach us by phone," they said.

A few novels written by John Baty and typed, copied, then hand-bound by them are still available. "The work is slow and expensive so these will

cost more."

Another hobby is the refurbishing of electric guitars. "A half-dozen are available at prices one can afford," they say.

All books and art are at the same address, 1232 County Road 642, East of Mentone, 7/10 mi. north. Call before you come at Home phone 256-634-4415.



A Pet Portrait That Will Last Forever!

Here's a great opportunity to 'git er done' in a beautiful setting.

Not too long ago my wife and I lost our beloved Oscar, a beautiful long haired mini Dachshund, to cancer. We still miss him! Recently I started to think about the fact that even though I'm a photographer I never took the time to photograph him as much as I should have. It's sort of like the proverbial dentist whose kids have the worst teeth in the neighborhood.

It occurred to me that many of you who love your pets would cherish a portrait with them. So, we at Royal Memories Photography have put together a limited time offer for you to have a portrait taken at the historic and best known landmark in Mentone, The Hitching Post, for a very reasonable investment. It's so important to have a keepsake reminder of that irreplaceable member of your family.

I remember when Katrina hit I heard on the news over and over the people saying they had to rescue their children, their pets and grab their treasured photos. That struck me!

Call soon to take advantage of this limited time offer. All sessions are by appointment only. We are booking sessions for every Saturday in October. There are two packages available: Package 1. One 8 x 10 and 4 wallets or Package 2 is Two 5x7 and 4 wallets for only \$39.95. Additional pictures may be ordered as well as gifts such as mugs, puzzles, keep-sake box and more. These portraits are great for Christmas cards and gifts. Call today. For more details visit our website: www.royalmemoriesphotography.com, email us at: Royal@royalmemoriesphotography.com or feel free to call: 256-635-8760



RHODODENDRON GARDEN CLUB NEWS

Linda Brown, Secretary

The Rhododendron Garden Club continues to educate and inspire its members to strive to achieve higher standards of gardening. The meeting of September 14, 2010 was no exception. Seven members were in attendance. The meeting was opened by President Dianne Kuehl. The inspirational minute was presented by Marilyn Knight and the pledge to the flag of the United States of America was led by Jill Whitten. Refreshments were served by Martha Wood and Madelon Houghland. The regular reports were given and approved for filing. Dianne encouraged everyone to look in their fall Hortensia and use the instructions for making planting pots from paper towel rolls. This is a good way to recycle the rolls and your plants can be put directly into the ground when using them, as they are biodegradable. This is especially good for plants which cannot endure the disturbance of their roots when being transplanted. The report which Marilyn Blanton Campbell calls the, "sickness and wellness" report, showed that some of our members and/or their family members are "a little under the weather." To use a good ole Southern phrase.) Dianne announced several important and upcoming events.

The recent offering of a scholarship by the Northeast Alabama Federation of Garden Clubs was explained. This would enable one member of the seven member clubs in the federation to attend Judging School which is offered periodically by The Garden Club of Alabama, Inc. This would pay for the school itself. The terms are that each club be offered first choice of using one of the scholarships. If this club does not accept,

then it is returned so that another club can have two opportunities to attend. This enables at least seven people from this area to attend the schools. The members were pleased that Jill Whitten accepted the one offered to our club. More about this as the time for attending approaches.

Much discussion was given to the VFW Fair Flower Show of September 27 through October 2, 2010. The club is one of the clubs in the Northeast Federation of Garden

Clubs Flower Show, held in conjunction with the fair, constructing a vignette design in the club competition. We agreed that our plans were made and we are well on our way to offering a first place exhibit. The members reported on other design classes that they plan to enter and it looks as though the club will be well represented in the show. The Design Division of the show is limited to garden club members but anyone can enter the Horticulture Division. Everyone is urged to look in your yard and find something to enter. That is, if you can find anything still green. The drought, which has come on the heels of a very wet spring, has really caused everything to go dormant earlier. Any garden club member can help you find a DeKalb County VFW Agricultural Fair book and can assist you in locating the information needed to enter. The meeting was adjourned with Dianne being awarded the door prize.

The next meeting: Tuesday, October 12, 2010, the program will be a presentation on Bonsai by Lowell Tilley of Baton Rouge, Louisiana. Every member is urged to attend and we are always pleased to have visitors.

The Rhododendron Garden Club is a member of Northeast Alabama Federation of Garden Clubs; District II; The Garden Club of Alabama, Inc.; and the Deep South Region.

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Door Prizes will be given away every hour on the hour...you must be present to win.

A large handmade Queen-Size quilt will be given away on 10/30/2010 @ 3P.M. Presence is not required to win. Tickets available with donations of \$1.00 per ticket.

Contact: 258-635-8117 or atvalleylady@yahoo.com

The Mentone Area Arts Council and the Big Wills Arts Council are pleased to present Garden Showstoppers, Featuring Benny Campbell, Saturday, October 23, 2010, 2:00 PM, City Auditorium, Fort Payne, AL \$20 Per Person. Make Your Reservations Today!

You are cordially invited to join us on Saturday, October 23rd for an afternoon with floral designer extraordinaire, Benny Campbell. With a penchant for things beautiful and a charming, if not wicked sense of humor, Benny will demonstrate his signature style of airy, lush and loose arrangements which he describes as "free-flow with a Southern influence." If you are looking for tradition, maybe baby's breath and roses tucked tight into a crystal vase, well, you've got the wrong guy. Benny works fast and crazy to create arrangements that are whimsical, natural, and some of the best you have ever seen. And, there will be plenty of surprises.

Benny has worked in floral design for more than 35 years, and his work has been featured in magazines, the Birmingham Museum of Art, and Belk. He has dazzled audiences all over the country with his demonstrations and educational programs.

This is an event you don't want to miss. Reserve your spot today by sending your name and a check in the amount of \$20 to the Mentone Area Arts Council, PO Box 370, Mentone, Alabama 35984. For further information, please email Neal Whitt, President of the Mentone Area Arts Council at nealwhitt@aol.com.

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■ DeKalb, Continued from 1

free movies and all the popcorn he could eat. After Bill turned sixteen, he began making \$2 a week. By the time Bill was a junior in high school, he received permission to leave school every day at Noon so he could fire up the projector and provide entertainment to the citizens of Fort Payne. You might say the town depended on Bill and he never let them down. To this day, his picture hangs in the lobby of The DeKalb posing with his beloved Simplex 35mm projector.

After a brief shutdown in the 1980s, the City of Fort Payne obtained the theatre and spruced her up a bit. The marquee and sign were restored to their original color scheme and the porcelain panels were polished and repaired. The ticket booth and entrance doors had long since been replaced by aluminum framed doors in the 1970s so those were removed and replaced with modern doors and dark tinted glass, which make the lobby very energy efficient. The lobby received a facelift in the form of bright turquoise wall paint, pressed tin ceiling tiles, and antique glass block. The vintage movie projector and popcorn machine are on display there as a reminder of the past.

Frank Humphreys, general manager, walked with me throughout the theatre. As we approached the auditorium, I asked if The DeKalb was connected with any historical designations. Frank explained to me that the theatre is not considered "historic" because the vintage seats were removed from the auditorium during the last remodeling and the floor was made level throughout. To a history buff like me, that was like scraping fingernails on a blackboard. But, the city planners knew what they were doing and the end result is WOW! The orchestra level of the auditorium is outfitted with retractable stadium-style seating. Traditional style theatre seats are mounted on the platforms. When the platform is stowed away for a dinner or reception, the seats fold down neatly in place. When the platform is fully extended for a show, the seats sit upright and secure.

Adjacent to the auditorium is an outdoor garden area that can be used along with rental of the theatre. Mr. Humphreys said there have been a wide variety of uses for this space. Some people will stage their wedding in the auditorium and the reception in the outdoor area, or vice versa. Major corporations utilize the

auditorium for seminars and conferences, and use the outdoor area for breaks. Other groups use the facility for class reunions, plays, and even family reunions. The modest rental fee schedule makes The DeKalb affordable and really, what manager would not want to see their powerpoint presentation on a huge movie screen? The DeKalb is outfitted with modern digital projection and sound equipment and can accommodate almost any form of digital media.

Although The DeKalb enjoyed a long life as a movie theatre, she no longer performs that duty. But two community theatre groups do share her stage and feature some of the finest talent available in DeKalb County. Blackberry Little Theatre offers children's entertainment and features elementary and junior high age performers. And the Big Wills Arts Council presents a variety of stage entertainment throughout the year. In addition to community theatre, events such as Battle of the Bands, Boom Day Celebration, Kudzu Follies, and the highly-anticipated Womanless Beauty Pageant all grace the stage of The DeKalb annually providing entertainment while raising money for some of DeKalb County's most deserving charities.

With so much history slipping through our fingers every day, it is nice to see how a vintage theatre can keep up with the times and remain relevant in our digital age. And in addition to the facility itself, the marquee is available for daily rental. Want to wish someone in Fort Payne a happy birthday? Mr. Humphreys can help you with that! You can find out more about events at The DeKalb Theatre, as well as information on theatre and marquee rentals, by writing to Frank Humphreys at dekalbtheatre@fortpayne.org. You may also contact Blackberry Little Theatre via their website at www.blackberrylittletheatre.com.

Fort Payne's DeKalb Theatre is the sixth in a series of articles chronicling historic theatrical venues in North Alabama. Mark du Pont is currently pursuing a Bachelor of Arts in Photography and History at Jacksonville State University. If you have a comment about this series, or would like for Mark to visit your historic theatre, please write to mark.dupont@bclt.org.

This article originally appeared in the September 2009 edition of *Entertaining Huntsville* magazine and is reprinted here by permission of the publishers.

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This beautiful, handmade "Grandmother's Flower Garden" quilt is to be given away at the October Colorfest, the weekend of October 16 and 17. Proceeds from the Quilt Drawing benefit the Mentone Area Preservation Association. Order your tickets now!

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