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THE GROUNDHOG

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Volume 10, No. 9

"Neighborly News from the Heart of Lookout Mountain"

September 1992

CALENDAR OF EVENTS

TUESDAY, SEPTEMBER 1st

MAPA Meeting, 7 p.m.
Dessie's Kountry Chef

MONDAY, SEPTEMBER 7th

Labor Day

SATURDAY, SEPTEMBER 19th

FLR celebrates 20th anniversary of
Clean Water Act - 1-4 p.m. at DeSoto State Park
Picnic Area (public invited)
5:30 p.m. - Potluck at Fischer Rescue Squad Bldg.

SATURDAY & SUNDAY, OCTOBER 10-11

New Salem, Ga. Mountain Festival

FRIDAY, SATURDAY & SUNDAY

OCTOBER 16-17-18

MAPA October Colorfest

FRIDAY, OCTOBER 16th

Ghost Stories, Music and Bonfire

SATURDAY, OCTOBER 17th

One Mile Fun Run, 9:00 a.m.
Groundhog Classic Run, 9:30 a.m.

SATURDAY & SUNDAY

OCTOBER 17th and 18th

Crafts, Boat Rides, Music,
Food and More



Mr. Johnnie Tate remembers Lahusage

Once there was a town called Lahusage

By JUDITH LOLLIK-ANDERSEN

As you cross the Alabama/Georgia State line, entering Alabama on Highway 117, you pass through the outskirts of what used to be the thriving town of Lahusage. It was approximately 4 miles east of Mentone, south on Alabama Highway 117.

Lahusage was a coal mining town on the east fork of the Little River. Russell Sage, a wealthy banker with a great interest in coal and the iron industry, and his partners, two men named Lamb and Hubbard, developed the mining settlement in 1902. The name of the settlement was formed from the names of the three men.

Houses were constructed, and as many as 100 families once lived at Lahusage. The community had its own post office, church/school, and, of course, commissary. The Church/School building was two-storied, serving as a school on the first floor during the week, and as the church on Sundays and in the evenings. The second story was the Masonic Hall and Community Center. A doctor's office was built in the town with Dr. M.T. Floyd serving as the company doctor. A small hotel was built for executives of the mining business and vacationers from nearby Rome and farther reaches. The hotel was managed by Mac Hardwick.

A "dinky line" was built to carry the coal from

underground pits to Five Points in Cherokee County a few miles to the east. From there the coal was dumped into a shoot that slid down the east side of Lookout Mountain into cars of the Tennessee, Alabama and Georgia Railroad (TAG).

Although Mr. Sage and his partners sought ways to make the mines of the area profitable, financing for major iron works went toward central Alabama and the development of the city of Birmingham. Coal was in the mountains, but it became too expensive to mine and transport. The mine was closed around 1916.

A Dr. William Channey and a man named Chapman, both from Lindale, Georgia, bought the

continued on page 4



*View of the Lake Lahusage Hotel
as it stands today*

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A new Groundhog editor

Once again *The Groundhog* has a new Managing Editor. Judith Lollik-Andersen of Valley Head has accepted the position.

"Of the several individuals interviewed for the position, Judith alone had both the experience and the credentials to be editor," noted Pat Seymour, acting editor and president of MAPA.

Judith now makes her home at Woodhaven in Valley Head. She and her husband, Kaare (pronounced Cory) Lollik-Andersen bought the Thompson place six years ago and have been busy restoring it.



Judith Lollik-Andersen

Judith has a background in publishing and editing, although this will be her first venture with a newspaper. As a teacher in Atlanta, she wrote and had published a book on experiences in the "open-classroom". More recently she worked for IBM as an editor and technical writer for software publications.

Judith has selected Dana Goggans to work with her. Dana will be handling the advertisements.

Judith and Dana are looking forward to working with all of you.

Mentone Area Preservation Association

At the July 7 meeting of the Mentone Area Preservation Association held at the Kountry Chef, the new officers were sworn in for the 1992-1993 year. Those officers are as follows:

President: Pat Seymour
Vice President of External Affairs: Wanda Simmons
Vice President of Internal Affairs: Sherman Gough
Treasurer: Dessie Newberry
Secretary: Marie Dillenbeck
Director at Large: Bruce Bon Fleur
Parliamentarian: Homer Crow

Prior to 1991-1992 President Homer Crow's turning the meeting over to the new president, he mentioned the following accomplishments for the year: \$1,000 donation to fire department; \$1000 donation to Mentone Heritage foundation; a donation to the DeSoto Park handicap walk (a donation is made after each festival based on net income); support of the beautification of the area; recognition of Rhododendron Club members for their work in keeping the town beautiful; and the completion of the repair of the stone wall from Mentone light to Tutwiler Gap.

Newly installed president, Pat Seymour, presented a plaque to Homer Crow for serving so competently as president. (See picture elsewhere). A covered dish dinner followed.

At the August 4 meeting held at the Kountry Chef, the program for the evening was directed toward providing the members with the telephone numbers and names of the individuals to whom we should look for emergency assistance. The first speaker was Charles (CJ) Jolley, WQRX Radio personality and dispatcher with DeKalb County Sheriff's Office. For Mentone, CJ gave the Sheriff's Office number: 845-3801 as the number to call, as the Mentone police are usually out on patrol and can be reached quicker by the dis-

THE GROUNDHOG

Published monthly by the Mentone Area Preservation Association, M.A.P.A. was first conceived on Groundhog Day, 1982, and organized April 6, 1982, for the purpose of preserving and protecting the heritage, natural environment, and other unique qualities of life in the Mentone Area, and is chartered as a non-profit organization by the State of Alabama.

P. O. Box 50
Mentone, AL 35984

THE GROUNDHOG STAFF

Editor.....Judith Lollik-Andersen
Contributing Editors.....Ruby Brock,
Linda Brown, Eloise Brown, Bernise Crow,
Evelyn Graves, Doug Hoyt, Bill Schwarz, Sue Schwarz

MAPA OFFICERS

President.....Pat Seymour
Vice President.....Sherman Gough
Vice President.....Wanda Simmons
Secretary.....Marie Dillenbeck
Treasurer.....Dessie Newberry
Parliamentarian.....Homer Crow
Member-At-Large.....Bruce Bon Fleur

In case of errors in advertisements, *The Groundhog* assumes liability only for the actual space that is incorrect in the advertisement.

Letters to the editor are welcome. They should be typewritten and of reasonable length.

The deadline for all material for *The Groundhog* is the 15th day of the month preceding publication.

patcher. He also stressed that when you call, be sure to stay on the phone and give exact directions to the site.

Jesse Crabtree, immediate past commander of the American Legion and captain of the DeSoto Rescue Squad, gave the following numbers: captain 634-4171; David Mays, second in command, 634-4682; Mike Kennemer 634-4484 and Sue Pullen 635-6421, paramedic. He stressed that the first thing is to call the ambulance service and give good directions and give facts, such as the name, age, date of birth of person injured or ill; what medicine the person is taking; if he is allergic to any medicine; whether he is a heart patient, diabetic, etc. He also stressed: keep a map of the directions to your home near the phone so that you can read it to the dispatcher and give accurate directions.

Sue Pullen, paramedic with DeKalb Ambulance Service, gave two numbers: toll free: 1-800-239-5629 or Fort Payne 845-6323. She stressed that when you call, give the nature of the call, tell whether the person is breathing or not, whether he has a heart condition, is diabetic, has lung problems or any other condition; list any allergies; give the age of the person, and whether the person is a child; list the type of medication the person is taking, and be sure to put all medications in a ziploc bag for the medics when they arrive, (the medications will be returned to you). Stay on line and wait until the ambulance service says they are sending a rescue vehicle to you.

Tim Haney, assistant superintendent of DeSoto State Park, 845-0051, also conducts rescue operations. He stressed the importance of giving good directions over the phone, remembering any landmarks, buildings, roads, etc. which will enable the rescuers to arrive quickly.

M.A.P.A.— President's Column

By
PAT SEYMOUR



Strength from the past: Hope for the future

The bedrock of any organization is made up of individuals who have stood in the trenches the longest and held on whatever came along. MAPA has had such members throughout its 10-year history. It was Bruce Bon Fleur who initiated MAPA.

Jean and Charles McGehee were there to establish a level of excellence for *The Groundhog* seldom matched since. Homer and Bernise Crow as officers and members have been bulwarks of strength through good times and bad. Harrell Jenkins has been a part of MAPA's financial affairs throughout the years. He helped build the money cushion it enjoys today, enabling MAPA to continue to contribute to the Mentone area.

Sherman and Mickey Gough have responded whenever called upon and have lent their steadfast dependability through the years. Mabel Kirk and Amelia Kirk have been there to serve as Presidents and to aid wherever their leadership was needed. It was Amelia who spearheaded MAPA's involvement in the June Jam. Early pillars of MAPA also included Milton and Grace Howard, Joe and Betty Stevens, Bob and Ruby Daniels, Sammy and Clara Cash, Ray and Shurlee Froehler, Ed and Gerry Disney, Jack and Olive Jones, Rick and Betty Chapman, Angelo and Frances Rosario, and Dorothy Crow. And the foundation of MAPA, as it is today, is so very strong — because there were so many, many other staunch supporters in those early years.

These are the people who laid the groundwork upon which, as President, I hope to build our plans for the MAPA of the future. Without these early pioneers, MAPA would have no future. Now, we, the current members of MAPA, need YOU. Won't you consider joining us in preserving and protecting the heritage, natural environment, and other unique qualities of life in the Mentone Area? The best is yet to be!

Robert Green of the North Lookout Mountain Volunteer Fire Department gave 634-4545 as the number to call in case of an emergency. This number rings in 10 homes at one time and sounds the alert for everyone to go into action. He stressed that it is important that you have the directions to your home written down and placed under the telephone in case of an emergency. He also said that the Fire Department is urgently in need of a fire chief.

Plans for the October Colorfest are underway. The Colorfest will be held during the weekend of October 16-18.

A motion was made and seconded to set the dues for MAPA as follows: \$10.00 per individual, or \$15.00 per couple or household.

Refreshments were served by hostesses, Doug and Dael Hoyt.

Mentone area happenings

In November 1991, the MAPA members voted unanimously to retain and maintain the native stone wall along Highway 117 from Tutwiler Gap to Mentone. With the aid of the Alabama State Highway Department providing signs and crewmen to slow and stop traffic, Jesse Crow and his helpers, Tony Crow and Pleas Webb, completed the repairs to the wall on June 26, the Friday before the beginning of the Crafts Festival. They completed the work on the wall in two weeks.

August 23, Jimmy Graves Day, according to Town Council Notes.

Sept. 19 Celebrate the 20th Anniversary of the Clean Water Act with Friends of Little River at the DeSoto State Park Picnic Area from 1:00 to 4:00 p.m. Refreshments provided. A membership pot luck dinner will be served at the Fischer Rescue Squad Building at 5:30.

News from United Church Ministries

By DOUG HOYT

The United Church Ministries held a meal-on-wheels dinner on Saturday, August 8th. The meal was delivered to 70 families in the Valley Head and Mentone area.

The ham dinners were prepared by the Valley Head Baptist Church and delivered to seniors and families in Mentone and Valley Head. The meal included vegetables, fruit, and dinner rolls (donated by EarthGrains).

The organization was formed in 1991, and is a nondenominational christian-based community support group. Its mission is to provide outreach in the basic areas of food, shelter, clothing, and spiritual support. The goals of the group are to act as a service organization for the local churches and to help administer programs and volunteers.

Current officers and Board of Directors are Joe Underwood (President), Eugene Smith (Vice President), Doug Hoyt (Treasurer), Martha Stanley (Secretary), and Donna Willoughby (Board Member).

The United Church Ministries is membership-based and meets monthly. For more information, call Doug Hoyt 634-4456.

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Amelia Kirk, Owner

Announcements

The Lookout Mountain Parkway Association, under Jack Jones, president, has purchased an option on 5.5 acres of land on the West brow of Lookout Mountain overlooking Ft. Payne. This site is on Scenic Road North about 45th Street. The site has been cleared and signs placed at each end. The City of Ft. Payne has passed a resolution in support of the Lookout Mountain Parkway Association building a park in this location. You may make donations payable to the OVERLOOK TRUST FUND. The ten largest contributors will have their name on a tablet at the park. The completion of the park is set for October.



NARFE. The National Association of Retired Federal Employees will meet Tuesday, September 15, 10:00 a.m. at Western Sizzlin. Guest Speaker will be Capt. David Walker of the Fort Payne Police Department, who will discuss the new 911 systems in Fort Payne, and, hopefully, tell us when the system will be operating countywide.



Bill Schwarz carefully reads ads on MAPA Bulletin Board located in front of Mentone Post Office. Marlon and Bob Solomon organized categories and Luther King, Jr. repainted the structure.

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Millard McNutt, of Valley Head, on tractor, David Vest, of Hammondville, with spade.

Mentone Town Council Meeting

At the August 3 meeting, a resolution was passed whereby Mentone enters into an agreement with the State of Alabama, by and through the Alabama Highway Department, for the installation and maintenance of two city boundary signs. Another Resolution was passed honoring Rev. James Edward Graves for 50 years of dedicated service as a Baptist Minister, and that Sunday, August 23, 1992, was declared James Edward Graves Day in Mentone.

City Elections were held on August 25. Those unopposed were: Max Cash, Mayor; and Councilmen: Benny Goss, Place 1; Larry Hooks, Place 2; Don Brock, Place 3; and James Johnson, Place 5. Place 4 is contested with incumbent, Hobson Kirby, and George Hulet, opponent. (Hobson Kirby won reelection).

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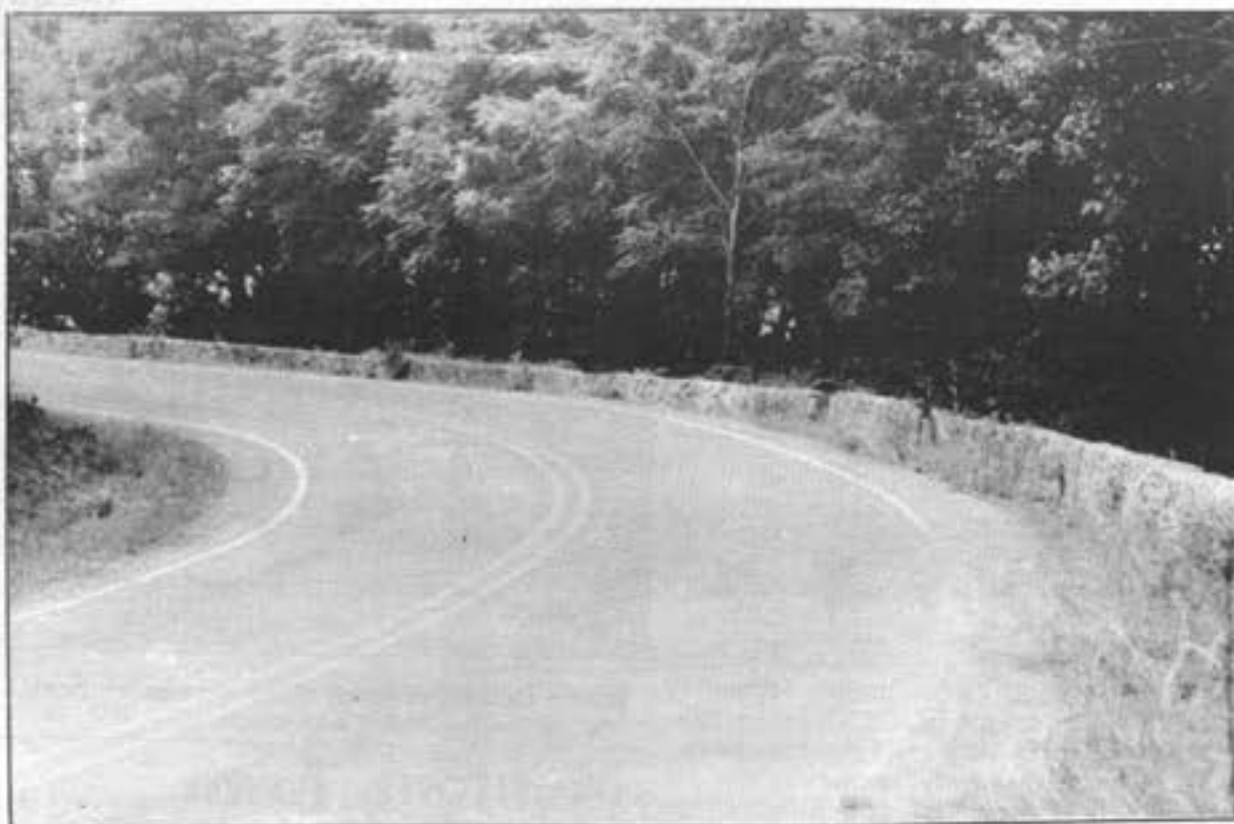
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Native stone wall from Mentone light to Tutwiler Gap was repaired by Jesse Crow and his helpers, Tony Crow and Pleas Webb with funds applied for and received from the State of Alabama.

Lahusage

continued from page 1

land. The houses were sold to individuals for construction materials. Dr. Channey later used the land as his private hunting and fishing preserve.

Around 1920, a group of investors from Florida came to Lookout Mountain and saw the possibilities of a resort in the picturesque setting along the east fork of the Little River. They envisioned a beautiful lake formed in the deep canyon and a 180 room quarried sandstone hotel, with all the modern features of the day. The men purchased approximately 7000 acres of land and formed the Lookout Mountain Development Company with H. H. Pounds as President. Their first task was to build a stone dam across the river. Mr. Johnnie

Tate remembers hauling rock for the dam under the direction of W. Blevens Strickland, the foreman. Mr. Hall, who built several dams on the river, was the engineer. The dam was completed in 1924, and the lake was named Lake Lahusage. The road across the dam became the main thoroughfare until a portion collapsed in the early thirties. Although the dam was repaired, the roadway was not.

Dr. Jacob Gorman and his son-in-law Gray Morrison had a dream to build a summer camp for boys. In 1927, Dr. Gorman bought the land below the dam on the western bank of the river. He built a lodge on the bluffs overlooking the Little River and opened Lookout Mountain Camp for Boys. Until recently, the camp continued to be operated by members of the family.

Meanwhile, Mr. Pounds and his partners began the building of the hotel. It was to sit in a fork of the river, near the deepest portion of the lake, looking across the lake toward the dam and the beautiful canyon beyond. All was nearly completed, even the plumbing installed, when the 1929 crash hit and land prices in Florida collapsed. The project was abandoned and The Lookout Mountain Development Company went into receivership. The property returned to the original owners.

The almost-complete hotel was rented by the government as a convalescent home for World War I veterans and later, as a campground for the Civilian Conservation Corps young men who were working on DeSoto State Park in the 1930s. Mr. Tate remembers living there, with several other families in the mid-thirties. The rooms had been converted to small apartments. The property was even used as a park for many years. But time and decay took its toll until the roof fell and the walls crumbled.

The lake still lives in all its serenity. Jack Jones' Lookout Mountain Properties has sold lots around it, and many expensive homes overlook its peaceful waters.

At some time in the past year, an inspection of the dam was made. The Alabama Emergency Management Agency that the report has states the older rock portion of the dam is in poor repair and in danger of giving way. If this happens, not only would it mean the loss of a beautiful lake, but the loss of some of our history.



Bruce and Marsha Bon Fleur have opened a new business, The Lookout Mountain Exchange, located in the Hitching Post. They will be directing their energies toward this business and will no longer be the advertising editors of *The Groundhog*.



Outgoing MAPA president, Homer Crow (R), is shown receiving a plaque of appreciation for his services to the organization by newly-elected president Pat Seymour (L).

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The Country Journal does not appear in this month's issue of the Groundhog, as Bernise and Homer's daughter, Joyce, has been seriously ill in South Carolina. Joyce is now home from the hospital and Bernise will soon return to Mentone. Prayers on Joyce's behalf have been raised all over Mentone.

Rising Fawn happenings

Gracie Sewell of the Cureton House is having a huge, semi-annual, 10-day flea market and yard sale in the Cureton House yard beginning Friday, September 4 through Monday, September 14. Everything in the house will be on sale. Dealers are welcome.

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I would like to invite area cooks (and I know from personal experience, there are lots of really great cooks in this area) to participate in the writing of this column by submitting your recipe(s) to be included in the column. (Full credit will be given.) We are all trying to become more conscious of eating a well-balanced healthy diet, and I hope we have good, and good for you, recipes represented here.

In submitting recipes, I ask that you be specific with directions and quantities. We have all had failures because some of a recipe was a little vague as far as exact quantities and container sizes were concerned. To have a recipe or comment included in this column, please send it along with your name, address, and a phone number where you can be reached, to: GROUND-HOG, c/o Recipe Corner, P.O. Box 50, Mentone, AL 35984.

1. BLACKBERRY CORN MUFFIN CAKE*

2 C unbleached all-purpose flour
 2 t baking powder
 1 C yellow cornmeal
 1/4 t salt
 3/4 C unsalted butter
 1-1/2 C sugar
 2 T minced orange peel (optional)
 3 large eggs (or equivalent egg substitute)
 1-1/2 C buttermilk
 3 C fresh blackberries, or frozen unsweetened, thawed

GLAZE

1/3 C orange marmalade
 3 T sugar
 3 T unsalted butter or margarine
 1-1/2 T whipping cream or half & half.

FOR CAKE: preheat oven to 375°F. Butter and flour 12-cup ring or bundt pan. Mix first four ingredients in medium bowl. Cream butter and sugar and orange peel in large bowl until light and fluffy. Blend in eggs one at a time. Fold in half of dry ingredients. Stir in buttermilk and

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blackberries. Gently fold in remaining dry ingredients.

Spoon batter into prepared pan. Bake until cake begins to pull away from edges of pan and tester inserted in center comes out clean, about 50 minutes. Cool in pan 15 minutes. Invert cake onto plate and cool completely.

FOR GLAZE: Combine all four ingredients in small saucepan: cook over low heat until sugar dissolves and butter melts. Reduce heat and simmer until thick and bubbling, stirring frequently (about 5 minutes). Cool completely. Spoon glaze over cake, allowing excess to run down sides. Garnish cake with extra berries if desired. This cake can also be made with blueberries or raspberries, and it is delicious without the glaze for breakfast or brunch.

2. WILD BLACKBERRY SUNDAE TOPPING*

1 quart wild blackberries
 1 C sugar

Cook blackberries 5 minutes over medium heat. Mash berries while cooking. Add sugar and cook until slightly thickened. Great on ice cream or over biscuits.

*These two recipes were included in a column in the Decatur Daily featuring my friend Mary Jane Swanner.

3. MARINATED SQUASH

(Lydia Speed, Huntsville, AL)

2/3 C vinegar
 1/3 C sugar
 2/3 t salt
 1/4 t pepper
 2/3 t onion salt
 1 t oregano
 1 sm. onion sliced thin
 9 sm. yellow squash 1/8" slices

Combine all ingredients but squash and pour over squash. Marinate at least 10 hours. Will keep well in refrigerator a week or longer.



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About

Our Town

By
LINDA BROWN

Summer is almost over! The first indication is that all the camps have closed their regular camping season. The thousands of young people who have come to Mentone, enjoyed one of the best experiences of their lives and have gone home. I meet and talk with at least 500 sets of parents at Camp Laney. The comment I hear most is, "This is such a beautiful area, I didn't know anything like this was here." The second most heard comment, when they find out I live here, is how lucky they think I am. How often do those of us who live here stop and really appreciate what we have? Last weekend, someone said to me, upon learning that I lived in Mentone, "You live up where it's easy to talk to God." In a joking manner, I replied that all we have to do is step out the back door and there He is. Maybe there's more truth to that than I realized at the time.

The second indication is the cooler air that we feel moving in. The nights are much cooler and the days more pleasant. The trees have started to change color, not the bright colors of fall, but a subtle change in the hues of green. The wild flowers that are blooming have changed. The fall flowers are taller with bigger flowers (or clusters) in bolder colors. San Hammond told me recently that she watches for the Joe Pye Weed to bloom as this indicates that summer is almost over and fall is on the way. My favorite is the bright purple Iron Weed that will bloom a little later.

Another indication is that school has started. The boys and girls will be waiting for the bus or walking on the highway more; so, when you are driving, please watch for them just in case they forget to watch for you. Many Mentone students will be attending Valley Head High School for the first time this year. This will be a very different experience for them and I hope that they can make the transition without too much stress and strain. Good luck to all of you, do your best and smile a lot, it seems to help.

The fire department and rescue squad are involved in a joint training class. They are learning the many skills needed to respond to the varied situations they are called to help with. I cannot praise these men and women enough. Bobby and I were involved in the rescue squad for many years and I know the time and effort (and sometimes money) they must invest. They have to be prepared even if they are never called on a mission. Thanks to all of you, keep up the good work.

Three things have happened lately to make me think that maybe we are too quick to judge others, especially if they are a little "different" in some way. First, a person who once lived here but now lives in a very large city, stated that they would never return to Mentone because, in the city, they were not judged and compared to others as they were in Mentone. In the city, they could just be themselves and be accepted for what they were. Second, a couple who were not what we normally see, were walking on a street in Mentone and were stopped by someone and told to leave, that we didn't want them here. Third, the subject for a church school class that I teach was not judging others. The question was asked, "Are you ever compared to other people in an unfavorable way?" The immediate response was YES! I teach junior high school age youth. Why should we judge or compare one person with another? We are all individuals with different talents and abilities. Love each person for who and what they are.

My sympathy is extended to the several Mentone families who have lost loved ones recently. My love and thoughts are always with you in this period of your grief.

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News from area churches

By EVELYN GRAVES

The Mentone United Methodist Church will have a covered dish luncheon at the church on August 30 immediately following the worship service.

The Youth of the Moon Lake Baptist Church have just returned from a retreat in Panama City, Florida. This was the last activity planned by the Youth Director, Eddie McPherson, prior to his leaving to accept a position as Youth Director at Minvale Baptist Church in Fort Payne. The Search Committee is now taking applications in an effort to fill his position at Moon Lake.

The Wesleyan Methodist Church has a new pastor, Randal Addison, from Allentown, Pennsylvania. He is married and has two daughters and one son, ages 5, 3, and 2. Prior to his coming to Mentone, the Reverend Randal Cossand served as interim pastor following the resignation of the Reverend Blaine Derck who has accepted a pastorate in the Baltimore area. Reverend Cossand is married to Mary Warren whose family are natives of Mentone.

The Church of God of Prophecy reports a wonderful week of Vacation Bible School which ended on August 14. The total enrollment for the week was 84.

Winston Memorial Presbyterian Church in Valley Head extends to everyone who is interested a cordial invitation to attend worship services each Sunday at 9 a.m.

The Ladies' Ministry of the Mentone Church of God is planning an auction sometime in September. Bobbie Smith is the auctioneer. The men of the church have recently redone the porch and built a ramp.

The Valley Head Baptist Church will begin on Tuesday morning, August 18, serving a breakfast for young people who are in seventh grade and above. A brief devotional will be given, breakfast will be served, and then the young people will have time to walk to school before classes begin. This will be a regular event during the school term.

A special class on new membership is being taught by Jean Jones. The walls in the bell tower area are being replastered. Chimes are now being played before Sunday School and the worship service in five-minute segments. The church has called a new pastor, the Reverend Jack Wood, who formerly served as pastor at Broadway Baptist Church in Rainsville. He is a native of Birmingham.

A Children's Missions Musical entitled "Charlie Cherub Going to All the World" is now in the making. All children in the area are invited to participate in this musical. It will include children from all churches from first through sixth grade. Practice is on Wednesday evenings with a snack at 5:30 o'clock and practice at 6:00 o'clock. Devan Jackson is directing the music.

The Union Hill Baptist Church, south of DeSoto State Park, pastored by Jimmy Graves, is experiencing a wonderful spurt of growth. Its members are excited as chairs are brought into the sanctuary to help accommodate the overflow.

continued on page 6



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Our community has been saddened recently by the death of two more dear persons: Pluma Freeman McNew, widow of "Shine" McNew, a gracious and beloved lady, and John Barnard. He and his wife, Adis, were faithful members of our Valley Head Methodist Church for many years, and he served as Church School Superintendent. Sincere sympathy to their survivors, also to Mildred Laws and family, on the loss of her sister, Ruth Freeman, who lived near Birmingham. She also recently lost a nephew.

Many prayers and best wishes are with the following: Sue Cooper's daughter Marguerite Wilson, who has had surgery at Memorial Hospital in Chattanooga; Patsy Hammond, who is ill at her home; Evelyn Phillips and Opal Tatum, who are not well; Alma Wilks, who suffered serious injuries from a fall and a stroke; and Geraldine Hawkins, who is recovering from a fall.

Florence Tatum and her daughter, Dot, visited Janie Longshore, recently.

Gladola Holleman has returned from a visit with her sister, Jean Poe and Jean's husband, Oscar, in Paris, Kentucky.

Crystal Sisler and Jean Blecha, of Orange Park, Florida, and Marilyn and Abe Phillips, from Evergreen, Colorado, were recent guests of Dot and Bill Blackburn.

Adelaide Biddle and Gladys Stott have been attending Monitoring Training School in Huntsville. Gladys is Chairman of the Council on Aging Advisory Board. They are two busy ladies.

The Sunshine Club on June 25, held their June Meeting at the home of Lillie Bowden. Present were Sue Cooper, Evelyn Clark, Geraldine Hawkins, Karen and Katie Freeman, Gladys Cobble, Opal Tatum, Addie Hall, Bess Bauerle, Eloise Morgan, Jewell Palmer, Vernitice Young, Ruth Pickett, Leona Charwick, Carmel Gifford, and Eloise Brown. On July 23, the Sunshine Club met at Bess Bauerle's home, with Evelyn Clark, Gladys Cobble, Addie Hall, Sue Cooper, Carmel Gifford, Vernitice Young, Eloise Morgan, Jewell Palmer, Dot Blackburn, Ruth Pickett, Gladys Stott, and visitors, Judith Lollik-Andersen, Marie Dillenbeck, and Dr. Pat Seymour, who was our speaker. We were honored to have Dr. Seymour speak to us on "Change - To Everything There is a Season."

Helen White's daughter, Karon Miller, and granddaughter, Rosemarie, from Baltimore, Maryland, are visiting her and Arno.

The Valley Head U.M.W. met at the home of Mary Crow on July 29, with Jane Blansit as co-hostess. Others present were Elizabeth Coleman, Velma Hammond, Mary Holleman, Melinda and Jeff Adkins, Eloise Brown, and Venna Livingston, who taught the third chapter of the book, "That You May Have Life," based on the 8th chapter of John.

Peachie and David Cearley came from Irvine, California, to take Laura Margaret Allison and Elizabeth Coleman to the wedding of Elizabeth Allison, daughter of Tom and Irma Allison, to Keith Spring, at St. Mark's Lutheran Church in Asheville, North Carolina.

Beverly and Clyde Hoyt, from Sebring, Florida, are visiting Dael and Doug Hoyt.

We are enjoying a very informative and inspiring Bible School and revival at Valley Head Methodist Church. It is conducted by Rev. Curtis Bridges of Moon Lake Baptist Church with Jamie Bell from Hodge Missionary Baptist Church, at Dutton, as pianist.

Mr. and Mrs. Harvey Morrow and Billie Pickett enjoyed a trip through the New England states and fishing at Cape Cod Bay.

Nicole Stott graduated from Branell Computer Institute in Chattanooga. Among those who attended her graduation were Jesse and Becky Stott, Casey Stott, Scott Meadows, Gladys Stott, Brenda Loveless and daughter, Holly, Gladys Cobble, Mickey Cobble, and Steven Cobble.

Jennifer A. Stott, a student at the School of National Science and Math at U.A.B., was named to the Presidential Honor List for Spring 1992 term. To qualify for this honor, a student must earn a 4.00 grade point average. Congratulations to the Stott girls!

We are proud of our new Post Office and the new look of the former football field.

Time is flying! Grab hold of summer and don't let it get away! Enjoy it while you can!

Peachie and David Cearley came from Irvine, California and took Laura Margaret Allison and Elizabeth Coleman to the wedding of Elizabeth Allison, daughter of Thomas and Irma Allison, to Keith Spring at St. Marks Lutheran Church in Asheville, North Carolina on June 20th. Laura Margaret recently returned home after a visit with Ansley and John McGinnis in Florence, South Carolina. While there, she had cataract surgery and is recovering well.

Geraldine and Howard Hawkins spent several days recently with their son, Robert Hawkins and family in Brewton, Alabama.

John Douglas Jones, who is stationed at the naval base in San Diego, visited his parents Jean and John Jones; also visiting with them were Roy and Bonnie Jones and children, Megan, Rebecca and John Paul. Roy is being transferred from San Diego to Groton, Connecticut.

The Valley Head Baptist Church had a very inspiring revival conducted by Rev. Roger Graham of Rainsville, who could really make the piano sing along with him. They are delighted with their new pastor, Jack Woods.

Helen White's daughter Karon Miller and grand-daughter, Rosemarie, from Baltimore, Maryland, have visited her and Arno recently.

Death has taken another dear lady, Bonnie Phillips, from our midst. Sincere sympathy to her family.

I attended the beautiful wedding of my great-grand-daughter, Beverly Meadows to Shane Wright at the Church of Christ in Fort Payne on June 27. I pray that they will have a long, happy life together.

Peggy Howe, Helen Hill, Adelaide Biddle, Maureen Hammond, Venna Livingston, and I, joined a bus load of 40 others, for a tour of Chickamauga Battlefield and the Aquarium. We had a delicious lunch at the Choo-Choo.

School started Wednesday, August 19. Please drive carefully and watch out for these precious lives. So many are entering kindergarten at Valley Head, they may have two classes. I have little great-grand-daughter, Amanda Brown, who will be going for the first time, joining her brother, Robert, who is in first grade, and their cousins, Scot, Jason, and Alison Meadows, who are older.

There is a tinge of Autumn in the air, with temperature delightful and rare; I wish that we could find a way to persuade it thus to stay, but I'm sure that God knows best, everything must have a rest.



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The River Watch

By
BILL SCHWARZ

A search for the lost positive

That title sounds like it ought to be the name of a Humphrey Bogart movie about the search for a long-lost gold mine or an Aztec ruin, rich with jewels, silver, and, of course, gold. Actually, it's about our language which is a jewel, but sometimes is strange. An English teacher, linguist, etymologist, or an anthropologist might well say it's dynamic, growing, adaptive, culturally rich, or other such enlightening adjectives. They are right, but me, a retired used-to-be-chemist, I describe it as sometimes really strange...weird even.

There are words in our wonderful language for which there is only the "negative", and the "positive", from which they may have been derived, has long since vanished or maybe never even existed. In any event, the "positive" is now lost.

Take, for example, "deceased", something or someone who is dead.

Now, everyone knows that the prefix "de" means "not" or at least has a negative inference. So, if someone who is dead is "deceased", is someone who is alive "ceased"?

An uncouth person is rude and impolite. Ever hear of someone being "couth"? Actually, it does exist as a word, but only as the "un-negative" of uncouth. Strange, huh?

If you make it smaller, you decrease it, right? If you make it bigger, you increase it! But "in" is another of those prefixes which mean "not". so, does that make increase and decrease mean the same thing? If you leave something the size it is, do you "crease" it?

A person without much skill or ability is frequently described as inept. Have you ever heard, "John is really ept with his hands, he makes nice furniture"?

Likewise, everyone knows a flammable substance is one that will burn. Inflammable ought to mean it won't burn, right? Wrong! It means the same thing as flammable. Know what an incandescent light is? Sure, it's one that produces a glow when a wire is heated. What about candescence? It should be the opposite, shouldn't it? Wrong again! Candescence and incandescence are the same thing. You can't trust anything, can you? Not even your good ole language.

Having consumed too much alcohol a person is described as intoxicated. If that person is cold sober, is he toxicated? Inert means inactive or lazy. If one is active and energetic, is he ert?

An event that happens repeatedly is said to recur. If it happens only once, does it "cur"?

Take the prefix "ob". It means against, again a negative connotation. Consider the word obnoxious meaning objectionable or offensive. If something is "noxious", is it pleasant or nice? Wrong! Noxious is no more than another way of saying obnoxious. Again, a lost positive.

Now, consider objectionable. Rather than a deed being objectionable, consider that it is good, nice, kind, and sweet, it is jectionable? Alas, another lost positive.



Obscure means "not clear or plain; uncertain". Does scure tell us that it is clear, easily understood; certain?

Where is the positive for oblivious?

A child being supported by parents is said to be dependent. When that child goes out on her own, is she now pendent? Well, she could be, but I would hope not, since pendent means hanging or suspended. Actually, she's "independent", which is a double negative, making it, of course, a positive. English teachers are horrified at double negatives such as, I ain't got no sugar, but the word "independent" is fine.

Oh well, enough of this silliness. I'm sure that each reader could come up with many lost positives. It is an interesting pastime for ceased, ert, couth, pendent persons who are ept in and livious to our language.

Next month, I try a different subject, but I don't know what it'll be just yet. For now, thanks for reading. It's a real honor to have your attention for a few minutes. See you next month, and, in the meantime, stomp them Japanese beetles, they're destroying the grapes and blackberries!

Menlo happenings

The Menlo Baptist Church celebrated its centennial Sunday, August 9. Menlo Baptist Church was formed in 1892 when Mt. Harmony Baptist Church, located between Chelsea and Menlo, divided. One part moved to Chelsea to become Chelsea Baptist Church, while the other moved to Menlo.

Ordained ministers met with members on Aug. 7, 1892, to assist in the organization of a church.

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The Rev. D.T. Espy was appointed the first pastor.

On May 28, 1896, a dedication service was held for the church building. Plans for the new church building had been accepted by members on Aug. 28, 1892. A lot for the building, as well as space for a hitching post, was obtained at that time. The first Sunday School was also established. The Menlo Mission School met for the first time on the first Sunday in June 1895.

Plans for a new building were submitted in May 1903. The new building was dedicated on May 24, 1908. It replaced the original building which was being propped up with poles to keep it from falling down.

Although very few structural changes have been made to the building, a new fellowship and education wing was dedicated on Nov. 5, 1989. It provides facilities for fellowship, Sunday School classes, and the new church Early Learning Center.

The Music Festival held in Menlo Park on August 15 was a roaring success! Emceed by Tony Guiland of Summerville's WGTA, events included cloggers, a horseshoe tournament, summer sports awards, and a highly fascinating magic show featuring magician Philip Murray.

Cloudland happenings

Gigantic Cabbages: Joseph J. Stoker, Cloudland, is famous for his gigantic cabbages. One of his hybrid cabbages weighed in recently at an estimated 17 pounds. Stoker said he grows the cabbages "just for fun." The retiree also grows tomatoes, squash, green peas, beans, and lots more in his garden.

New attorney sworn in: Kelly Hollis was recently sworn in as an attorney. Judge Kristina C. Connelly, of the Lookout Mountain Judicial Circuit, swore in Ms. Hollis at the Chattooga County Courthouse. Ms. Hollis, 26, was presented by State Court Judge Carlton Vines. Ms. Hollis is the daughter of Betty Hollis, Cloudland, and Dr. Bob Hollis, Ormond Beach, Florida. She received her bachelor's degree in finance from the University of Florida, Gainesville, and her juris doctorate degree from the University of Georgia. Ms. Hollis is the second woman to be sworn in as an attorney in Chattooga. The first, Mrs. Connelly, was sworn in by Judge Joseph Loggins in 1978.

Doctor, my back is killing me!



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3 WOODED LOTS — Lookout Mountain Parkway, with partial valley view located in the Mentone city limits and city water. **\$23,000.**

20 ACRES — On the bluff (brow), with electricity. Great location and beautiful view. **\$159,000.**

Area churches

continued from page 6

New teachers and officers have been elected for the forthcoming year, and new classes are being formed to meet the needs of all ages. Rex Harrison is conducting an in-depth study of the book of Revelation. Plans for a new member orientation class are in progress.

The Youth Choir was recently selected to do the audio-video promotion for the United Givers Fund campaign. The Young People raised money and made a trip to Gatlinburg and Nantahala Outdoor Center in July, and the young boys enjoyed an overnight camping trip recently. Other special events are scheduled throughout August and September.

The search for a new rector at St. Joseph's on the Mountain is under the supervision of acting rec-

tor Oscar Hussel. The seven member search committee, made up of men and women, is meeting weekly.



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CLOUDLAND-Lookout Mountain Parkway. Nice large building lot with scenic view approximately two acres. Priced at \$15,000.

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CLOUDLAND-SPECTACULAR VIEW-Beautiful wood and mountain rock home less than a year old on a wooded 2.8 acre brow lot and featuring three bedrooms, two baths, great room with rock fireplace, kitchen with breakfast alcove and beautiful oak cabinets, garage and utility, deck, full daylight basement, central heat and air, other amenities too numerous to mention. Appointment only.

Mamie: Thoughts of a compassionate caregiver

By LINDA DAVIES

Editor's Note: Linda Davies has been serving the area as a caregiver for many years. She has worked in private homes and nursing homes, most recently, Mountain Manor Nursing Home. Linda has many stories to tell of the people she has learned to love. Although the situations she tells about are real, the characters are fictional to protect the privacy of the individuals she has worked for.

Mamie was a charming, elderly lady, living in her own home, and I was her caregiver. She was in her 90's when I came to Trenton to stay with her. Mamie was learning to walk again after breaking her hip, and she was doing quite well. She had a bad heart and was aware some days that she was slowly dying. Other days she'd ask what made her so weak. Mamie's mind was no longer sharp, and she couldn't decide if she wanted to be in bed, on the couch, in the chair, or exactly where. In a minute's time she'd forget she had told you something and repeated herself often.

Mamie was not always like this. Not so many years ago she owned and operated a thriving grocery business and was renowned for her business acumen. She was always the first to know all that was happening around her: at home, in the business, and in the community. Now she had trouble remembering that her husband was dead. She often asked for her deceased mother. She called for sisters and brothers who had passed on. Mamie lived in a world of her own.

Mamie's life was not always easy. She stood tall and met the challenge. She married a man whom she dearly loved, and they planned a future together. Together they brought four children into this world. Her husband died young, and she had the responsibility of carrying out their dreams. Her children became her life. She'd wait expectantly to see them, and each day they came to visit.

Mamie spent much of her time watching television. Sometimes she sat out on the porch and enjoyed the sunshine, other times she enjoyed the flowers outside her home. She'd fall asleep as soon as I tucked her in each night, as she got so tired each day clinging to life. She tired easily, and I tried to keep her mind occupied so she wouldn't think about how weak she was. She was a grand lady, and I treasure the short time we spent together.

Can you imagine living in a world where you remember nothing from one minute to the next? One where you have to be told, over and over again, you have an incurable illness, and yet it is new each time you hear it. Can you even fathom the emotions this lady experienced, to hear and experience that horrible realization again and again, each time as if the first time?

Have compassion for Mom or Dad as they grow older. Forgive and forget what went before. If their lives resemble Mamie's at all, their future is already hell on earth.



New Post Office in Valley Head

Rhododendron Garden Club

On July 14, 1992, the Rhododendron Garden Club met at the home of Jackie Skelton with hostesses Jackie Skelton, Sue Schwarz, and Marie Dillenbeck. Refreshments were served. Jackie Skelton, treasurer, reported that there was a balance of \$402.19 in the checking account and \$1,177.55 in the savings account. Jackie Skelton was commended for her work in handling the gate schedule at the Crafts Festival. Jackie said that, according to Linda Brown, we took in approximately \$4,600.

Mickey Gough announced that the Fall Fair Workshop group will meet October 3 and 4. The theme is recycling, use it up or throw it out: use it up, wear it out, make it do, or do without.

Hope Walker, president, said that the garden club had received from Mary Summerville an award ribbon for work on the sidewalk.

A "Keep Alabama Beautiful, Don't Drop It On Alabama," sign has been placed and can be seen when one is on the way up the mountain on Hwy. 117. Bernise Crow announced that the rock wall had been repaired.

The program topic was "Garden Therapy. Pat Seymour was the guest speaker and spoke on "Mental Health and Garden Therapy." Ann Wright assisted in a splendid flower arrangement from her garden that illustrated, flower by flower - with a surprise arrangement when turned around to the back - the thirteen attributes of a mentally healthy person. Marie Dillenbeck assisted with scripture verses for each of the attributes.

On August 11, the club met at Lynette McCary's home, with hostesses Lynette McCary, Mary Crow, and Hattie Lide. Refreshments were served. Jean McGehee presided in the absence of the President and the Vice President. George Mosho was the speaker. He is an industrial engineer and retired from Westinghouse in March of this year. He is in the grapevine business, along with his wife, Mary Clair. He presented an interesting program on making wreaths from grapevines, kudzu, and other vines. Mr. Mosho gave several tips on how to make successful wreaths, one of which is to use the vines for wreaths while they are still pliable. Another tip was to use a ring of wood with nails placed in the shape of the wreath, or a bucket upside down for smaller wreaths, using tape and string as aids. Much was learned from his presentation.

The September meeting will be on September 15, at the United Methodist Church, with Pat Shippey as the speaker. The topic will be "Hands-on-Arrangements."

Classifieds!

(205) 635-6438

PLACES TO STAY

BRADY'S BED AND BREAKFAST. Near Little River Canyon. Marilyn and Joe Brady, hosts. Rt. 6, Box 279, Ft. Payne, AL 35967. (205) 523-3073.

MENTONE INN-BED AND BREAKFAST. Downtown Mentone, AL on Highway 117, (205) 634-4536. Amelia Kirk, proprietress.

NIPPERSINK LODGE. On Lookout Mountain at DeSoto Falls. Advance Reservations required. P.O. Box 172, Mentone, AL 35984 (205) 634-4387.

WOODHAVEN BED & BREAKFAST. Lowery Rd. in Valley Head, AL. Overnight accommodations. Catering, receptions, reunions, private dinners. (205) 635-6438. Judith & Kaare Lolk-Andersen, hosts.

HIDDEN HOLLOW. Secluded, privately owned mountain hideaway. Contact Bonny Jean and Tommy Thomas, Rt. 4, Box 1085, Chickamauga, GA 30707, (404) 539-2372.

RUSTIC BED 'N BREAKFAST in pastoral valley setting. Near attractions. The Humble House (205) 635-6682.

MISCELLANEOUS FOR SALE

BLAIR HOME PRODUCTS since 1920. Fragrances, personal care & health aids, spices, yummy pudding and lots more. CAROL WALKER, (706) 862-2135 after 6 P.M. Box 321, Mentone, AL 35984.

LOOKOUT MOUNTAIN PROPERTIES

Specializing in land planning & development

ANGELA J. WOOD
BROKER, OWNER

OFFICE: 634-4672
HOME: 634-4169

A VIEW FROM LOOKOUT MOUNTAIN TO THE CUMBERLAND PLATEAU - What a sunset from this 60 acres of big woods and creeks, highest point above Fort Payne. \$2,000 per acre.

THE PERFECT GET AWAY FROM IT ALL HOME - Hidden within 7.5 acres with all weather creek. Must see this 900 sq. ft. 1 1/2 bath, loft BR and fully furnished w/tp. Located overlooking Little River Canyon. In exclusive Canyon View Forest Sub., 9 miles from Fort Payne. \$68,000. Appt. only.

COMMERCIAL OR RESIDENTIAL - Home on scenic drive, Mentone Springs Hotel subdivision. 3BR, 1 bath, newly remodeled, beautifully landscaped yard. Wood parquet floors, carpet. Across from Log Cabin Craft Village. \$52,000.

FOR THE HANDYMAN - Great starter, 2 BR, 1 bath CH&A located 2 miles from Lake Lohasage in Mentone. \$32,000.

HISTORICAL DOWNTOWN MENTONE - Scenic drive, 6 beautiful wooded lots 50'x150' each. Must be sold as a whole. Large rock formations accent the land, with city water available, facing west so the sunset can be seen. \$24,000.

FOR THE YOUNG FOLKS WHO WOULD LIKE A LITTLE MORE TO CALL THEIR OWN - How about this 9 acre farmette; 2 acres of pasture fenced, the rest big woods, with an underground spring great for a lake. All located 3 miles from Mentone, on paved road 106. \$13,500 with terms available.

MENTONE - 3 acre tracts between Comer Scout Reservation and DeSoto State Park. City water. \$20,000 to \$22,000.

ATTENTION DEVELOPERS - Have I got a piece of land for you. 188 acres of big woods, hollows with underground springs to feed two lakes (unfinished). 3 miles of roads within the property. 600 ft. of river. Must see! \$165,000. Paved road frontage. Appt. only.

OLD GRIST MILL SITE ON LITTLE RIVER - 5 acre tract with 350' of water frontage. \$30,000.

3/4 ACRE LOTS ON DESOTO PARKWAY Beautiful wooded with city water available located between DeSoto State Park and Mentone. \$10,000.

UPPER BROW - 6.2 acres near DeSoto State Park, City Water. \$30,000.

CANYON VIEW FOREST - 5 acre tracts adjoining Little River wildlife management and overlooks Little River Canyon. Private, starting at \$25,000.

VALLEY VIEW FOREST - 5 acre Brow tracts, overlooking Pleasant Valley. \$10,000.

WILD RIVER COMMUNITY - Minimum size 100'x300' private road, with natural swimming pools. \$10,000.

FLAT LANDING FORD ESTATES - 3 acre river tracts on the East fork of Little River. Wooded with 200' of water frontage. Great for tubing or rafting. \$18,000.

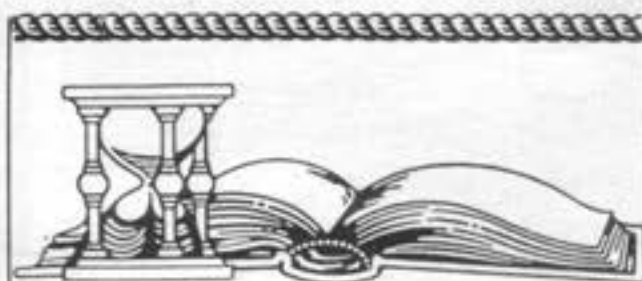
HOME ON DESOTO PARKWAY 900 sq. ft. 95% finished. On 3/4 acre lot with city water. \$37,000.

ALL PROPERTIES SHOWN BY APPOINTMENT
Mountain Homes, Woodlands, Canyon, River
and Brow Properties



Photo courtesy of Jack Jones

Building Lake Lahusage Dam in 1926. The Concrete foreman is Bleu Strickland. The water carrier is Gordon Strickland, his son.



God's minute

By RUBY BROCK

Luke 12:15 Take heed and beware of covetousness: for a man's life consisteth not in the abundance of things which he possesseth.

If we build empires and fail to produce homes that are lighthouses in our community, we have failed.

MENTONE GROUNDHOG CLASSIC RUN



*Sponsored by Mentone Area Preservation Association
Saturday, Oct. 17th 9:30 a.m. CST*

ONE MILE FUN RUN: at 9:00 a.m. Pre-registered entrants are guaranteed a SWEAT SHIRT (May be mailed to late registrants). Times called, but no records kept.

AWARDS: Specially designed SWEAT SHIRT to go to all pre-registered runners (May be mailed to late registrants). TROPHIES to top three winners in each division. \$100.00 each to top man and woman winners.

LIGHT BREAKFAST: Fruit and fruit juices will be served free to all runners after the Classic. Water available at half-way point.

COURSE: Begins at Hitching Post to turn-off to DeSoto Falls and back, 4.2 miles, flat to gently rolling hills on DeSoto-Lookout Mountain Parkway.

MENTONE: Located on Lookout Mountain on Highway 117. Exits off I-59 between Chattanooga and Gadsden. From the east, through Summerville, Georgia, to Menlo to Cloudland to Mentone, Alabama.

TENTH YEAR: This is the tenth year for the race. All proceeds go to the goals of the Mentone Area Preservation Association, dedicated to preserving and protecting the natural heritage, environment, and other unique qualities of Mentone. The race on Saturday, Oct. 17th, is part of the "October Colorfest," which features ghost stories, music, and a bonfire on Friday evening Oct. 16th. Crafts, boat rides, music, food, drinks, and more will be available on Saturday and Sunday, Oct. 17th and 18th.

Detach and mail or bring to:
The Mentone Groundhog Classic
P.O. Box 96
Mentone, AL 35984
(205) 634-4143



Entry fee of \$10 must accompany each application. After October 13th, fee will be \$12. Make checks Payable to MAPA (Mentone Area Preservation Association)

NAME _____

ADDRESS _____ CITY _____

STATE _____ ZIP _____ PHONE _____

AGE as of Oct. 16th, 1992 _____

SIGNATURE _____

(If under 18 years old, signature of parent or guardian is required.)

Circle Sweat Shirt Size S M L XL

Division:

☐ MEN	☐ WOMEN
☐ 14 & UNDER	☐ 14 & UNDER
☐ 15 - 19	☐ 15 - 19
☐ 20 - 29	☐ 20 - 29
☐ 30 - 39	☐ 30 - 39
☐ 40 & OVER	☐ 40 & OVER

☐ CLASSIC RUN ☐ FUN RUN

NO ONE MAY ENTER THIS EVENT WITHOUT SIGNING THIS OFFICIAL WAIVER: In consideration of accepting this entry, I the above-signed, intending to be legally bound, hereby, for myself, my heirs, executors and administrators waive and release any and all claims for losses and damages I may have against MAPA and all other parties and their representatives, successors, and assigns for any and all injuries suffered by me in said event. I attest and verify that I am physically fit. Further, I hereby grant full permission to any and all foregoing to use photos, videotapes, motion pictures, recordings or any other record of this event for any purpose whatsoever. Revised by David Cryer July 1992